



The 2022 CHCF California Health Policy Survey – Toplines

January 2022

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Tables with Overall Results

Q: How important do you think it is for the California governor and legislature to work on the following in 2022? Making health care more affordable	
Total unweighted N	1681
Extremely important	53%
Very important	30%
Somewhat important	13%
Not important	4%
Note: Asked to everyone	

Q: How important do you think it is for the California governor and legislature to work on the following in 2022? Improving public education	
Total unweighted N	1681
Extremely important	53%
Very important	33%
Somewhat important	12%
Not important	2%
Note: Asked to everyone	

Q: How important do you think it is for the California governor and legislature to work on the following in 2022? Addressing climate change	
Total unweighted N	1681
Extremely important	43%
Very important	27%
Somewhat important	19%
Not important	12%

Note: Asked to everyone

Q: How important do you think it is for the California governor and legislature to work on the following in 2022?
Improving infrastructure, like buildings and roads

Total unweighted N	1681
Extremely important	38%
Very important	41%
Somewhat important	19%
Not important	2%
Note: Asked to everyone	

Q: How important do you think it is for the California governor and legislature to work on the following in 2022?
Attracting and retaining businesses and jobs

Total unweighted N	1681
Extremely important	41%
Very important	40%
Somewhat important	16%
Not important	2%
Note: Asked to everyone	

Q: How important do you think it is for the California governor and legislature to work on the following in 2022?
Making housing more affordable

Total unweighted N	1681
Extremely important	49%
Very important	31%
Somewhat important	15%
Not important	4%
Note: Asked to everyone	

Q: How important do you think it is for the California governor and legislature to work on the following in 2022?
Enforcing immigration laws

Total unweighted N	1681
Extremely important	29%
Very important	24%
Somewhat important	32%
Not important	14%
Note: Asked to everyone	

Q: How important do you think it is for the California governor and legislature to work on the following in 2022? Addressing homelessness	
Total unweighted N	1681
Extremely important	48%
Very important	34%
Somewhat important	14%
Not important	3%
Note: Asked to everyone	

Q: How important do you think it is for the California governor and legislature to work on the following in 2022? Addressing racial inequality	
Total unweighted N	1681
Extremely important	33%
Very important	29%
Somewhat important	24%
Not important	14%
Note: Asked to everyone	

Q: How important do you think it is for the California governor and legislature to work on the following in 2022? Addressing COVID-19	
Total unweighted N	1681
Extremely important	46%
Very important	25%
Somewhat important	20%

Not important	8%
Note: Asked to everyone	

Q: How important do you think it is for the California governor and legislature to work on the following in 2022? Addressing wildfires	
Total unweighted N	1681
Extremely important	54%
Very important	34%
Somewhat important	10%
Not important	2%
Note: Asked to everyone	

Q: How important do you think it is for the California governor and legislature to work on the following health care items in 2022? Making sure people with alcohol and drug use problems can get the treatment they need	
Total unweighted N	1681
Extremely important	32%
Very important	39%
Somewhat important	24%
Not important	5%
Note: Asked to everyone	

Q: How important do you think it is for the California governor and legislature to work on the following health care items in 2022? Making sure people with mental health problems can get the treatment they need	
Total unweighted N	1681
Extremely important	47%
Very important	36%
Somewhat important	15%
Not important	2%
Note: Asked to everyone	

Q: How important do you think it is for the California governor and legislature to work on the following health care items in 2022? Lowering the amount that people pay for health care	
Total unweighted N	1681
Extremely important	47%
Very important	32%
Somewhat important	17%
Not important	4%
Note: Asked to everyone	

Q: How important do you think it is for the California governor and legislature to work on the following health care items in 2022? Lowering the price of prescription drugs	
Total unweighted N	1681
Extremely important	44%
Very important	33%
Somewhat important	20%
Not important	3%
Note: Asked to everyone	

Q: How important do you think it is for the California governor and legislature to work on the following health care items in 2022? Making sure there are enough doctors, nurses and other health care providers across California	
Total unweighted N	1681
Extremely important	48%
Very important	39%
Somewhat important	11%
Not important	2%
Note: Asked to everyone	

Q: How important do you think it is for the California governor and legislature to work on the following health care items in 2022? Making sure all Californians have access to health insurance coverage	
Total unweighted N	1681

Extremely important	48%
Very important	32%
Somewhat important	15%
Not important	4%
Note: Asked to everyone	

Q: How important do you think it is for the California governor and legislature to work on the following health care items in 2022? Making information about the price of doctors' visits, tests, and procedures more available to patients	
Total unweighted N	1681
Extremely important	37%
Very important	38%
Somewhat important	20%
Not important	4%
Note: Asked to everyone	

Q: How important do you think it is for the California governor and legislature to work on the following health care items in 2022? Decreasing state government spending on health care	
Total unweighted N	1681
Extremely important	14%
Very important	22%
Somewhat important	33%
Not important	30%
Note: Asked to everyone	

Q: How important do you think it is for the California governor and legislature to work on the following health care items in 2022? Reducing differences in health care quality between racial and ethnic groups	
Total unweighted N	1681
Extremely important	33%
Very important	32%
Somewhat important	22%
Not important	12%
Note: Asked to everyone	

Q: How important do you think it is for the California governor and legislature to work on the following health care items in 2022? Making sure state and county public health departments have the resources they need to respond to emergencies and crises such as pandemics, earthquakes and fires

Total unweighted N	1681
Extremely important	51%
Very important	34%
Somewhat important	12%
Not important	2%
Note: Asked to everyone	

Q: How important do you think it is for the California governor and legislature to work on the following health care items in 2022? Funding health care, including mental health services, for people experiencing homelessness

Total unweighted N	1681
Extremely important	35%
Very important	38%
Somewhat important	22%
Not important	4%
Note: Asked to everyone	

Q: How important is Medi-Cal for the state of California?

Total unweighted N	1681
Very important	61%
Somewhat important	26%
Not too important	5%
Not at all important	3%
Note: Asked to everyone	

Q: How important is Medi-Cal for you and your family?

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Total unweighted N	1681
Very important	32%
Somewhat important	16%
Not too important	17%
Not at all important	31%
Note: Asked to everyone	

Q: Do you think it is harder, about the same, or easier for Hispanic or Latino people to get the health care they need when they are sick compared to white people?	
Total unweighted N	1681
Much harder	14%
Harder	36%
About the same	40%
Easier	5%
Much easier	4%
Note: Asked to everyone	

Q: Do you think it is harder, about the same, or easier for Black or African American people to get the health care they need when they are sick compared to white people?	
Total unweighted N	1681
Much harder	18%
Harder	34%
About the same	40%
Easier	4%
Much easier	3%
Note: Asked to everyone	

Q: Is each of the following doing too much, too little, or the right amount to address racial and ethnic inequality in the health care system? Federal government	
Total unweighted N	980
Too much	6%
Too little	81%

The right amount	13%
Note: Asked to those who think it is harder or much harder for Hispanic or Latino people or Black or African American people to get the health care they need when they are sick compared to white people	

Q: Is each of the following doing too much, too little, or the right amount to address racial and ethnic inequality in the health care system? State government	
Total unweighted N	980
Too much	6%
Too little	76%
The right amount	17%
Note: Asked to those who think it is harder or much harder for Hispanic or Latino people or Black or African American people to get the health care they need when they are sick compared to white people	

Q: Is each of the following doing too much, too little, or the right amount to address racial and ethnic inequality in the health care system? Hospitals	
Total unweighted N	980
Too much	4%
Too little	67%
The right amount	27%
Note: Asked to those who think it is harder or much harder for Hispanic or Latino people or Black or African American people to get the health care they need when they are sick compared to white people	

Q: Is each of the following doing too much, too little, or the right amount to address racial and ethnic inequality in the health care system? Individual health care providers	
Total unweighted N	980
Too much	4%
Too little	66%
The right amount	27%
Note: Asked to those who think it is harder or much harder for Hispanic or Latino people or Black or African American people to get the health care they need when they are sick compared to white people	

Q: Is each of the following doing too much, too little, or the right amount to address racial and ethnic inequality in the health care system? Health insurance plans	
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Total unweighted N	980
Too much	4%
Too little	72%
The right amount	21%
Note: Asked to those who think it is harder or much harder for Hispanic or Latino people or Black or African American people to get the health care they need when they are sick compared to white people	

Q: Is each of the following doing too much, too little, or the right amount to address racial and ethnic inequality in the health care system? Public health departments	
Total unweighted N	980
Too much	5%
Too little	64%
The right amount	28%
Note: Asked to those who think it is harder or much harder for Hispanic or Latino people or Black or African American people to get the health care they need when they are sick compared to white people	

Q: Generally speaking, how often do you think the health care system treats people unfairly based on their race or ethnic background?	
Total unweighted N	1681
Regularly	26%
Occasionally	33%
Rarely	24%
Never	6%
Note: Asked to everyone	

