



Driving Improvements in Palliative Care in Medi-Cal (SB 1004)

Virtual Convening Day Two April 28, 2021

Virtual Conference Housekeeping

- Please keep yourself on mute in all sessions except the breakout sessions.
- If you are using your phone for audio, PLEASE link your phone audio to your Zoom online profile.
 - Click on "Join Audio" icon (lower left), select "Phone Call", enter "# Participant ID #" on your phone.
- If using computer for audio be sure to have your computer microphone on so you can be heard in breakouts.
- Please change your display name to your full name and organization.
 - Hover over your own picture on Zoom; three dots will appear in the upper right; click on "Rename."
- Slides and recordings from the main sessions (not breakouts) will be available on the CHCF website within a week or two.





Driving Improvements in Palliative Care in Medi-Cal (SB 1004)

Innovation Session: MedZed

April 28, 2021

Introduction

MedZed is a technology-enabled mobile provider delivering a range of services to high-risk patients.

Deeneneihility and Exercise

01-11:00

	Staffing	Responsibility and Frequency
Palliative Care Active panel size: 130	+Board Certified Palliative Medical Director +Social Worker +Chaplain +Case Manager	 Facilitates advance care planning, POLST, and goals of care Provides emotional, social, and spiritual support 1-4 in-home visits/month and weekly touchpoints 24/7 provider hotline and same-day urgent visits Discharged when ready for hospice
Complex Primary Care Active panel size: 2500	+Complex Care Provider (Remote MD, NP, PA) +In-home nurse +Care Coordinator	 Joins in-home nurse over MedZed's telehealth Treats symptoms, makes prescriptions, and referrals 24-72 hours post-discharge visit 1-2 in-home visits/month 24/7 provider hotline and same-day urgent visits Graduated back to PCP
Health Homes (CB-CME) Active panel size: XXX	Community Health Navigator	 Conducts outreach & scheduling methods Builds trust-based relationships Collaborates with community resources Coordinates transportation / social-need fulfillment 24-72 hours post-discharge support

Introduction

Leveraging a High-Frequency, Palliative-Focused, Mobile Clinical Team

334 unique Medi-Cal members served across the state:

- Chico
- San Francisco
- Fresno
- Los Angeles

Currently 130 active patients

Attributes of our Palliative Program

- Launched program in 2018
- Integrated model focused on social, emotional, spiritual, and palliative care
- 24/7 clinical availability
- Bereavement services offered
- Health Plan Partners: 2
- Payment model: PMPM



Innovation in Clinical Service Delivery Model of Care

A program designed to meet the magnitude of palliative care patient needs

- House call program helps to funnel appropriate patients into Palliative Care
- Technology-enabled mobile delivery model bringing care to patient's homes
- Our in-home nurse uses our telemedicine platform to link in remote team members
- A core of palliative nurses are identified for ongoing specialized training
- Longitudinal telehealth model improves quality and continuity of care and patient satisfaction



Interdisciplinary Care Team

Challenge/Need Addressed

For many of our patients, the difficult circumstances of their lives have them experience frequent gaps in care and constant care transitions.



- Poor continuity of care compromises quality and safety as a result of care gaps
- Significant social barriers limit access
- Low patient/family satisfaction due to constant changes in care settings and providers
- Limited understanding of palliative care services
- Availability of palliative care programs vary by geography

We stay with patients on their healthcare journey until they are ready for hospice.



Innovation Contribution

We enable continuity of care by meeting patients and families where they are in their healthcare journey.



Continuity of communitybased team

- Identification and patient engagement through our complex primary care program
- Layering on palliative care staff and services
- Enabling connections to remote resources



- Expanding geographic reach
- Hybrid telehealth and in-home care delivery brings:
- Social Workers
- Chaplains
- Clinical case manager



Using technology to coordinate care

- Effective communication across team members
- Integrated logistics management and EHR
- Track and manage patient care plans



Innovation Partners

The success of our palliative care program is a foundation of effective communication and collaboration with our partners and interdisciplinary team.

