



CalAIM Renewal in Context

Perspectives of
People with Complex
Needs and the
Providers That Care
for Them

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This presentation draws on four key sources



△ Homebase with support of California Health Care Foundation - March 2025



Collection

ECM and Community Supports Quarterly Implementation Report

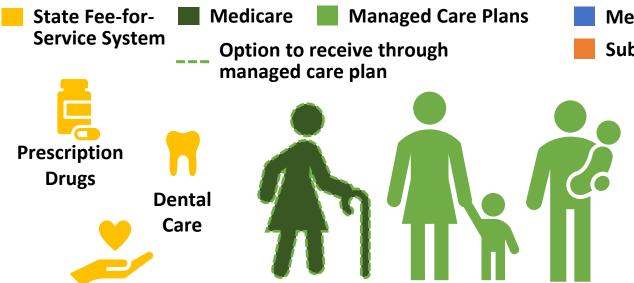
The Latest Data on Medi-Cal Managed Care's Enhanced Care Management and Community Supports

Reflects Data from January 1, 2022, through December 31, 2024 | Updated July 2025

What are CalAIM's ECM and Community Supports?

- Launched in 2022 by DHCS as part of CalAIM
- Enhanced Care Management (ECM) is a *benefit* for Medi-Cal enrollees with complex needs, rolled out gradually across nine populations of focus.
- Community Supports are optional services to address health-related social needs.
- Both are administered by managed care plans and were designed to continue key programs (Whole Person Care and Health Homes) that had started before CalAIM. This has two major implications:
 - Whole Person Care and Health Homes were not universally adopted as a result, 26 counties had a running start, while 32 were starting from scratch.
 - Whole Person Care was administered by county providers, with flexible program design and reimbursement. As a result:
 - Under Whole Person Care, local workflows were the same for all patients, regardless of which managed care plan they belonged to.
 - The transition to ECM and Community Supports meant major change for involved providers.

Why we need ECM: Medi-Cal is a complex system to navigate



Mental Health Plans (counties)

Substance Use Services (counties)

Who Medi-Cal covers:

- 1/3 of Californians
- 1/2 of school age children and births
- 1/2 of people with disabilities
- 2/3 of long-term care days

Help at Home: In-Home Supportive Services



Home and Community
Based Services
Waiver Programs

California

California Children's Services*



Physical Health Care

Long-Term Care in Nursing Homes



Adult Day Health Services



New Medi-Cal contract requires managed care plans to coordinate across services

^{*} Varies by county; by 2027, Mental Health and Substance Use Services will undergo administrative integration statewide.

Californians with Multiple Health and Social Needs reinforce the need for ECM and Community Supports



Interview and focus groups with more than 100 people with complex needs and caregivers from four communities across the state yielded six key findings:



People don't fit neatly into the populations of focus. Most people interviewed had needs that overlapped.





Basic needs like housing, food, and employment often take priority over health concerns.

Trust in providers is crucial — participants value empathy, fair treatment, and culturally resonant care.



Participants strongly desire "one-stop shopping" models that integrate multiple services in a single location or from the same trusted provider.



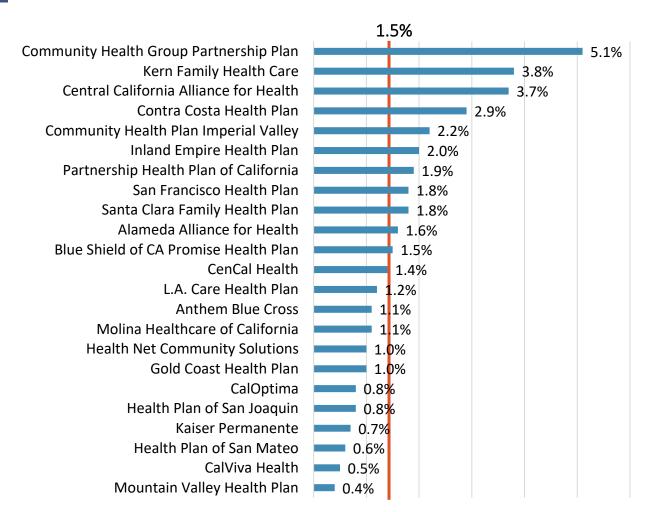


Care management to navigate the system is essential, particularly for those with language barriers or limited digital literacy.



Participants face significant barriers to care, including long wait times and limited access, particularly for mental health and dental services.