Q: To the extent that the health care system treats people unfairly based on their race or ethnic background, do you think this is more because of the actions and beliefs of health care providers, more because of policies and practices built into the health care system, or is it an equal mix of both?	
Total unweighted N	1399
Actions and beliefs of health care providers	14%
Policies and practices built into the health care system	21%
Equal mix of both	49%
Note: Asked to those who think the health care system treats people unfairly based on their race or ethnic background	

Q: Thinking about your experiences with health care visits in the last few years, have you ever felt that a doctor or health care provider didn't believe you were telling the truth?	
Total unweighted N	1681
Yes, I have felt this	21%
No, I have not	70%
Note: Asked to everyone	

Q: Thinking about your experiences with health care visits in the last few years, have you ever felt that a doctor or health care provider didn't listen to what you had to say?	
Total unweighted N	1681
Yes, I have felt this	33%
No, I have not	61%
Note: Asked to everyone	

Q: Thinking about your experiences with health care visits in the last few years, have you ever felt that a doctor or health care provider refused to order a test or treatment you thought you needed?	
Total unweighted N	1681
Yes, I have felt this	21%
No, I have not	73%
Note: Asked to everyone	

Q: Thinking about your experiences with health care visits in the last few years, have you ever felt that a doctor or health care provider refused to prescribe medication you thought you needed?	
Total unweighted N	1681
Yes, I have felt this	16%
No, I have not	78%
Note: Asked to everyone	

Q: Thinking about your experiences with health care visits in the last few years, have you ever felt that a doctor or health care provider suggested you were personally to blame for a health problem you were experiencing?	
Total unweighted N	1681
Yes, I have felt this	19%
No, I have not	74%
Note: Asked to everyone	

Q: Thinking about your experiences with health care visits in the last few years, have you ever felt that a doctor or health care provider assumed something about you without asking?	
Total unweighted N	1681
Yes, I have felt this	28%
No, I have not	62%
Note: Asked to everyone	

Q: Thinking about your experiences with health care visits in the last few years, have you ever felt that a doctor or health care provider talked down to you or didn't treat you with respect?	
Total unweighted N	1681
Yes, I have felt this	25%
No, I have not	70%
Note: Asked to everyone	

Q: Was there ever a time in the last few years when you think you would have gotten better medical care if you had belonged to a different race or ethnic group?	
Total unweighted N	1681
Yes	17%
No	70%
Note: Asked to everyone	

Q: Thinking about your experiences getting health care for yourself and your family in the last few years, how easy or difficult is it to find a doctor who treats you with dignity and respect?	
Total unweighted N	1681
Very easy	43%
Somewhat easy	41%
Somewhat difficult	13%
Very difficult	2%
Note: Asked to everyone	

Q: Thinking about your experiences getting health care for yourself and your family in the last few years, how easy or difficult is it to find a doctor who shares the same background or experiences as you?	
Total unweighted N	1681
Very easy	22%
Somewhat easy	38%
Somewhat difficult	30%
Very difficult	9%
Note: Asked to everyone	

Q: Thinking about your experiences getting health care for yourself and your family in the last few years, how easy or difficult is it to find a doctor who speaks the same language as you?	
Total unweighted N	1681
Very easy	67%
Somewhat easy	21%
Somewhat difficult	9%
Very difficult	3%
Note: Asked to everyone	

Q: Thinking about your experiences getting health care for yourself and your family in the last few years, how easy or difficult is it to find health care at a location that is easy for you to get to?	
Total unweighted N	1681

Very easy	44%
Somewhat easy	37%
Somewhat difficult	15%
Very difficult	3%
Note: Asked to everyone	

Q: Thinking about your experiences getting health care for yourself and your family in the last few years, how easy or difficult is it to find health care that you can afford?	
Total unweighted N	1681
Very easy	25%
Somewhat easy	38%
Somewhat difficult	24%
Very difficult	11%
Note: Asked to everyone	

Q: How worried are you about being able to afford the following for you and your family? Monthly health insurance premium	
Total unweighted N	1681
Very worried	22%
Somewhat worried	29%
Not too worried	27%
Not at all worried	21%
Note: Asked to everyone	

Q: How worried are you about being able to afford the following for you and your family? Out-of-pocket costs when using health care services	
Total unweighted N	1681
Very worried	28%
Somewhat worried	32%
Not too worried	25%
Not at all worried	14%
Note: Asked to everyone	

Q: How worried are you about being able to afford the following for you and your family? Prescription drug costs	
Total unweighted N	1681
Very worried	19%
Somewhat worried	30%
Not too worried	31%
Not at all worried	20%
Note: Asked to everyone	

Q: How worried are you about being able to afford the following for you and your family? Rent or mortgage	
Total unweighted N	1681
Very worried	23%
Somewhat worried	27%
Not too worried	26%
Not at all worried	23%
Note: Asked to everyone	

Q: How worried are you about being able to afford the following for you and your family? Gasoline or other transportation costs	
Total unweighted N	1681
Very worried	25%
Somewhat worried	27%
Not too worried	29%
Not at all worried	20%
Note: Asked to everyone	

Q: How worried are you about being able to afford the following for you and your family? Monthly utilities like electricity or heat	

Total unweighted N	1681
Very worried	16%
Somewhat worried	28%
Not too worried	32%
Not at all worried	24%
Note: Asked to everyone	

Q: How worried are you about being able to afford the following for you and your family? Unexpected medical bills	
Total unweighted N	1681
Very worried	30%
Somewhat worried	33%
Not too worried	24%
Not at all worried	13%
Note: Asked to everyone	

Q: How worried are you about being able to afford the following for you and your family? Treatment for COVID-19	
Total unweighted N	1681
Very worried	15%
Somewhat worried	25%
Not too worried	32%
Not at all worried	28%
Note: Asked to everyone	

Q: How worried are you about being able to afford the following for you and your family? Food or groceries	
Total unweighted N	1681
Very worried	14%
Somewhat worried	24%
Not too worried	34%
Not at all worried	27%

Note: Asked to everyone

Q: In the past 12 months, have you or another family member done the following because of the cost? Skipped a recommended medical test or treatment

Total unweighted N	1681
Yes	23%
No	76%

Note: Asked to everyone

Q: In the past 12 months, have you or another family member done the following because of the cost? Not filled a prescription for a medicine

Total unweighted N	1681
Yes	15%
No	84%

Note: Asked to everyone

Q: In the past 12 months, have you or another family member done the following because of the cost? Cut pills in half or skipped doses of medicine

Total unweighted N	1681
Yes	13%
No	86%

Note: Asked to everyone

Q: In the past 12 months, have you or another family member done the following because of the cost? Put off or postponed getting mental health care

Total unweighted N	1681
Yes	21%
No	78%

Note: Asked to everyone

Q: In the past 12 months, have you or another family member done the following because of the cost? Put off or postponed getting physical health care	
Total unweighted N	1681
Yes	25%
No	74%
Note: Asked to everyone	

Q: In the past 12 months, have you or another family member done the following because of the cost? Skipped dental care or checkups	
Total unweighted N	1681
Yes	38%
No	61%
Note: Asked to everyone	

Q: Did any of those steps you took because of the cost make your health condition worse?	
Total unweighted N	821
Yes	47%
No	53%
Note: Asked to those who skipped or postponed care because of cost	

Q: In the past 12 months, did you or anyone in your family have problems paying any medical bills, such as bills for doctors, dentists, medication, or home care?	
Total unweighted N	1681
Yes	25%
No	75%
Note: Asked to everyone	

Q: In the past 12 months, did you or a family member receive treatment or counseling for any of the following? Any physical health condition such as high blood pressure, heart disease, cancer, diabetes, asthma or an injury	
Total unweighted N	1681
Yes	49%
No	51%
Note: Asked to everyone	

Q: In the past 12 months, did you or a family member receive treatment or counseling for any of the following? Any mental health condition, such as depression or anxiety	
Total unweighted N	1681
Yes	30%
No	69%
Note: Asked to everyone	

Q: In the past 12 months, did you or a family member receive treatment or counseling for any of the following? Alcohol or drug use problems, including addiction	
Total unweighted N	1681
Yes	5%
No	94%
Note: Asked to everyone	

Q: In the past 12 months, did you or a family member receive treatment or counseling for any of the following? Any other health problem, please specify:	
Total unweighted N	1681
Yes	15%
No	83%
Note: Asked to everyone	

Q: In the past 12 months, have you tried to make an appointment for physical health care, such as high blood pressure, heart disease, cancer, diabetes, asthma or an injury?	
Total unweighted N	1681
Yes	42%
No	57%
Note: Asked to everyone	

Q: In the past 12 months, have you had to wait longer than you thought was reasonable to get an appointment for physical health care (such as for high blood pressure, heart disease, cancer, diabetes, asthma or an injury)?	
Total unweighted N	777
Yes	44%
No	55%
Note: Asked to those who tried to make an appointment for physical health care	