External Partners

Monthly IDT rounds between plan and palliative programs

Weekly call to discuss new and pending referrals

Ongoing email exchange between case managers on patient status and care needs

Monitoring ADT for timely post-discharge care

Shared EHRs throughout markets

Internal Partners

Weekly internal meeting discussing patient panel management

Daily team chat collaboration on patient social and medical needs

Monthly nurse education meetings on patient-care topics

Access to medical records in many of our markets

24/7 availability for urgent patient issues



Innovation Surprise

We have been heartened by the depths of the relationships developed between our team and our patients.

	 Performed baptism in patient's home to fulfill his wish 	
	 Helped multiple patients get into drug rehabilitation 	
Results of our	 Facilitated comfortable death at home due to extenuating circumstances 	
efforts	 Conducted same day appointments for patients in distress to avoid unnecessary ER visits 	
	 Found and engaged homeless patients 	
	 Family are highly satisfied with our bereavement services 	



Innovation Takeaway

Identifying and moving patients between programs enables fewer care transitions and provides better patient and family experience.



- Reaches patients in their healthcare journey
- Provides warm handoff transiting from complex primary care program
- Community-based outreach to find and engage identified patients



Hybrid model of care

- Allows us to manage a dispersed interdisciplinary team
- Enables specialized palliative staff to extend expertise across the state
- Facilitates care coordination







Driving Improvements in Palliative Care in Medi-Cal (SB 1004)

Innovation Session: Molina Healthcare of California

April 28, 2021

Background

Molina Healthcare of California Established 1985





Innovation in Monitoring Referrals and Enrollments

Palliative Care Tracker (Excel Spreadsheet) to track referrals Palliative Care Dashboard

A	в	С	D	E	FG		н
My Care Referral Date 🖃	Member 💌	Member First I	Member Last I	Member [•	Cour LOB	✓ Dz	*
2/1/2021					SD	Liver Disease	
12/17/2020					SD	Liver Disease	
2002021					84C	Concertive Heart Evilure (CHE)	
2/1/2021					SAC	Congestive Heart Failure (CHF)	

Palliative Care Tracker

Case Manager/Palliative Care Leads responsible for updating the PC Excel Tracker.

Palliative Care Tracker (Excel Spreadsheet) Data Elements:

- Referral date
- Member demographics (name, age, gender)
- o Diagnosis
- Referral source/date/outcome
- Reason for declining PC (if applicable)
- POLST/Advance Directive date
- Enrollment/disenrollment date/outcomes
- Uses:
 - Data summarized in Palliative Care Dashboard; claims data linked to the dashboard
 - Tracks referral source for annual departmental performance metric
 - Data used to provide bi-weekly updates to internal stakeholders
 - Data analyzed to develop strategies and innovations

Palliative Care Dashboard

Dashboard Components:

- Summary
- Member Details
- Cost Trend
- Vendor Comparison
- Program Highlights



Palliative Care Dashboard-Summary



Palliative Care Dashboard-Filter option



Palliative Care Dashboard- Member Details

\bigotimes		Note: There	is a 90 day claim lag			∇	~
Total Members	Avg months In The Program	Avg Age	Currently Enrolled Members	Male Femal	Refresh Date) Y	Read
337	5.58	57	91	192 145	4/8/2021	Filter	Me
Summary	/ Member	Details	Cost trend	Vendor Compar	rison (Program Highlig	hts	
				Member Details			
CIN Membe	er Name Gender	Age DOB M	ember County Group Type	Enrollment Date Dise	enrollment Date Pre Enrollment Months	Months In Program Post Discharge Months	Decline Reason

Member Detail (Spreadsheet) Fields:

- Member demographics
- Program enrollment/disenrollment dates
- Reason not enrolled in the palliative care program (member declined, unable to contact, etc.)
- Pre-enrollment months, months enrolled in the program, post-discharge months
- Counts of emergency department visits and admissions
- Status of enrollment with Molina Health Plan
- Flag if transitioned to hospice
- Enrollment diagnosis
- Palliative care vendor that is caring for member
- Total cost

Palliative Care Dashboard- Cost Trend



Palliative Care Dashboard-Vendor Comparison



Palliative Care Dashboard Program Highlights



Challenge/Need Addressed

Sustaining and Developing the Palliative Care Program

- Tracking referrals
- Monitoring impact on costs
- Vendor performance
- Access to details on individual enrollees
- Demonstrate program value to Plan leadership
- Use data to engage internal and external stakeholders to increase referrals
- Identify gaps and areas to improve program statewide and by region
- Department goal tracking for annual goal performance metric
- Identify additional diagnosis outside SB 1004 minimums to expand the eligibility criteria

