

Languages and Formats of the *My Birth Matters* Campaign Materials*

| Campaign Materials | Languages and Formats |
|---|---|
| Brochure <i>(How to Reduce Your Chances of Having a C-Section; two-sided; 4x9)</i> | <ul style="list-style-type: none"> Arabic Chinese English Farsi Hmong Korean Portuguese (Brazilian) Russian Spanish Tagalog Vietnamese |
| Poster <i>(How to Reduce Your Chances of Having a C-Section; one-sided; 8 ½ x 11)</i> | <ul style="list-style-type: none"> Arabic Chinese English Farsi Hmong Korean Portuguese (Brazilian) Russian Spanish Tagalog Vietnamese |
| Videos <ul style="list-style-type: none"> <i>New Mom Explains C-Sections</i> <i>Labor and Delivery Nurse Explains C-Sections</i> <i>Doctor/Patient Discuss C-Sections</i> <i>Your Birth Team Discusses C-Sections</i> | <ul style="list-style-type: none"> English Spanish (YouTube, MP4, and MOV; with & without captions) |
| Website | <ul style="list-style-type: none"> English Spanish |

*The California Health Care Foundation would like to thank the following organizations for translating the *My Birth Matters* materials with their own resources and for generously agreeing to make them publicly available for dissemination. This information has been translated from English. The California Health Care Foundation does not attest to or take responsibility for the accuracy of the translation to languages other than English.

| Organization | Translated Item |
|---|---------------------------------------|
| CalOptima | Arabic: My Birth Matters brochure |
| CalOptima | Arabic: My Birth Matters poster |
| Sutter Health | Chinese: My Birth Matters brochure |
| Sutter Health | Chinese: My Birth Matters poster |
| CalOptima | Farsi: My Birth Matters brochure |
| CalOptima | Farsi: My Birth Matters poster |
| Community Health Group | Tagalog: My Birth Matters brochure |
| Community Health Group | Tagalog: My Birth Matters poster |
| CalOptima | Vietnamese: My Birth Matters brochure |
| Alameda Alliance for Health and CalOptima | Vietnamese: My Birth Matters poster |

The base English brochure, poster, and website are written at the 6th grade level.

MY BIRTH MATTERS