Q: How easy or difficult was it to find a physical health care provider who took your insurance?	
Total unweighted N	777
Very easy	51%
Somewhat easy	29%
Somewhat difficult	12%
Very difficult	5%
Not applicable because I do not have insurance	2%
Note: Asked to those who tried to make an appointment for physical health care	

Q: In the past 12 months, have you tried to make an appointment with a mental health provider?	
Total unweighted N	1681
Yes	18%
No	81%
Note: Asked to everyone	

Q: In the past 12 months, have you had to wait longer than you thought was reasonable to get an appointment for mental health care?	
Total unweighted N	310
Yes	49%
No	51%
Note: Asked to those who tried to make an appointment for mental health care	

Q: How easy or difficult was it to find a mental health provider who took your insurance?	
Total unweighted N	310
Very easy	24%
Somewhat easy	27%
Somewhat difficult	23%
Very difficult	22%
Not applicable because I do not have insurance	4%
Note: Asked to those who tried to make an appointment for mental health care	

Q: In the last five years, have you had to: Repeat medical history to a new health care provider	
Total unweighted N	1681
Yes	41%
No	54%
Note: Asked to everyone	

Q: In the last five years, have you had to: Repeat a medical test because prior results weren't available to the new provider	
Total unweighted N	1681
Yes	18%
No	75%

Note: Asked to everyone

Q: In the last five years, have you had to: Communicate other information about your condition or treatment from one provider to another provider

Total unweighted N	1681
Yes	41%
No	53%

Note: Asked to everyone

Q: How much effort, if any, do you put into doing the following: Exercising during your leisure time

Total unweighted N	1681
Not at all	5%
Very little	19%
Some	38%
Quite a bit	20%
A great deal	15%

Note: Asked to everyone

Q: How much effort, if any, do you put into doing the following: Limiting portion size of food or drinks

Total unweighted N	1681
Not at all	5%
Very little	13%
Some	40%
Quite a bit	25%
A great deal	15%

Note: Asked to everyone

Q: How much effort, if any, do you put into doing the following: Praying or meditating

Total unweighted N	1681
Not at all	25%
Very little	19%
Some	23%
Quite a bit	16%
A great deal	15%
Note: Asked to everyone	

Q: How much effort, if any, do you put into doing the following: Actively trying to reduce stress

Total unweighted N	1681
Not at all	5%
Very little	14%
Some	35%
Quite a bit	29%
A great deal	14%
Note: Asked to everyone	

Q: How much effort, if any, do you put into doing the following: Getting appropriate screenings or preventive care

Total unweighted N	1681
Not at all	10%
Very little	18%
Some	35%
Quite a bit	21%
A great deal	14%
Note: Asked to everyone	

Q: How much effort, if any, do you put into doing the following: Speaking up about your concerns when you visit your doctor even if he or she does not ask

Total unweighted N	1681
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Not at all	8%
Very little	15%
Some	28%
Quite a bit	6%
A great deal	20%
Note: Asked to everyone	

Q: Which of the following statements best describes you, even if neither is exactly right?	
Total unweighted N	1681
I almost always make my health a priority.	41%
I try to make my health a priority, but I often have to put other things ahead of my health.	52%
Note: Asked to everyone	

Q: How well is California doing in making affordable housing available for people with low incomes?	
Total unweighted N	1681
Very well	2%
Somewhat well	13%
Not too well	30%
Not well at all	38%
Note: Asked to everyone	

Q: How much do you think lack of affordable housing impacts mental or physical health among people with low incomes?	
Total unweighted N	1681
A lot	57%
Some	23%
Only a little	8%
Not at all	2%
Note: Asked to everyone	

Q: Thinking of the last five years, have you or anyone close to you experienced a period of homelessness?	
Total unweighted N	1681
Yes	19%
No	80%
Note: Asked to everyone	

Q: How worried are you currently about experiencing a period of homelessness?	
Total unweighted N	1681
Very worried	6%
Somewhat worried	14%
Not too worried	30%
Not at all worried	50%
Note: Asked to everyone	

Q: How comfortable would you be talking to your primary care provider about your concerns about your housing situation?	
Total unweighted N	314
Very comfortable	11%
Somewhat comfortable	32%
Not comfortable at all	50%
Note: Asked to those who are currently worried about experiencing a period of homelessness	

Q: Do you agree, disagree, or neither agree nor disagree with the following statement: The health care system should help patients who are experiencing homelessness find housing.	
Total unweighted N	1681
Strongly agree	16%
Agree	21%
Neither agree nor disagree	25%

Disagree	18%
Strongly disagree	14%
Note: Asked to everyone	

Q: In the past 12 months, have you received any care using any of the following? By live video, where you and your health care provider can see each other	
Total unweighted N	1681
Yes	44%
No	56%
Note: Asked to everyone	

Q: In the past 12 months, have you received any care using any of the following? Talking on the telephone	
Total unweighted N	1681
Yes	55%
No	45%
Note: Asked to everyone	

Q: In the past 12 months, have you received any care using any of the following? Haven't received any telehealth care	
Total unweighted N	1681
Yes	1%
No	99%
Note: Asked to everyone	

Q: How satisfied or dissatisfied are you with the quality of the health care you received via video?	
Total unweighted N	749
Very satisfied	29%
Satisfied	54%

Dissatisfied	13%
Very dissatisfied	3%
Note: Asked to those who received telehealth by live video in the past 12 months	

Q: How satisfied or dissatisfied are you with the quality of the health care you received via phone?	
Total unweighted N	927
Very satisfied	22%
Satisfied	57%
Dissatisfied	18%
Very dissatisfied	3%
Note: Asked to those who received telehealth by talking on the phone in the past 12 months	

Q: Thinking about the last time you received in-person care, are you more satisfied with the care you received via telehealth or in-person?	
Total unweighted N	1260
More satisfied with telehealth than in-person care	8%
More satisfied with in-person care than telehealth	54%
Equally satisfied with both in-person and telehealth	31%
Note: Asked to those who received telehealth by video or phone	

Q: In the past 12 months, have you or a family member in your household skipped or postponed any type of medical or dental care for any reason?	
Total unweighted N	1681
Yes	52%
No	48%
Note: Asked to everyone	

Q: Was the reason you or your family member postponed care related to the conditions caused by the COVID-19 pandemic?	
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	Total
Total unweighted N	880
Yes	57%
No	43%
Note: Asked to those who postponed any type of medical or dental care for any reason in the past 12 months	

Q: Did you or your family member's condition get worse as a result of skipping or postponing care?	
Total unweighted N	880
Yes	29%
No	45%
Note: Asked to those who postponed any type of medical or dental care for any reason in the past 12 months	

Q: Thinking about the care you or your family member skipped or postponed, do you think you or they will eventually get this care, or not?	
Total unweighted N	880
Yes, in the next month	15%
Yes, between 2-3 months from now	22%
Yes, between 4 months to 1 year from now	14%
Yes, in more than one year	3%
Yes, not sure how long	24%
No	7%
Note: Asked to those who postponed any type of medical or dental care for any reason in the past 12 months	

Q: Has worry or stress related to the COVID-19 pandemic caused you to experience the following in the past 12 months? Trouble falling or staying asleep, or sleeping too much	
Total unweighted N	1681
Yes	41%
No	59%
Note: Asked to everyone	

Q: Has worry or stress related to the COVID-19 pandemic caused you to experience the following in the past 12 months? Poor appetite or overeating	
Total unweighted N	1681
Yes	33%
No	66%
Note: Asked to everyone	

Q: Has worry or stress related to the COVID-19 pandemic caused you to experience the following in the past 12 months? Frequent headaches or stomachaches	
Total unweighted N	1681
Yes	25%
No	74%
Note: Asked to everyone	

Q: Has worry or stress related to the COVID-19 pandemic caused you to experience the following in the past 12 months? Increasing your alcohol or drug use	
Total unweighted N	1681
Yes	15%
No	84%
Note: Asked to everyone	

Q: Has worry or stress related to the COVID-19 pandemic caused you to experience the following in the past 12 months? Difficulty controlling your temper	
Total unweighted N	1681
Yes	22%
No	77%
Note: Asked to everyone	

Q: Has worry or stress related to the COVID-19 pandemic caused you to experience the following in the past 12 months? Worsening chronic conditions like diabetes or high blood pressure	
Total unweighted N	1681
Yes	11%
No	88%
Note: Asked to everyone	

Q: Have you experienced stress because of any of the following during the COVID-19 pandemic? Children out of school, attending school from home, or childcare unavailable	
Total unweighted N	1681
Yes	27%
No	73%
Note: Asked to everyone	

Q: Have you experienced stress because of any of the following during the COVID-19 pandemic? Difficulty affording basic needs, such as food, rent, and utilities	
Total unweighted N	1681
Yes	20%
No	80%
Note: Asked to everyone	

Q: Have you experienced stress because of any of the following during the COVID-19 pandemic? Conflict or stress in your family relationships (with children or parents or with your partner)	
Total unweighted N	1681
Yes	33%
No	67%
Note: Asked to everyone	