Key Partners

- Dedicated Case Management staff who support the Palliative Care team and Vendors
- Program Manager
- Case Management Director
- Molina Senior Leadership
- Medical Director
- Analytics

Dashboard Uses

Dashboard Uses

- Combining and condensing large amounts of information allows us to consider program-specific data at a glance, including:
 - Comparing our data at any given time (i.e., week to week, or by region, or by vendor)
 - Filtering by year to track market trends, program growth, and costs
 - Identifying program barriers and implementing changes as needed (i.e., recognizing the need to generate more external referrals leading to pilot projects with our vendors)
- This has helped us set goals, enhance our program, and demonstrate benefits of the program to stakeholders





Reflection Exercise

Take 5 min to think about the innovations presented

How might you use these innovations?

Please list any questions you have for these innovation presenters in the Chat box





Driving Improvements in Palliative Care in Medi-Cal (SB 1004)

Innovation Session: L.A. Care Health Plan

April 28, 2021



Introduction

L.A. Care Health Plan:

- Committed to promoting accessible, affordable, high-quality health care
- Provides coverage to low-income Angelenos (serving over 2 million members)
- Mission-driven health plan—programs are dedicated to elevating the safety net
- 2018 started developing the Palliative Care program—operated through Managed Long-Term Services and Supports (MLTSS) program

Innovation #1: Patient Identification/ Engagement

Member Matching Triage Tool

- Promotes providing culturally appropriate care to a diverse community
- Palliative care vendors/providers are matched to our members needs: language, location, social determinants, etc.
- Key success ingredient: meet members where they are and in a way they can relate to



Challenge/Need Addressed

- Providing high-quality culturally appropriate care is important to our mission as a health plan.
- For 20 years, our plan has provided care to vulnerable Angelenos through many of our programs in the community.
- Palliative care program mirrors the rich cultural diversity of our own staff, underscoring the importance of matching members to providers who meet their needs.



Innovation Contribution

Member Matching Triage Tool

		<u> </u>	B A B	C E	D F G	E F	G H	I I	J N G	н		
A	В	Region	D	E	G	Н	1	K		м	N	
	b	c	6		5			0		101		-
RCAC	Region	ZipCode 💌	Service Area (City)	· Provide St.	Providents	Provident	Providents	Provider BT	Provide to	Provider #9	Providentia	
RCAC 01	Antelope Valley	91390	Santa Clarita	Non-Service Area	Non-Service Area	Non-Service Area	Non-Service Area		Non-Service Area			
RCAC 01	Antelope Valley	93243	Lebec	Non-Service Area	Non-Service Area	Non-Service Area	Non-Service Area		Non-Service Area			
RCAC 01	Antelope Valley	93510	Acton	Non-Service Area	Non-Service Area	Non-Service Area	Non-Service Area		Non-Service Area			
RCAC 01	Antelope Valley	93532	Elizabeth Lake/Lake Hughes	Non-Service Area	Non-Service Area	Non-Service Area	Non-Service Area		Non-Service Area			
RCAC 01	Antelope Valley	93534	Lancaster	Non-Service Area	Non-Service Area	Non-Service Area			Non-Service Area			
RCAC 01	Antelope Valley	93535	Hi Vista	Non-Service Area	Non-Service Area	Non-Service Area	Non-Service Area		Non-Service Area			
RCAC 01	Antelope Valley	93536	Lancaster/Quartz Hill	Non-Service Area	Non-Service Area	Non-Service Area	Non-Service Area		Non-Service Area			
RCAC 01	Antelope Valley	93539	Lancaster	Non-Service Area	Non-Service Area	Non-Service Area			Non-Service Area			
RCAC 01	Antelope Valley	93543	Littlerock/Juniper Hills	Non-Service Area	Non-Service Area	Non-Service Area	Non-Service Area		Non-Service Area			
RCAC 01	Antelope Valley	93544	Llano	Non-Service Area	Non-Service Area	Non-Service Area	Non-Service Area		Non-Service Area			
RCAC 01	Antelope Valley	93550	Palmdale/Lake Los Angeles	Non-Service Area	Non-Service Area	Non-Service Area			Non-Service Area			
RCAC 01	Antelope Valley	93551	Palmdale	Non-Service Area	Non-Service Area	Non-Service Area			Non-Service Area			
RCAC 01	Antelope Valley	93552	Palmdale	Non-Service Area	Non-Service Area	Non-Service Area			Non-Service Area			
RCAC 01	Antelope Valley	93553	Pearblossom	Non-Service Area	Non-Service Area	Non-Service Area	Non-Service Area		Non-Service Area			
RCAC 01	Antelope Valley	93563	Valyermo	Non-Service Area	Non-Service Area	Non-Service Area	Non-Service Area		Non-Service Area			
RCAC 01	Antelope Valley	93584	Lancaster	Non-Service Area	Non-Service Area	Non-Service Area			Non-Service Area			
RCAC 01	Antelope Valley	93586	Lancaster	Non-Service Area	Non-Service Area	Non-Service Area			Non-Service Area			
RCAC 01	Antelope Valley	93590	Palmdale	Non-Service Area	Non-Service Area	Non-Service Area			Non-Service Area			
RCAC 01	Antelope Valley	93591	Palmdale/Lake Los Angeles	Non-Service Area	Non-Service Area	Non-Service Area			Non-Service Area			
RCAC 02	San Fernando Valley	90290	Topanga			Non-Service Area						
RCAC 02	San Fernando Valley	91040	Shadow Hills (City of LA)/Sunland (City of LA)									
RCAC 02	San Fernando Valley	91041	Sunland (City of LA)									
RCAC 02	San Fernando Valley	91042	Tujunga (City of LA)									
RCAC 02	San Fernando Valley	91043	Tujunga (City of LA)									
RCAC 02	San Fernando Valley	91301	Agoura/Oak Park	Non-Service Area		Non-Service Area	Non-Service Area					
RCAC 02	San Fernando Valley	91302	Calabasas/Hidden Hills	Non-Service Area		Non-Service Area	Non-Service Area					
RCAC 02	San Fernando Valley	91303	Canoga Park (City of LA)			Non-Service Area						