ECM is not reaching the number of people that managed care plans are being paid to reach



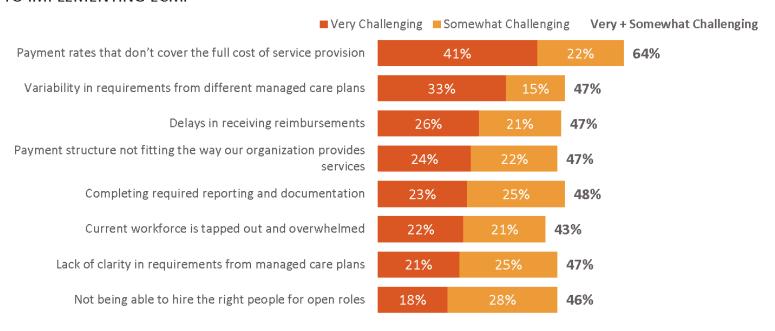
- In 2024, less than half of plans were at or above the target of 1.5% of Medi-Cal enrollees that forms the basis for their ECM reimbursement¹
- These plans represent less than 36% of enrolled lives
- Drilling down to the county level, only 31% of MCPs were at 1.5%

1. 2024 Medi-Cal Managed Care Capitation Rate Development and Certification Report (PDF) Source: DHCS ECM and CS Quarterly Implementation Report, Data from Chart 1.61

ECM: Biggest provider challenges relate to payment, variable MCP requirements, workforce



Q: PLEASE INDICATE HOW CHALLENGING EACH OF THE FOLLOWING HAS BEEN WHEN IT COMES TO IMPLEMENTING ECM.



Notes: See detailed topline document for full question wording and response options. Totals may not sum due to rounding. Ranked by "Very challenging." Asked of ECM providers (n = 169).



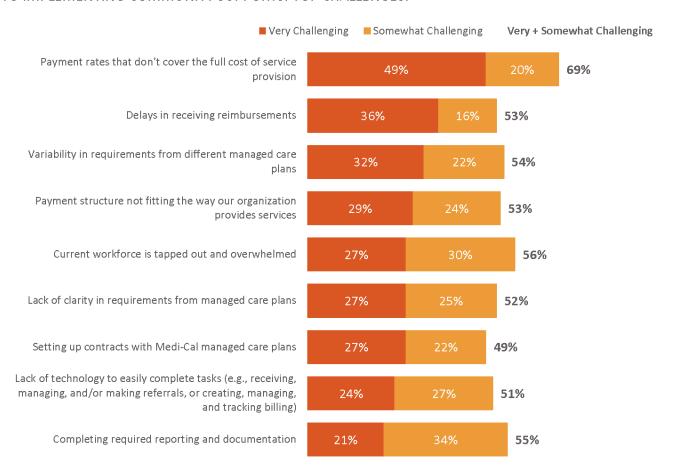
Community Supports: Optional nature a barrier to access

- Utilization is concentrated in just three supports: Meals (56% of Community Supports offered in 2024), Housing Transition Navigation (24%), and Housing Tenancy Sustaining (9%). The remaining 11 Community Supports *combined* accounted for the remaining 11% of supports offered.
- In addition, three plans account for almost 40% of utilization. These plans are not the biggest ones they represent only 15% of Medi-Cal enrollments.
- A significant barrier is that Community Supports are optional plans must (1) decide to offer the support, (2) build a network of providers with the capacity to deliver it, and (3) authorize the support.
 - Only the <u>housing trio</u> is offered by all plans in all counties.
 - Offering a support doesn't always translate to people getting it. At the county level,
 36% of MCPs offering a support had zero utilization in the last quarter of 2024, and
 28% had utilization by fewer than 11 members.

Community Supports: Biggest provider challenges relate to payment, MCP requirements and contracts, and workforce



Q: PLEASE INDICATE HOW CHALLENGING EACH OF THE FOLLOWING HAS BEEN WHEN IT COMES TO IMPLEMENTING COMMUNITY SUPPORTS. TOP CHALLENGES:



Notes: See detailed topline document for full question wording and response options. Totals may not sum due to rounding. Ranked by "Very challenging." Asked of Community Supports providers (n = 154).