Q: Have you experienced stress because of any of the following during the COVID-19 pandemic? Loss of employment or income (including being laid off, being scheduled for fewer hours at your job, taken unpaid tie off or had your salary or wages reduced)	
Total unweighted N	1681
Yes	27%
No	73%
Note: Asked to everyone	

Q: Have you experienced stress because of any of the following during the COVID-19 pandemic? Concern about yourself or loved one getting sick with COVID-19	
Total unweighted N	1681
Yes	58%
No	42%
Note: Asked to everyone	

Q: Have you experienced stress because of any of the following during the COVID-19 pandemic? Death of a loved one	
Total unweighted N	1681
Yes	16%
No	84%
Note: Asked to everyone	

Q: Have you experienced stress because of any of the following during the COVID-19 pandemic? Isolation or loneliness	
Total unweighted N	1681
Yes	37%
No	63%
Note: Asked to everyone	

Q: Have you been vaccinated for COVID-19?	
Total unweighted N	1681
Yes	84%
No	14%
Note: Asked to everyone	

Q: Do you have a regular primary care provider?	
Total unweighted N	1681
Yes	83%
No	15%
Note: Asked to everyone	

Q: What is your gender?	
Total unweighted N	1681
Male	45%
Female	52%
Non-binary or transgender	1%
Note: Asked to everyone	

Q: What languages do you speak at home? English	
Total unweighted N	1681
Yes	95%
No	5%
Note: Asked to everyone	

Q: What languages do you speak at home? Spanish	
Total unweighted N	1681
Yes	20%
No	80%
Note: Asked to everyone	

Q: What languages do you speak at home? Cantonese	
Total unweighted N	1681
Yes	2%
No	98%
Note: Asked to everyone	

Q: What languages do you speak at home? Vietnamese	
Total unweighted N	1681
Yes	2%
No	98%
Note: Asked to everyone	

Q: What languages do you speak at home? Tagalog	
Total unweighted N	1681
Yes	1%
No	99%
Note: Asked to everyone	

Q: What languages do you speak at home? Mandarin	
Total unweighted N	1681
Yes	3%
No	97%
Note: Asked to everyone	

Q: What languages do you speak at home? Korean	
Total unweighted N	1681
Yes	2%
No	98%
Note: Asked to everyone	

Q: What languages do you speak at home? Asian Indian Languages	
Total unweighted N	1681
Yes	2%
No	98%
Note: Asked to everyone	

Q: What languages do you speak at home? Russian	
Total unweighted N	1681
Yes	1%
No	99%
Note: Asked to everyone	

Q: What languages do you speak at home? Other 1 (specify)	
Total unweighted N	1681
Yes	5%
No	95%
Note: Asked to everyone	

Q: What languages do you speak at home? Other 2 (specify)	
Total unweighted N	1681
Yes	1%
No	99%
Note: Asked to everyone	

Q: What is the highest grade of education you have completed and received credit for?	
Total unweighted N	1681
No formal education	0%
Grade school	2%
High school or equivalent	24%
4-year college or university	29%
Graduate or professional school	24%
2-year junior or community college	13%
Vocational, business, or trade school	6%
Note: Asked to everyone	

Q: Do you currently have medical or health insurance?	
Total unweighted N	1681
Yes	94%

No	5%
Note: Asked to everyone	

Q: What is your main source of health insurance?	
Total unweighted N	1599
A plan provided by your employer or union, including through COBRA	32%
A plan provided by a family member's employer or union	19%
A plan you purchased through Covered California	7%
A plan you purchased directly from a health insurance company	3%
Medi-Cal	15%
Tricare or other military healthcare, including VA healthcare	2%
Medicare	19%
Some other source, please specify	2%
Note: Asked to those who currently have medical or health insurance	

Q: Do you consider yourself a Democrat, a Republican, an Independent or none of these?	
Total unweighted N	1681
Democrat	34%
Lean Democrat	11%
Independent	16%
Lean Republican	8%
Republican	14%
None of these	16%
Note: Asked to everyone	

Tables by Region¹

For this report, we defined regions as follows:

- **Bay Area:** Alameda, Contra Costa, Marin, Napa, San Francisco, San Mateo, Santa Clara, Solano, and Sonoma Counties
- **Inland Empire:** Riverside and San Bernardino Counties
- **Los Angeles:** Los Angeles County
- **Sierra & Nevada:** Alpine, Amador, Butte, Calaveras, Colusa, Del Norte, Glenn, Humboldt, Inyo, Lake, Lassen, Mariposa, Mendocino, Modoc, Mono, Nevada, Plumas, Shasta, Sierra, Siskiyou, Sutter, Tehama, Trinity, Tuolumne, and Yuba Counties
- **South Coast:** Imperial, Orange, and San Diego Counties

Q: Do you think it is harder, about the same, or easier for Hispanic or Latino people to get the health care they need when they are sick compared to white people?						
	Total	Region				
		Bay Area	Inland Empire	Los Angeles	Northern & Sierra	South Coast
Total unweighted N	1681	320	188	416	157	283
Much harder	14%	18%	15%	20%	12%	6%
Harder	36%	45%	26%	34%	29%	44%
About the same	40%	33%	47%	38%	42%	41%
Easier	5%	2%	4%	5%	10%	5%
Much easier	4%	1%	6%	4%	7%	3%
Note: Asked to everyone						

Q: Do you think it is harder, about the same, or easier for Black or African American people to get the health care they need when they are sick compared to white people?						
	Total	Region				
		Bay Area	Inland Empire	Los Angeles	Northern & Sierra	South Coast
Total unweighted N	1681	320	188	416	157	283
Much harder	18%	25%	19%	19%	14%	11%

¹ Regions not reported are due to numbers too small for statistically valid analysis.

Harder	34%	39%	25%	36%	29%	40%
About the same	40%	30%	44%	38%	44%	44%
Easier	4%	3%	5%	3%	5%	3%
Much easier	3%	2%	6%	3%	7%	1%
Note: Asked to everyone						

Q: Is each of the following doing too much, too little, or the right amount to address racial and ethnic inequality in the health care system? Federal government				
	Total	Region		
		Bay Area	Los Angeles	South Coast
Total unweighted N	980	222	266	162
Too much	6%	3%	6%	5%
Too little	81%	84%	83%	77%
The right amount	13%	12%	10%	18%
Note: Asked to those who think it is harder or much harder for Hispanic or Latino people or Black or African American people to get the health care they need when they are sick compared to white people				

Q: Is each of the following doing too much, too little, or the right amount to address racial and ethnic inequality in the health care system? State government				
	Total	Region		
		Bay Area	Los Angeles	South Coast
Total unweighted N	980	222	266	162
Too much	6%	4%	6%	4%
Too little	76%	81%	77%	72%
The right amount	17%	14%	15%	24%
Note: Asked to those who think it is harder or much harder for Hispanic or Latino people or Black or African American people to get the health care they need when they are sick compared to white people				

Q: Is each of the following doing too much, too little, or the right amount to address racial and ethnic inequality in the health care system? Hospitals				
	Total	Region		
		Bay Area	Los Angeles	South Coast
Total unweighted N	980	222	266	162
Too much	4%	1%	6%	3%

Too little	67%	70%	67%	62%
The right amount	27%	26%	25%	35%
Note: Asked to those who think it is harder or much harder for Hispanic or Latino people or Black or African American people to get the health care they need when they are sick compared to white people				

Q: Is each of the following doing too much, too little, or the right amount to address racial and ethnic inequality in the health care system? Individual health care providers

	Total	Region		
		Bay Area	Los Angeles	South Coast
Total unweighted N	980	222	266	162
Too much	4%	2%	5%	5%
Too little	66%	68%	65%	59%
The right amount	27%	28%	26%	33%
Note: Asked to those who think it is harder or much harder for Hispanic or Latino people or Black or African American people to get the health care they need when they are sick compared to white people				

Q: Is each of the following doing too much, too little, or the right amount to address racial and ethnic inequality in the health care system? Health insurance plans

	Total	Region		
		Bay Area	Los Angeles	South Coast
Total unweighted N	980	222	266	162
Too much	4%	1%	5%	3%
Too little	72%	73%	77%	65%
The right amount	21%	23%	14%	28%
Note: Asked to those who think it is harder or much harder for Hispanic or Latino people or Black or African American people to get the health care they need when they are sick compared to white people				

Q: Is each of the following doing too much, too little, or the right amount to address racial and ethnic inequality in the health care system? Public health departments

	Total	Region		
		Bay Area	Los Angeles	South Coast
Total unweighted N	980	222	266	162
Too much	5%	2%	5%	4%
Too little	64%	68%	64%	60%
The right amount	28%	27%	27%	32%

Note: Asked to those who think it is harder or much harder for Hispanic or Latino people or Black or African American people to get the health care they need when they are sick compared to white people

Q: Generally speaking, how often do you think the health care system treats people unfairly based on their race or ethnic background?