> Intro

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Innovation #2: Assessing/ Improving Quality of Care

Provider Quality Audit Tool

- Audit tool developed to level set with PC providers ensuring the care provided is meeting expected quality standards.
- Tool enabled the health plan to monitor, communicate, and make important decisions on best practices and providers.



 Results are shared with providers and followed over time to promote performance improvement as needed.

Innovation Category & Description

Provider Quality Audit Tool

- Quarterly reviews including domains of care from National Consensus Project
- Full review of charts including assessment, care plan, and follow-up (i.e., if pain or dyspnea present, what was intervention? Did intervention provide relief?)
- Were goals of care discussed and related back to advance care planning?
- Was a designated AOR identified?
- Did member receive correct number of visits and add-on services for pediatrics?

4	A B	C					E
		L.A. Care	Palliative Care				
		Provider	Quality Review				
	Point Allocation: "5" Excellent "4" Very Good	3" Average	"2" Less Than Average	"1" Poor	"0" Require	ement Not	Included
4		, o Monage		1 1001	o nequit	1	
-	Business Requirement		Comments			Score	Average Score
	Proivder #1						
	Documented goals of care (advanced directives/POLST)					0	
	Symptom assessment (pain, SOB, etc)					0	0
	POA/AOR designation					0	

Innovation Partners

- Palliative Care program success is a product of collaboration—internally and externally—with medical providers, vendors, and MLTSS staff
- Internally: case management, utilization management, population health/QI, HIM
- Externally: our capable palliative care providers, network of PPGs/IPAs
- CHCF

Innovation Surprise

- Importance of clearly defining the scope of palliative care and differentiating it (to reduce confusion) from hospice.
- When the benefit is visible and delivered efficiently, we are successful.


Innovation Takeaway

Health equity is central to our mission.

Our program reduces health disparities and achieves quality outcomes.

Quality is an active process requiring ongoing reassessment over time.