Source: CalAIM Experiences: Implementer Views in Year Three of Reforms

California Health Care Foundation

ECM and Community Supports are important tools for homeless response

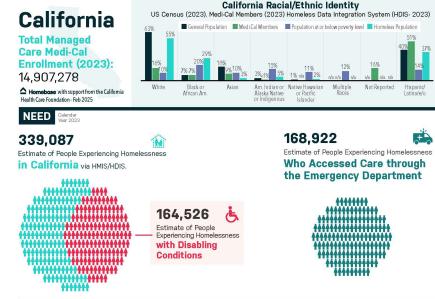


In 2023, of 165,000 people experiencing homelessness likely to be eligible:

- 20% received ECM
- 15% received Housing Transition Navigation Services
- 10% received Housing Tenancy and Sustaining Services
- <1% received Housing Deposits

Using the same methodology, in 2024:

- 38% received ECM
- 26% received Housing Transition Navigation Services
- 11.4% received Housing Tenancy and Sustaining Services
- 2% received Housing Deposits





Source: Homebase ECM and Community Supports Data Fact Sheets

¹ CalAIM has pre-identified Populations of Focus (POF), which includes both adults and children experiencing homelessness. When MCPs report the data, they select a single POF for the Medi-Cal member. Given the intersectionality that leads some of the POFs to overlap, there may be additional people experiencing homelessness receiving ECM who are categorized under other POFs.

Homeless service providers cite successes and optimism about CalAIM



- 84% say CalAIM has improved their ability to manage the comprehensive needs of the people they serve.
- Despite challenges, especially related to payment rates and delays, they remain committed to growth and optimistic about the future.
- <u>Housing developers</u> also see ECM and Community Supports as a way to fund services in permanent supportive housing, making funds for the housing itself go further.



Equity in CalAIM

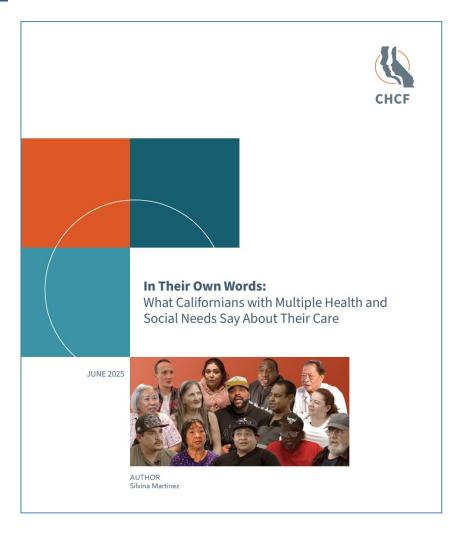
- White, Black, and American Indian/Alaska Native enrollees are overrepresented in their utilization of ECM and Community supports, while Hispanic and Asian/Pacific Islander enrollees are underrepresented relative to the overall MCP population.
- Similarly, people with English as their primary spoken language are overrepresented in their utilization of ECM and Community Supports, while Spanish, Cantonese, and Other are underrepresented relative to the overall MCP population. People with Vietnamese as their primary spoken language are underrepresented in their utilization of ECM but overrepresented in their utilization of Community Supports relative to the overall MCP population.
- It is difficult to know from this data whether utilization is equitable. That's because not everyone is eligible for ECM and Community Supports. In addition, data on eligibility by race/ethnicity and primary spoken language is not available.

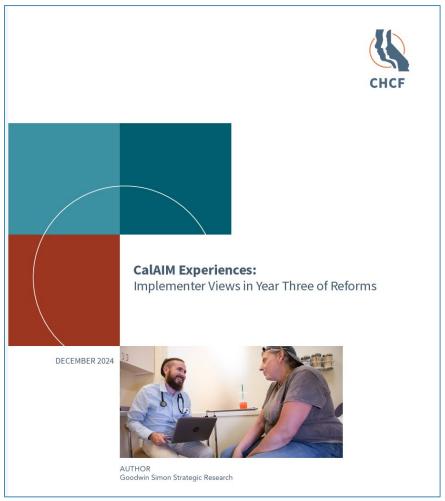
Source: DHCS ECM and CS Quarterly Implementation Report, Data from Charts 1.4.1, 1.4.2, 3.6.1, and 3.6.2

Looking ahead: waiver renewal

- DHCS announced its waiver renewal approach on July 23, 2025, and:
 - Noted that ECM and 12 of the 14 Community Supports do not require a waiver
 - Shared a concept paper (PDF), which is open for feedback through August 21
- The waiver renewal process presents an opportunity to address some of the structural challenges highlighted above in the implementation of ECM and Community Supports:
 - Oversight and accountability of managed care plan implementation, including payment rates, timeliness, and variation in requirements
 - Optional nature of Community Supports