	Total	Region				
		Bay Area	Inland Empire	Los Angeles	Northern & Sierra	South Coast
Total unweighted N	1681	320	188	416	157	283
Regularly	26%	33%	22%	28%	23%	19%
Occasionally	33%	29%	37%	34%	24%	37%
Rarely	24%	21%	24%	23%	21%	29%
Never	6%	4%	7%	5%	14%	5%

Note: Asked to everyone

Q: To the extent that the health care system treats people unfairly based on their race or ethnic background, do you think this is more because of the actions and beliefs of health care providers, more because of policies and practices built into the health care system, or is it an equal mix of both?

	Total	Region			
		Bay Area	Inland Empire	Los Angeles	South Coast
Total unweighted N	1399	270	155	352	240
Actions and beliefs of health care providers	14%	12%	15%	12%	13%
Policies and practices built into the health care system	21%	21%	25%	22%	18%
Equal mix of both	49%	52%	48%	52%	52%

Note: Asked to those who think the health care system treats people unfairly based on their race or ethnic background

Q: Thinking about your experiences with health care visits in the last few years, have you ever felt that a doctor or health care provider didn't believe you were telling the truth?

	Total	Region				
		Bay Area	Inland Empire	Los Angeles	Northern & Sierra	South Coast
Total unweighted N	1681	320	188	416	157	283
Yes, I have felt this	21%	21%	28%	16%	28%	16%
No, I have not	70%	67%	64%	75%	67%	76%

Note: Asked to everyone

Q: Thinking about your experiences with health care visits in the last few years, have you ever felt that a doctor or health care provider didn't listen to what you had to say?

	Total	Region				
		Bay Area	Inland Empire	Los Angeles	Northern & Sierra	South Coast
Total unweighted N	1681	320	188	416	157	283
Yes, I have felt this	33%	27%	39%	28%	43%	32%
No, I have not	61%	67%	58%	65%	50%	63%
Note: Asked to everyone						

Q: Thinking about your experiences with health care visits in the last few years, have you ever felt that a doctor or health care provider refused to order a test or treatment you thought you needed?

	Total	Region				
		Bay Area	Inland Empire	Los Angeles	Northern & Sierra	South Coast
Total unweighted N	1681	320	188	416	157	283
Yes, I have felt this	21%	21%	23%	20%	25%	16%
No, I have not	73%	71%	72%	74%	72%	81%
Note: Asked to everyone						

Q: Thinking about your experiences with health care visits in the last few years, have you ever felt that a doctor or health care provider refused to prescribe medication you thought you needed?

	Total	Region				
		Bay Area	Inland Empire	Los Angeles	Northern & Sierra	South Coast
Total unweighted N	1681	320	188	416	157	283
Yes, I have felt this	16%	16%	20%	13%	20%	10%
No, I have not	78%	78%	73%	79%	77%	85%
Note: Asked to everyone						

Q: Thinking about your experiences with health care visits in the last few years, have you ever felt that a doctor or health care provider suggested you were personally to blame for a health problem you were experiencing?

	Total	Region				
		Bay Area	Inland Empire	Los Angeles	Northern & Sierra	South Coast

Total unweighted N	1681	320	188	416	157	283
Yes, I have felt this	19%	15%	25%	15%	28%	17%
No, I have not	74%	78%	70%	76%	71%	78%
Note: Asked to everyone						

Q: Thinking about your experiences with health care visits in the last few years, have you ever felt that a doctor or health care provider assumed something about you without asking?

	Total	Region				
		Bay Area	Inland Empire	Los Angeles	Northern & Sierra	South Coast
Total unweighted N	1681	320	188	416	157	283
Yes, I have felt this	28%	26%	26%	24%	41%	27%
No, I have not	62%	62%	63%	66%	55%	66%
Note: Asked to everyone						

Q: Thinking about your experiences with health care visits in the last few years, have you ever felt that a doctor or health care provider talked down to you or didn't treat you with respect?

	Total	Region				
		Bay Area	Inland Empire	Los Angeles	Northern & Sierra	South Coast
Total unweighted N	1681	320	188	416	157	283
Yes, I have felt this	25%	27%	27%	20%	31%	18%
No, I have not	70%	70%	67%	71%	69%	79%
Note: Asked to everyone						

Q: Was there ever a time in the last few years when you think you would have gotten better medical care if you had belonged to a different race or ethnic group?

	Total	Region				
		Bay Area	Inland Empire	Los Angeles	Northern & Sierra	South Coast
Total unweighted N	1681	320	188	416	157	283
Yes	17%	18%	22%	19%	16%	12%
No	70%	71%	61%	64%	72%	80%
Note: Asked to everyone						

Q: Thinking about your experiences getting health care for yourself and your family in the last few years, how easy or difficult is it to find a doctor who treats you with dignity and respect?

	Total	Region				
		Bay Area	Inland Empire	Los Angeles	Northern & Sierra	South Coast
Total unweighted N	1681	320	188	416	157	283
Very easy	43%	46%	41%	42%	45%	48%
Somewhat easy	41%	46%	39%	42%	37%	39%
Somewhat difficult	13%	7%	17%	12%	17%	11%
Very difficult	2%	0%	3%	2%	1%	2%

Note: Asked to everyone

Q: Thinking about your experiences getting health care for yourself and your family in the last few years, how easy or difficult is it to find a doctor who shares the same background or experiences as you?

	Total	Region				
		Bay Area	Inland Empire	Los Angeles	Northern & Sierra	South Coast
Total unweighted N	1681	320	188	416	157	283
Very easy	22%	23%	21%	15%	23%	26%
Somewhat easy	38%	40%	31%	41%	32%	39%
Somewhat difficult	30%	28%	38%	31%	24%	27%
Very difficult	9%	8%	8%	10%	17%	7%

Note: Asked to everyone

Q: Thinking about your experiences getting health care for yourself and your family in the last few years, how easy or difficult is it to find a doctor who speaks the same language as you?

	Total	Region				
		Bay Area	Inland Empire	Los Angeles	Northern & Sierra	South Coast
Total unweighted N	1681	320	188	416	157	283
Very easy	67%	67%	67%	62%	70%	74%
Somewhat easy	21%	24%	23%	26%	14%	16%
Somewhat difficult	9%	7%	9%	9%	3%	7%
Very difficult	3%	1%	1%	1%	13%	2%

Note: Asked to everyone

Q: Thinking about your experiences getting health care for yourself and your family in the last few years, how easy or difficult is it to find health care at a location that is easy for you to get to?

	Total	Region				
		Bay Area	Inland Empire	Los Angeles	Northern & Sierra	South Coast
Total unweighted N	1681	320	188	416	157	283
Very easy	44%	50%	42%	38%	37%	52%
Somewhat easy	37%	35%	38%	40%	28%	37%
Somewhat difficult	15%	13%	14%	19%	24%	9%
Very difficult	3%	1%	6%	2%	11%	1%

Note: Asked to everyone

Q: Thinking about your experiences getting health care for yourself and your family in the last few years, how easy or difficult is it to find health care that you can afford?

	Total	Region				
		Bay Area	Inland Empire	Los Angeles	Northern & Sierra	South Coast
Total unweighted N	1681	320	188	416	157	283
Very easy	25%	28%	26%	19%	25%	29%
Somewhat easy	38%	37%	37%	43%	28%	39%
Somewhat difficult	24%	23%	27%	23%	30%	23%
Very difficult	11%	11%	8%	13%	17%	8%

Note: Asked to everyone

Q: How worried are you about being able to afford the following for you and your family? Monthly health insurance premium

	Total	Region				
		Bay Area	Inland Empire	Los Angeles	Northern & Sierra	South Coast
Total unweighted N	1681	320	188	416	157	283
Very worried	22%	18%	24%	27%	33%	16%
Somewhat worried	29%	26%	28%	30%	31%	31%
Not too worried	27%	30%	28%	23%	19%	33%
Not at all worried	21%	25%	19%	19%	18%	20%

Note: Asked to everyone

Q: How worried are you about being able to afford the following for you and your family? Out-of-pocket costs when using health care services

	Total	Region				
		Bay Area	Inland Empire	Los Angeles	Northern & Sierra	South Coast
Total unweighted N	1681	320	188	416	157	283
Very worried	28%	23%	30%	32%	40%	23%
Somewhat worried	32%	34%	27%	35%	23%	31%
Not too worried	25%	22%	29%	20%	28%	30%
Not at all worried	14%	20%	14%	12%	8%	16%
Note: Asked to everyone						

Q: How worried are you about being able to afford the following for you and your family? Prescription drug costs

	Total	Region				
		Bay Area	Inland Empire	Los Angeles	Northern & Sierra	South Coast
Total unweighted N	1681	320	188	416	157	283
Very worried	19%	15%	21%	23%	29%	13%
Somewhat worried	30%	33%	26%	31%	31%	26%
Not too worried	31%	25%	34%	26%	25%	42%
Not at all worried	20%	26%	20%	19%	13%	19%
Note: Asked to everyone						