Driving Improvements in Palliative Care in Medi-Cal (SB 1004)

Innovation Session: Roze Room

April 28, 2021



Roze Room

- Providing Hospice Services to patients and families throughout Los Angeles and Ventura Counties for over 23 years
- Palliative Care Services for over 13 years
- Roze Room Palliative Care Program is accredited by The Joint Commission
- Office locations in Culver City, Reseda, Ventura, Pasadena, and Long Beach
- Currently contracted with over 10 Health Plans/Medical Groups paying for Palliative Care support
- Currently caring for over 275 Palliative Care patients



Innovation in Quality of Care

- Roze Room has a robust Palliative Care program with 360° annual Quality Assessment & Performance Improvement Plan.
- Each quarter we evaluate our performance to goal and adjust our interventions based on outcomes.

	•			
	Roze Palliative Care		LA	
	Quality Assessment and Performance Improvement			
DEPARTMENT	PERFORMANCE METRIC	2021 GOAL	FREQ. OF REVIEW	METHOD OF REVIEW
MARKETING/SALES	Admissions	per dashboard	Quarterly	Monthly management monitoring
	ADC Growth	per dashboard	Monthly	Monthly management monitoring
	Conversion Ratio	85%	Monthly	Monthly managemen monitoring
CLINICAL OPERATIONS- PAIN MANAGEMENT	Pain monitored each SN visit	90%	Quarterly	QA EMR Revie
CLINICAL OPERATIONS- MEDICATION SAFETY	Medication management- medication evaluation of side effects, etc completed at each visit	95%	Quarterly	QA EMR Revie
CLINICAL OPERATIONS- GENERAL	Patients dying in the hospital will be less than 10%	10%	Monthly	QA EMR Revie
CLINICAL OPERATIONS- INITIAL ASSESSMENT	Initial assessment to be completed within 14 days of admission	90%	Monthly	QA EMR Revie
CLINICAL OPERATIONS- TRANSFERS TO HOSPICE (ANY)	Transfers to hospice from Palliative care	15%	Monthly	Monthly managemen monitoring
MEDICAL RECORDS	POLST in place	95%	Monthly	Monthly managemen monitoring
PATIENT SATISFACTION	Overall satisfaction (9-10)	90%	Monthly	QA review o returned surve
	Would you recommend RRPC? (Yes)	90%	Monthly	QA review o returned surve
CLINICAL OPERATIONS- HOSPITALIZATIONS WITHIN 30 DAYS OF ADMISSION	Percentage of patients hospitalized with 30 days of admission	5%	Quarterly	QA EMR Revie
CLINICAL OPERATIONS- PATIENTS WITH REGULARLY SCHEDULED SW VISITS	Percentage of patients with regular SW visits	30%	Quarterly	QA EMR Revie



Quality of Care

Quarterly, Roze Room's Director of QAPI presents performance to goal for each of the Metrics. For example:





Quality of Care

• Quarterly, Roze Room's Director of QAPI presents performance to goal for each of the Metrics. For example:





Patient Satisfaction Surveys

3 Surveys returned 67% satisfaction rating 9-10 33% not rated 100% would recommend PC services



Challenge/Need Addressed

- Our intense QAPI program performance measures set a high bar of expectations. We look at the below statistics as evidence of program efficiency:
 - Patients dying in the hospital: < 10%
 - $\,\circ\,$ Transfers to hospice within 30 days of admission: 15%
 - o POLST in place: >95%
 - % patients hospitalized within 30 days of admission: 5%
 - Overall satisfaction: >90%



Innovation Contribution

- Utilizing a 360° Quality Assurance & Performance Improvement Plan with intense monitoring and auditing
- Further in-servicing to staff is centered around meeting/exceeding our quality goals
- Allows us to base our SB 1004 Palliative Care services to seriously-ill adult Medi-Cal enrollees on data-driven outcomes



Innovation Partners

External Partners

- Community Physicians
- Health Plan
- Medical Group C-Suite executives
- Hospital Discharge Planners/SWs

Internal Partners

- Centralized Referral Center
- Medical Director
- Team Leader, NP, RN, LVN, SW, and SC
- Sales/Marketing Team
- After-hours/Weekend Call Center & Triage



Innovation Lesson

- As a result of implementing the QAPI program in Palliative Care, we found ourselves better equipped to promote the Palliative Care program and philosophy to other paying partners.
- It is very important to have a measuring mechanism in place to objectively demonstrate your successes.



Innovation Takeaway

We believe we are at our best when we are consistent in following our Roze Room 7 Cs.



BREAK

The convening will resume at 10:40