In Their Own Words — Quotes from Patients and Providers





Care management is essential



Care management is essential to navigate our complex system:

"It would be helpful to have a case manager designated for everything, not just for mental health or not just for physical health or anything like that. If you had like a main guy who just did it all and made the referrals to everything, because it does come hand in hand. You can't just do one without the other." —Caregiver, Humboldt County

Care management works best when offered by a **culturally concordant provider**, with **lived experience**, in the **language preferred by the recipient**:

"It helps having a Native American provider if you're Native American, because they know a lot about culture." —18-year-old woman, Humboldt County

"I feel like it is different when you've got somebody that you can relate to compared to somebody that is just trying to teach you something they read out of a book or they haven't lived. . . . Then, it is like he don't judge you." —33-year-old man, Fresno County

"For me, it's important [to have somebody speaking Spanish with me], because I can understand better. Things are more clear. . . . Sometimes I am so frustrated that I don't even look at it [Spanish-written materials]." —58-year-old woman, Los Angeles County, Translated from Spanish

Because trust is essential to these relationships, care manager turnover can be very disruptive.

Care management is necessary but not sufficient



Housing and basic needs come first

"When you are on your own and you are homeless, you look for warmth, food, a shower, your primary needs. That is what you are focused on. You are constantly trying to meet those simple primary needs, and then you are neglecting the long-term needs."

—68-year-old man, Alameda County

Organizations that can meet multiple needs really help

"[They] pretty much always come through with any type of resources, whether it be gas cards or medical help or dentistry or transportation rides. . . . They've been right there like a rock, so I appreciate them a lot." —34-year-old woman, Los Angeles County

ECM: What are providers saying



ECM has brought successes:

"We have built an ECM program and grown from one case manager to four case managers and have leveraged funds to allow us to provide follow-up outreach and support services to our most vulnerable patients and members." —Leader, specialty behavioral health

But MCP variation has been challenging and has contributed to staff turnover:

"The variation across MCPs in implementing ECM (e.g., some require use of their portal, some do not, different referral practices, follow-up periods, billing rules) makes it incredibly challenging to set up our systems to support all plans. It has also led to incredibly high frustration/burnout with our staff, and turnover has been very high." —Leader, social service organization

And information doesn't always flow:

"[I do not have information about] if the patient is being followed by ECM or Complex Case Management; if the patient is connected with Substance Use / Behavioral Health Treatment Team; if the patient is connected with a homeless outreach team / housing navigator. I need contact name and numbers to facilitate continuity of care." —Hospital discharge planner

Community Supports: Providers Share Successes



Integrated treatment addresses more needs, resulting in improved outcomes:

"Successfully integrating medical and social service resources to provide more comprehensive support for high-risk patients requiring complex care. Through cross-sector collaboration, we have been able to better address the full spectrum of patient needs, leading to improved treatment outcomes and patient satisfaction." —Primary care provider, Southern California

This work is possible at scale through partnership

"We have 2,000 people with housing Community Supports — the partnership building and joint learning with the managed care plans that goes into this is tremendous." —County leader, Bay Area

Community Supports are a tool to avoid long-term nursing home placements

"[We have] successfully reduced transitions to long-term care and skilled nursing facilities by approximately 30%." —Primary care provider, multiple regions

Source: CalAIM Experiences: Implementer Views in Year Three of Reforms

Community Supports: Providers share barriers



But services are not always getting to enrollees

"The problem here is actual availability and receipt of services . . . the vast majority of our clients who are approved for services aren't getting them. Limited number of providers, not enough staff at MCPs to coordinate care and ensure it's being received, long waiting lists for services, delays in receiving urgently needed services (rental assistance to keep someone housed arrives six weeks after the person has been evicted for lack of assistance, even though they applied timely). The idea is great, the implementation stinks."

—Frontline provider, legal services organization

The lack of housing stock is a challenge

"Housing navigation without housing is an empty exercise — while CalAIM is making some changes, there exist true obstacles standing in the way of the goals and aims of the initiative. . . . We need housing, we need vouchers, we need a rental assistance program." —Leader, social services organization

Funding of Community Supports is complicated and feels uncertain

And MCPs cite challenges with how Community Supports are funded, as budgeting for "In Lieu of Services" is much more complicated than a traditional benefit, with significantly greater uncertainty.