Q: How worried are you about being able to afford the following for you and your family? Rent or mortgage

	Total	Region				
		Bay Area	Inland Empire	Los Angeles	Northern & Sierra	South Coast
Total unweighted N	1681	320	188	416	157	283
Very worried	23%	16%	25%	30%	25%	18%
Somewhat worried	27%	27%	27%	33%	25%	22%
Not too worried	26%	29%	24%	20%	25%	31%
Not at all worried	23%	27%	24%	17%	25%	29%
Note: Asked to everyone						

Q: How worried are you about being able to afford the following for you and your family? Gasoline or other transportation costs

	Total	Region				
		Bay Area	Inland Empire	Los Angeles	Northern & Sierra	South Coast
Total unweighted N	1681	320	188	416	157	283
Very worried	25%	15%	40%	28%	32%	15%
Somewhat worried	27%	24%	26%	27%	23%	26%
Not too worried	29%	32%	18%	27%	28%	39%
Not at all worried	20%	28%	16%	17%	17%	20%
Note: Asked to everyone						

Q: How worried are you about being able to afford the following for you and your family? Monthly utilities like electricity or heat

	Total	Region				
		Bay Area	Inland Empire	Los Angeles	Northern & Sierra	South Coast
Total unweighted N	1681	320	188	416	157	283
Very worried	16%	9%	23%	20%	23%	8%
Somewhat worried	28%	27%	32%	27%	29%	21%
Not too worried	32%	33%	23%	32%	28%	43%
Not at all worried	24%	30%	22%	21%	20%	28%
Note: Asked to everyone						

Q: How worried are you about being able to afford the following for you and your family? Unexpected medical bills

	Total	Region				
		Bay Area	Inland Empire	Los Angeles	Northern & Sierra	South Coast
Total unweighted N	1681	320	188	416	157	283
Very worried	30%	27%	30%	36%	41%	23%
Somewhat worried	33%	34%	30%	30%	33%	36%
Not too worried	24%	21%	24%	25%	15%	29%
Not at all worried	13%	17%	15%	9%	11%	12%
Note: Asked to everyone						

Q: How worried are you about being able to afford the following for you and your family? Treatment for COVID-19

	Total	Region				
		Bay Area	Inland Empire	Los Angeles	Northern & Sierra	South Coast
Total unweighted N	1681	320	188	416	157	283
Very worried	15%	11%	14%	21%	18%	10%
Somewhat worried	25%	28%	21%	23%	24%	18%
Not too worried	32%	31%	29%	32%	24%	40%
Not at all worried	28%	29%	35%	24%	33%	31%

Note: Asked to everyone

Q: How worried are you about being able to afford the following for you and your family? Food or groceries

	Total	Region				
		Bay Area	Inland Empire	Los Angeles	Northern & Sierra	South Coast
Total unweighted N	1681	320	188	416	157	283
Very worried	14%	10%	23%	21%	19%	7%
Somewhat worried	24%	21%	27%	19%	29%	23%
Not too worried	34%	36%	28%	36%	27%	39%
Not at all worried	27%	33%	22%	24%	24%	30%

Note: Asked to everyone

Q: In the past 12 months, have you or another family member done the following because of the cost? Skipped a recommended medical test or treatment

	Total	Region				
		Bay Area	Inland Empire	Los Angeles	Northern & Sierra	South Coast
Total unweighted N	1681	320	188	416	157	283
Yes	23%	19%	25%	23%	29%	23%
No	76%	80%	75%	76%	71%	77%

Note: Asked to everyone

Q: In the past 12 months, have you or another family member done the following because of the cost? Not filled a prescription for a medicine

	Total	Region				
		Bay Area	Inland Empire	Los Angeles	Northern & Sierra	South Coast
Total unweighted N	1681	320	188	416	157	283
Yes	15%	12%	20%	15%	18%	13%
No	84%	87%	80%	83%	82%	87%
Note: Asked to everyone						

Q: In the past 12 months, have you or another family member done the following because of the cost? Cut pills in half or skipped doses of medicine

	Total	Region				
		Bay Area	Inland Empire	Los Angeles	Northern & Sierra	South Coast
Total unweighted N	1681	320	188	416	157	283
Yes	13%	10%	18%	11%	21%	11%
No	86%	89%	82%	88%	79%	89%
Note: Asked to everyone						

Q: In the past 12 months, have you or another family member done the following because of the cost? Put off or postponed getting mental health care

	Total	Region				
		Bay Area	Inland Empire	Los Angeles	Northern & Sierra	South Coast
Total unweighted N	1681	320	188	416	157	283
Yes	21%	19%	23%	19%	20%	22%
No	78%	80%	77%	78%	79%	77%
Note: Asked to everyone						

Q: In the past 12 months, have you or another family member done the following because of the cost? Put off or postponed getting physical health care

	Total	Region				
		Bay Area	Inland Empire	Los Angeles	Northern & Sierra	South Coast

Total unweighted N	1681	320	188	416	157	283
Yes	25%	22%	30%	23%	33%	26%
No	74%	78%	70%	75%	67%	74%
Note: Asked to everyone						

Q: In the past 12 months, have you or another family member done the following because of the cost? Skipped dental care or checkups

	Total	Region				
		Bay Area	Inland Empire	Los Angeles	Northern & Sierra	South Coast
Total unweighted N	1681	320	188	416	157	283
Yes	38%	37%	44%	39%	39%	33%
No	61%	63%	56%	59%	60%	66%
Note: Asked to everyone						

Q: Did any of those steps you took because of the cost make your health condition worse?

	Total	Region	
		Bay Area	Los Angeles
Total unweighted N	821	153	203
Yes	47%	40%	52%
No	53%	60%	48%
Note: Asked to those who skipped or postponed care because of cost			

Q: In the past 12 months, did you or anyone in your family have problems paying any medical bills, such as bills for doctors, dentists, medication, or home care?

	Total	Region				
		Bay Area	Inland Empire	Los Angeles	Northern & Sierra	South Coast
Total unweighted N	1681	320	188	416	157	283
Yes	25%	16%	36%	27%	40%	16%
No	75%	83%	63%	73%	60%	84%
Note: Asked to everyone						

Q: In the past 12 months, did you or a family member receive treatment or counseling for any of the following? Any physical health condition such as high blood pressure, heart disease, cancer, diabetes, asthma or an injury

	Total	Region				
		Bay Area	Inland Empire	Los Angeles	Northern & Sierra	South Coast
Total unweighted N	1681	320	188	416	157	283
Yes	49%	46%	56%	47%	60%	46%
No	51%	51%	44%	52%	40%	54%
Note: Asked to everyone						

Q: In the past 12 months, did you or a family member receive treatment or counseling for any of the following? Any mental health condition, such as depression or anxiety

	Total	Region				
		Bay Area	Inland Empire	Los Angeles	Northern & Sierra	South Coast
Total unweighted N	1681	320	188	416	157	283
Yes	30%	39%	31%	26%	32%	26%
No	69%	58%	69%	73%	68%	74%
Note: Asked to everyone						

Q: In the past 12 months, did you or a family member receive treatment or counseling for any of the following? Alcohol or drug use problems, including addiction

	Total	Region				
		Bay Area	Inland Empire	Los Angeles	Northern & Sierra	South Coast
Total unweighted N	1681	320	188	416	157	283
Yes	5%	3%	9%	4%	6%	4%
No	94%	95%	89%	95%	94%	96%
Note: Asked to everyone						

Q: In the past 12 months, did you or a family member receive treatment or counseling for any of the following? Any other health problem, please specify:

	Total	Region				
		Bay Area	Inland Empire	Los Angeles	Northern & Sierra	South Coast

Total unweighted N	1681	320	188	416	157	283
Yes	15%	16%	11%	15%	28%	11%
No	83%	81%	88%	84%	65%	86%
Note: Asked to everyone						

Q: In the past 12 months, have you tried to make an appointment for physical health care, such as high blood pressure, heart disease, cancer, diabetes, asthma or an injury?

	Total	Region				
		Bay Area	Inland Empire	Los Angeles	Northern & Sierra	South Coast
Total unweighted N	1681	320	188	416	157	283
Yes	42%	36%	46%	41%	58%	44%
No	57%	61%	54%	59%	42%	56%
Note: Asked to everyone						

Q: In the past 12 months, have you had to wait longer than you thought was reasonable to get an appointment for physical health care (such as for high blood pressure, heart disease, cancer, diabetes, asthma or an injury)?

	Total	Region	
		Bay Area	Los Angeles
Total unweighted N	777	150	173
Yes	44%	34%	41%
No	55%	66%	55%
Note: Asked to those who tried to make an appointment for physical health care			

Q: How easy or difficult was it to find a <u>physical health</u> care provider who took your insurance?

	Total	Region	
		Bay Area	Los Angeles
Total unweighted N	777	150	173
Very easy	51%	65%	50%
Somewhat easy	29%	20%	26%
Somewhat difficult	12%	9%	18%
Very difficult	5%	4%	2%
Not applicable because I do not have insurance	2%	3%	3%
Note: Asked to those who tried to make an appointment for physical health care			

Q: In the past 12 months, have you tried to make an appointment with a mental health provider?

