Findings from CHCF's Sacramento Regional Market Report

Thursday, December 10, 2026

Speaker Biographies

Tianna Arbulú, MPH, is the Medi-Cal regional lead for community engagement at Health Net, where she leads market-facing Medi-Cal strategy and partnership efforts across Sacramento, Amador, and Calaveras counties. She brings more than 14 years of experience in Medicaid policy, managed care, health system strategy, and cross-sector partnerships, with a focus on translating policy into locally responsive approaches that advance access, population health, and health equity. Arbulú previously held leadership and advisory roles at Henry Ford Health and the California Department of Health Care Services. She holds a master of public health degree from the University of Michigan and a bachelor of arts degree in political science from The George Washington University.

Martin Entwistle, MB, ChB, FRCSEd, is the interim CEO, as well as associate chief medical officer and vice president of population health, for Marshall, which is El Dorado County's largest health care provider. Entwistle supports oversight of the medical operations of the hospital and clinics to ensure access to services and the quality of care provided, and the development and implementation of strategies in pursuit of the organization's just cause by maximizing the engagement, satisfaction, health status, and health outcomes of the population served.

Entwistle received his medical degree from the University of Birmingham in the UK, trained in trauma surgery as a fellow of the Royal College of Surgeons of Edinburgh, and undertook military service in the British Army before switching to focus on health systems management and delivery of care to large populations.

Len Finocchio, DrPH, is a regional lead affiliated with Yegian Health Insights. He is an independent researcher and consultant with over 25 years of health policy research and implementation experience in government, academia, advocacy, and philanthropy. Finocchio was part of the Brown administration's team as associate director at the California Department of Health Care Services, leading the implementation of the Affordable Care Act.

While a senior program officer at the California Health Care Foundation, Finocchio led program strategy, grantmaking, and research in the areas of health services for the uninsured, Medi-Cal, and safety net capacity. He has also held senior health policy positions at Manatt Health, Blue Sky Consulting Group, Mathematica Policy Research, Institute for Health Policy Solutions, Children Now, and UCSF Center for the Health Professions. He has published articles in *Health Affairs*, *Academic Medicine*, the *Journal of General Internal Medicine*, and the *American Journal of Public Health*.

Sandra R. Hernández, MD, is president and CEO of the California Health Care Foundation. Prior to joining CHCF, Hernández was CEO of The San Francisco Foundation. She previously served as director of public health for the City and County of San Francisco. In February 2023, Hernández was appointed by Governor Gavin Newsom to serve on the state's Health Care Affordability Board. From 2018 to 2023, she served on the Covered California board of directors, after having been appointed by Governor Jerry Brown. In 2019, she was appointed by Governor Newsom to the Healthy California for All Commission. During her time at the San Francisco Foundation, she co-chaired San Francisco's Universal Healthcare Council, which designed Healthy San Francisco. It was the first time a local government in the US attempted to provide health care for all of its constituents.

Hernández practiced at San Francisco General Hospital in the HIV/AIDS Clinic from 1984 to 2016 and was an assistant clinical professor at the UCSF School of Medicine. In 2024, UCSF awarded Hernández its highest honor, the UCSF Medal. She is a graduate of Yale University, the Tufts School of Medicine, and the certificate program for senior executives in state and local government at Harvard University's John F. Kennedy School of Government.

Michelle Monroe is the chief executive officer of One Community Health, which is a Federally Qualified Health Center (FQHC) in Sacramento serving 23,000 patients. Before becoming CEO in 2020, Monroe served as chief operations officer at Vista Community Clinic, an FQHC in Southern California. Monroe holds a bachelor of science degree from North Dakota State University. She volunteers as a Court Appointed Special Advocate (CASA).

Kristof Stremikis, MPP, MPH, is director of the California Health Care Foundation's Market Analysis and Insight team, which promotes greater transparency and accountability in California's health care system. He oversees the foundation's work to provide research and analysis to policymakers and other health leaders across the state to give a market-wide view of the complex health care ecosystem and to support informed decisions about California's health care landscape.

Stremikis previously served as associate director for policy at the Pacific Business Group on Health, where he also oversaw the Purchaser Value Network. Earlier, he spent six years at the Commonwealth Fund as senior researcher to the president. He received a bachelor's degree in economics, political science, and history from the University of Wisconsin, Madison; a master's degree in public policy from UC Berkeley; and a master's degree in health policy and management from Columbia University.