	Total	Region				
		Bay Area	Inland Empire	Los Angeles	Northern & Sierra	South Coast
Total unweighted N	1681	320	188	416	157	283
Yes	18%	26%	18%	15%	18%	18%
No	81%	73%	81%	84%	82%	82%
Note: Asked to everyone						

Q: In the last five years, have you had to: Repeat medical history to a new health care provider

	Total	Region				
		Bay Area	Inland Empire	Los Angeles	Northern & Sierra	South Coast
Total unweighted N	1681	320	188	416	157	283
Yes	41%	30%	50%	41%	53%	42%
No	54%	60%	47%	54%	43%	56%
Note: Asked to everyone						

Q: In the last five years, have you had to: Repeat a medical test because prior results weren't available to the new provider

	Total	Region				
		Bay Area	Inland Empire	Los Angeles	Northern & Sierra	South Coast
Total unweighted N	1681	320	188	416	157	283
Yes	18%	11%	24%	18%	25%	16%
No	75%	81%	69%	75%	66%	80%
Note: Asked to everyone						

Q: In the last five years, have you had to: Communicate other information about your condition or treatment from one provider to another provider

	Total	Region				
		Bay Area	Inland Empire	Los Angeles	Northern & Sierra	South Coast

Total unweighted N	1681	320	188	416	157	283
Yes	41%	33%	50%	39%	56%	43%
No	53%	62%	43%	55%	41%	53%
Note: Asked to everyone						

Q: How much effort, if any, do you put into doing the following: Exercising during your leisure time

	Total	Region				
		Bay Area	Inland Empire	Los Angeles	Northern & Sierra	South Coast
Total unweighted N	1681	320	188	416	157	283
Not at all	5%	6%	2%	5%	4%	4%
Very little	19%	17%	18%	23%	11%	17%
Some	38%	45%	44%	31%	41%	36%
Quite a bit	20%	19%	17%	23%	18%	22%
A great deal	15%	11%	14%	15%	25%	21%
Note: Asked to everyone						

Q: How much effort, if any, do you put into doing the following: Limiting portion size of food or drinks

	Total	Region				
		Bay Area	Inland Empire	Los Angeles	Northern & Sierra	South Coast
Total unweighted N	1681	320	188	416	157	283
Not at all	5%	4%	6%	6%	1%	5%
Very little	13%	18%	13%	12%	19%	10%
Some	40%	42%	35%	44%	38%	40%
Quite a bit	25%	21%	26%	20%	27%	32%
A great deal	15%	12%	17%	16%	15%	13%
Note: Asked to everyone						

Q: How much effort, if any, do you put into doing the following: Praying or meditating

	Total	Region				
		Bay Area	Inland Empire	Los Angeles	Northern & Sierra	South Coast

Total unweighted N	1681	320	188	416	157	283
Not at all	25%	27%	21%	22%	32%	33%
Very little	19%	19%	11%	20%	15%	23%
Some	23%	26%	27%	21%	22%	15%
Quite a bit	16%	10%	19%	20%	16%	15%
A great deal	15%	15%	21%	14%	14%	14%
Note: Asked to everyone						

Q: How much effort, if any, do you put into doing the following: Actively trying to reduce stress

	Total	Region				
		Bay Area	Inland Empire	Los Angeles	Northern & Sierra	South Coast
Total unweighted N	1681	320	188	416	157	283
Not at all	5%	6%	6%	3%	5%	7%
Very little	14%	13%	16%	15%	19%	13%
Some	35%	33%	33%	40%	32%	36%
Quite a bit	29%	32%	25%	25%	28%	34%
A great deal	14%	14%	17%	15%	14%	9%
Note: Asked to everyone						

Q: How much effort, if any, do you put into doing the following: Getting appropriate screenings or preventive care

	Total	Region				
		Bay Area	Inland Empire	Los Angeles	Northern & Sierra	South Coast
Total unweighted N	1681	320	188	416	157	283
Not at all	10%	8%	10%	10%	11%	11%
Very little	18%	20%	19%	23%	15%	13%
Some	35%	35%	34%	33%	30%	37%
Quite a bit	21%	15%	23%	20%	28%	22%
A great deal	14%	17%	13%	12%	9%	16%
Note: Asked to everyone						

Q: How much effort, if any, do you put into doing the following: Speaking up about your concerns when you visit your doctor even if he or she does not ask

	Total	Region				
		Bay Area	Inland Empire	Los Angeles	Northern & Sierra	South Coast
Total unweighted N	1681	320	188	416	157	283
Not at all	8%	7%	12%	7%	7%	7%
Very little	15%	19%	10%	20%	11%	14%
Some	28%	28%	28%	27%	27%	31%
Quite a bit	6%	24%	30%	23%	32%	25%
A great deal	20%	16%	18%	18%	20%	22%
Note: Asked to everyone						

Q: Which of the following statements best describes you, even if neither is exactly right?

	Total	Region				
		Bay Area	Inland Empire	Los Angeles	Northern & Sierra	South Coast
Total unweighted N	1681	320	188	416	157	283
I almost always make my health a priority.	41%	38%	39%	45%	45%	45%
I try to make my health a priority, but I often have to put other things ahead of my health.	52%	51%	55%	49%	49%	52%
Note: Asked to everyone						

Q: How well is California doing in making affordable housing available for people with low incomes?

	Total	Region				
		Bay Area	Inland Empire	Los Angeles	Northern & Sierra	South Coast
Total unweighted N	1681	320	188	416	157	283
Very well	2%	1%	2%	1%	4%	4%
Somewhat well	13%	16%	15%	10%	19%	8%
Not too well	30%	28%	23%	32%	22%	36%
Not well at all	38%	40%	42%	40%	38%	34%
Note: Asked to everyone						

Q: How much do you think lack of affordable housing impacts mental or physical health among people with low incomes?

	Total	Region				
		Bay Area	Inland Empire	Los Angeles	Northern & Sierra	South Coast
Total unweighted N	1681	320	188	416	157	283
A lot	57%	64%	49%	58%	65%	52%
Some	23%	18%	31%	23%	16%	31%
Only a little	8%	4%	9%	9%	7%	8%
Not at all	2%	3%	1%	1%	2%	2%
Note: Asked to everyone						

Q: Thinking of the last five years, have you or anyone close to you experienced a period of homelessness?

	Total	Region				
		Bay Area	Inland Empire	Los Angeles	Northern & Sierra	South Coast
Total unweighted N	1681	320	188	416	157	283
Yes	19%	18%	27%	21%	34%	11%
No	80%	80%	73%	79%	66%	89%
Note: Asked to everyone						

Q: How worried are you currently about experiencing a period of homelessness?

	Total	Region				
		Bay Area	Inland Empire	Los Angeles	Northern & Sierra	South Coast
Total unweighted N	1681	320	188	416	157	283
Very worried	6%	4%	6%	7%	12%	2%
Somewhat worried	14%	12%	18%	15%	15%	11%
Not too worried	30%	32%	29%	29%	22%	29%
Not at all worried	50%	51%	46%	48%	51%	58%
Note: Asked to everyone						

Q: Do you agree, disagree, or neither agree nor disagree with the following statement: The health care system should help patients who are experiencing homelessness find housing.

	Total	Region				
		Bay Area	Inland Empire	Los Angeles	Northern & Sierra	South Coast

Total unweighted N	1681	320	188	416	157	283
Strongly agree	16%	20%	17%	22%	19%	12%
Agree	21%	22%	12%	22%	19%	24%
Neither agree nor disagree	25%	24%	32%	22%	21%	19%
Disagree	18%	17%	19%	16%	21%	18%
Strongly disagree	14%	11%	11%	9%	17%	21%
Note: Asked to everyone						

Q: In the past 12 months, have you received any care using any of the following? By live video, where you and your health care provider can see each other

	Total	Region				
		Bay Area	Inland Empire	Los Angeles	Northern & Sierra	South Coast
Total unweighted N	1681	320	188	416	157	283
Yes	44%	54%	44%	40%	40%	44%
No	56%	46%	56%	60%	60%	56%
Note: Asked to everyone						

Q: In the past 12 months, have you received any care using any of the following? Talking on the telephone

	Total	Region				
		Bay Area	Inland Empire	Los Angeles	Northern & Sierra	South Coast
Total unweighted N	1681	320	188	416	157	283
Yes	55%	51%	65%	54%	68%	43%
No	45%	49%	35%	46%	32%	57%
Note: Asked to everyone						

Q: In the past 12 months, have you received any care using any of the following? Haven't received any telehealth care

	Total	Region				
		Bay Area	Inland Empire	Los Angeles	Northern & Sierra	South Coast
Total unweighted N	1681	320	188	416	157	283
Yes	1%	0%	2%	0%	0%	0%
No	99%	100%	98%	100%	100%	100%

Note: Asked to everyone

Q: How satisfied or dissatisfied are you with the quality of the health care you received via video?

	Total	Region	
		Bay Area	Los Angeles
Total unweighted N	749	171	163
Very satisfied	29%	26%	27%
Satisfied	54%	58%	56%
Dissatisfied	13%	15%	13%
Very dissatisfied	3%	1%	4%

Note: Asked to those who received telehealth by live video in the past 12 months

Q: How satisfied or dissatisfied are you with the quality of the health care you received via phone?

	Total	Region	
		Bay Area	Los Angeles
Total unweighted N	927	179	244
Very satisfied	22%	23%	22%
Satisfied	57%	60%	61%
Dissatisfied	18%	17%	16%
Very dissatisfied	3%	0%	1%

Note: Asked to those who received telehealth by talking on the phone in the past 12 months

Q: Thinking about the last time you received in-person care, are you more satisfied with the care you received via telehealth or in-person?

	Total	Region			
		Bay Area	Inland Empire	Los Angeles	South Coast
Total unweighted N	1260	249	153	310	204
More satisfied with telehealth than in-person care	8%	6%	9%	12%	9%
More satisfied with in-person care than telehealth	54%	51%	59%	53%	50%
Equally satisfied with both in-person and telehealth	31%	38%	26%	29%	38%

Note: Asked to those who received telehealth by video or phone

Q: In the past 12 months, have you or a family member in your household skipped or postponed any type of medical or dental care for any reason?

	Total	Region				
		Bay Area	Inland Empire	Los Angeles	Northern & Sierra	South Coast
Total unweighted N	1681	320	188	416	157	283
Yes	52%	51%	50%	47%	65%	53%
No	48%	47%	50%	52%	35%	47%

Note: Asked to everyone

Q: Was the reason you or your family member postponed care related to the conditions caused by the COVID-19 pandemic?

	Total	Region	
		Bay Area	Los Angeles
Total unweighted N	880	165	219
Yes	57%	65%	61%
No	43%	35%	38%

Note: Asked to those who postponed any type of medical or dental care for any reason in the past 12 months

Q: Did you or your family member's condition get worse as a result of skipping or postponing care?

	Total	Region	
		Bay Area	Los Angeles
Total unweighted N	880	165	219
Yes	29%	23%	26%
No	45%	44%	44%

Note: Asked to those who postponed any type of medical or dental care for any reason in the past 12 months

Q: Thinking about the care you or your family member skipped or postponed, do you think you or they will eventually get this care, or not?

	Total	Region	
		Bay Area	Los Angeles
Total unweighted N	880	165	219

Yes, in the next month	15%	16%	14%
Yes, between 2-3 months from now	22%	25%	23%
Yes, between 4 months to 1 year from now	14%	15%	15%
Yes, in more than one year	3%	3%	3%
Yes, not sure how long	24%	26%	21%
No	7%	0%	10%
Note: Asked to those who postponed any type of medical or dental care for any reason in the past 12 months			

Q: Thinking about the care you or your family member skipped or postponed, do you think you or they will eventually get this care, or not?

	Total	Region	
		Bay Area	Los Angeles
Total unweighted N	880	165	219
Yes, in the next month	15%	16%	14%
Yes, between 2-3 months from now	22%	25%	23%
Yes, between 4 months to 1 year from now	14%	15%	15%
Yes, in more than one year	3%	3%	3%
Yes, not sure how long	24%	26%	21%
No	7%	0%	10%
Note: Asked to those who postponed any type of medical or dental care for any reason in the past 12 months			

Q: Has worry or stress related to the COVID-19 pandemic caused you to experience the following in the past 12 months?
Poor appetite or overeating

	Total	Region				
		Bay Area	Inland Empire	Los Angeles	Northern & Sierra	South Coast
Total unweighted N	1681	320	188	416	157	283
Yes	33%	32%	33%	34%	29%	34%
No	66%	67%	65%	65%	71%	66%
Note: Asked to everyone						

Q: Has worry or stress related to the COVID-19 pandemic caused you to experience the following in the past 12 months?
Frequent headaches or stomachaches

	Total	Region				
		Bay Area	Inland Empire	Los Angeles	Northern & Sierra	South Coast

Total unweighted N	1681	320	188	416	157	283
Yes	25%	24%	28%	27%	30%	16%
No	74%	75%	72%	72%	70%	84%
Note: Asked to everyone						

Q: Has worry or stress related to the COVID-19 pandemic caused you to experience the following in the past 12 months?
Increasing your alcohol or drug use

	Total	Region				
		Bay Area	Inland Empire	Los Angeles	Northern & Sierra	South Coast
Total unweighted N	1681	320	188	416	157	283
Yes	15%	16%	13%	16%	22%	14%
No	84%	84%	87%	84%	78%	85%
Note: Asked to everyone						

Q: Has worry or stress related to the COVID-19 pandemic caused you to experience the following in the past 12 months?
Difficulty controlling your temper

	Total	Region				
		Bay Area	Inland Empire	Los Angeles	Northern & Sierra	South Coast
Total unweighted N	1681	320	188	416	157	283
Yes	22%	25%	22%	21%	22%	22%
No	77%	74%	78%	78%	78%	78%
Note: Asked to everyone						

Q: Has worry or stress related to the COVID-19 pandemic caused you to experience the following in the past 12 months?
Worsening chronic conditions like diabetes or high blood pressure

	Total	Region				
		Bay Area	Inland Empire	Los Angeles	Northern & Sierra	South Coast
Total unweighted N	1681	320	188	416	157	283
Yes	11%	11%	15%	9%	14%	6%
No	88%	89%	85%	89%	86%	94%
Note: Asked to everyone						

Q: Have you experienced stress because of any of the following during the COVID-19 pandemic? Children out of school, attending school from home, or childcare unavailable

	Total	Region				
		Bay Area	Inland Empire	Los Angeles	Northern & Sierra	South Coast
Total unweighted N	1681	320	188	416	157	283
Yes	27%	22%	31%	25%	43%	21%
No	73%	78%	69%	75%	57%	79%
Note: Asked to everyone						

Q: Have you experienced stress because of any of the following during the COVID-19 pandemic? Difficulty affording basic needs, such as food, rent, and utilities

	Total	Region				
		Bay Area	Inland Empire	Los Angeles	Northern & Sierra	South Coast
Total unweighted N	1681	320	188	416	157	283
Yes	20%	18%	25%	23%	30%	12%
No	80%	82%	75%	77%	70%	88%
Note: Asked to everyone						

Q: Have you experienced stress because of any of the following during the COVID-19 pandemic? Conflict or stress in your family relationships (with children or parents or with your partner)

	Total	Region				
		Bay Area	Inland Empire	Los Angeles	Northern & Sierra	South Coast
Total unweighted N	1681	320	188	416	157	283
Yes	33%	38%	29%	31%	28%	33%
No	67%	62%	71%	69%	72%	67%
Note: Asked to everyone						

Q: Have you experienced stress because of any of the following during the COVID-19 pandemic? Loss of employment or income (including being laid off, being scheduled for fewer hours at your job, taken unpaid tie off or had your salary or wages reduced)

	Total	Region				
		Bay Area	Inland Empire	Los Angeles	Northern & Sierra	South Coast

Total unweighted N	1681	320	188	416	157	283
Yes	27%	27%	24%	32%	21%	30%
No	73%	73%	76%	68%	79%	70%
Note: Asked to everyone						

Q: Have you experienced stress because of any of the following during the COVID-19 pandemic? Concern about yourself or loved one getting sick with COVID-19

	Total	Region				
		Bay Area	Inland Empire	Los Angeles	Northern & Sierra	South Coast
Total unweighted N	1681	320	188	416	157	283
Yes	58%	62%	54%	58%	59%	55%
No	42%	38%	46%	42%	41%	45%
Note: Asked to everyone						

Q: Have you experienced stress because of any of the following during the COVID-19 pandemic? Death of a loved one

	Total	Region				
		Bay Area	Inland Empire	Los Angeles	Northern & Sierra	South Coast
Total unweighted N	1681	320	188	416	157	283
Yes	16%	13%	20%	20%	16%	13%
No	84%	87%	80%	80%	84%	87%
Note: Asked to everyone						

Q: Have you experienced stress because of any of the following during the COVID-19 pandemic? Isolation or loneliness

	Total	Region				
		Bay Area	Inland Empire	Los Angeles	Northern & Sierra	South Coast
Total unweighted N	1681	320	188	416	157	283
Yes	37%	49%	32%	39%	38%	33%
No	63%	51%	68%	61%	62%	67%
Note: Asked to everyone						

Q: Have you been vaccinated for COVID-19?

	Total	Region				
		Bay Area	Inland Empire	Los Angeles	Northern & Sierra	South Coast
Total unweighted N	1681	320	188	416	157	283
Yes	84%	90%	77%	87%	75%	86%
No	14%	8%	23%	13%	22%	11%
Note: Asked to everyone						