



Many Say California Reopening Too Quickly, Worry Cases Will Increase

It's been a month since most California counties began reopening after sheltering in place, and 43% of residents think the rules are being relaxed "too quickly," according to the latest tracking poll from CHCF and survey firm Ipsos.

Thirty-five percent say the pace is "just right," and 21% think the order is being relaxed "too slowly" (see Figure 1, page 2). Responses varied significantly along ideological and socioeconomic lines. Sixty percent of people who identify as "liberal" say the pace is too fast compared to 23% of those who identify as "conservative." Forty-three percent of conservative Californians say the pace is too slow.

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One-half of Californians with low incomes say the shelter-in-place order is being relaxed too quickly.

Two-thirds of Californians are worried that COVID-19 infections will increase as local shelter-in-place orders are relaxed (see Figure 2, page 2). Differences along ideological lines are particularly pronounced, with 53% of liberals saying they are "very worried" compared to 19% of conservatives.

Two-thirds of Californians are worried that COVID-19 infections will increase as local shelter-in-place orders are relaxed.

More than three-quarters of state residents would support a new shelter-in-place order in their county if health officials determined COVID-19 cases were rising to a dangerous level (see Figure 3, page 3). More than twice as many liberals (69%) would strongly support a new shelter-in-place order as conservatives (33%).

COVID-19 Tracking Poll Series

To help Californians and state policymakers understand evolving demands on the state's health care system during the COVID-19 pandemic, CHCF is working with survey firms on two fronts. CHCF and global survey firm **Ipsos** are assessing residents' desire for COVID-19 testing and their access to health care services. CHCF and **Truth on Call**, a physician market-research firm, are surveying different types of health care providers about availability of testing, personal protective equipment, and their experience in California's health care delivery system.

Download the charts and data for your own presentations and analyses. **Get all the results** from CHCF's surveys of California's health care providers and the general public in this collection.

Figure 1. Opinion About Whether Shelter-in-Place Order Relaxed Too Quickly, All Californians Compared to Subgroups, June 19

In your opinion, is the shelter-in-place order in California being relaxed too quickly, at just about the right pace, or too slowly?

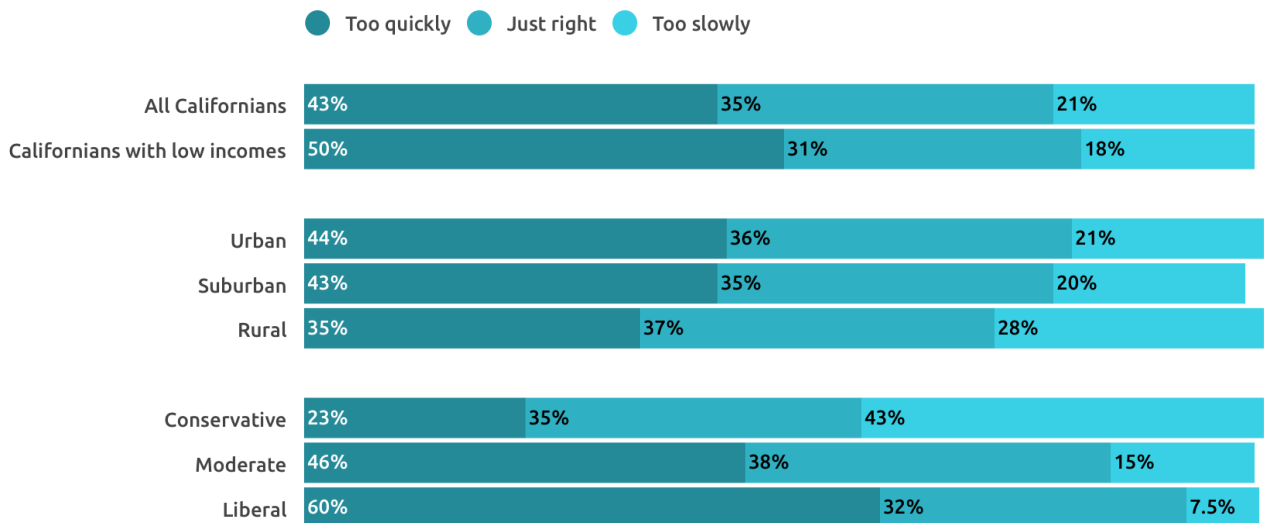
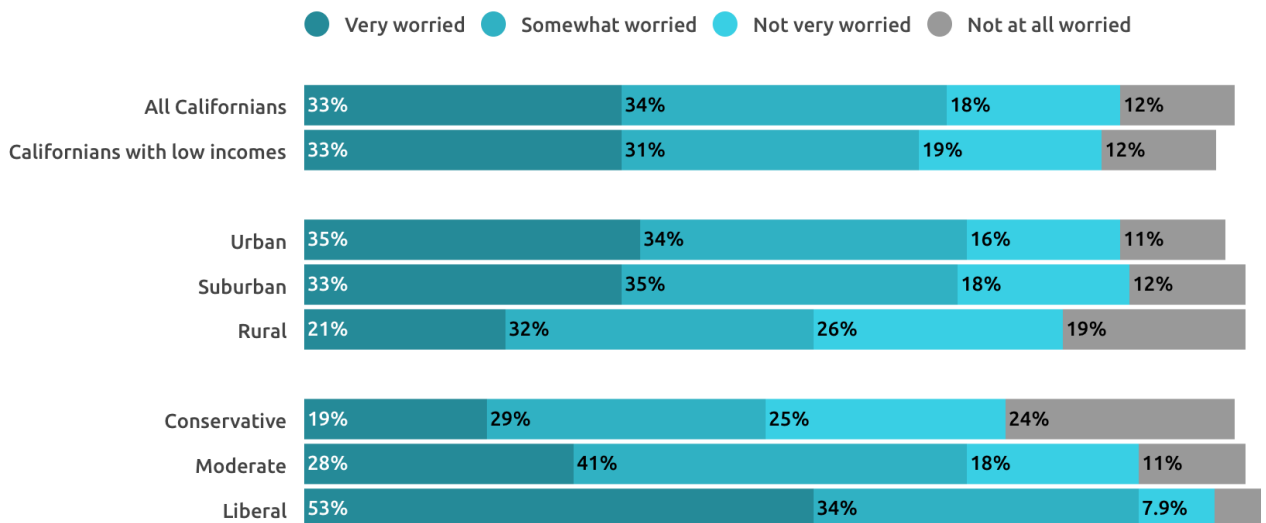


Figure 2. Level of Worry About Increase in Number of COVID-19 Infections, All Californians Compared to Subgroups, June 19

How worried are you, if at all, about the possibility that the number of COVID-19 infections would increase as shelter-in-place orders are relaxed?



FIGURES 1 AND 2:

Notes: The margin of error is ± 3.1 percentage points. Low income is defined as at or below 138% of the federal poverty guidelines (PDF). Figures may not sum due to rounding.

Source: CHCF/Ipsos survey of California residents age 18 and older.

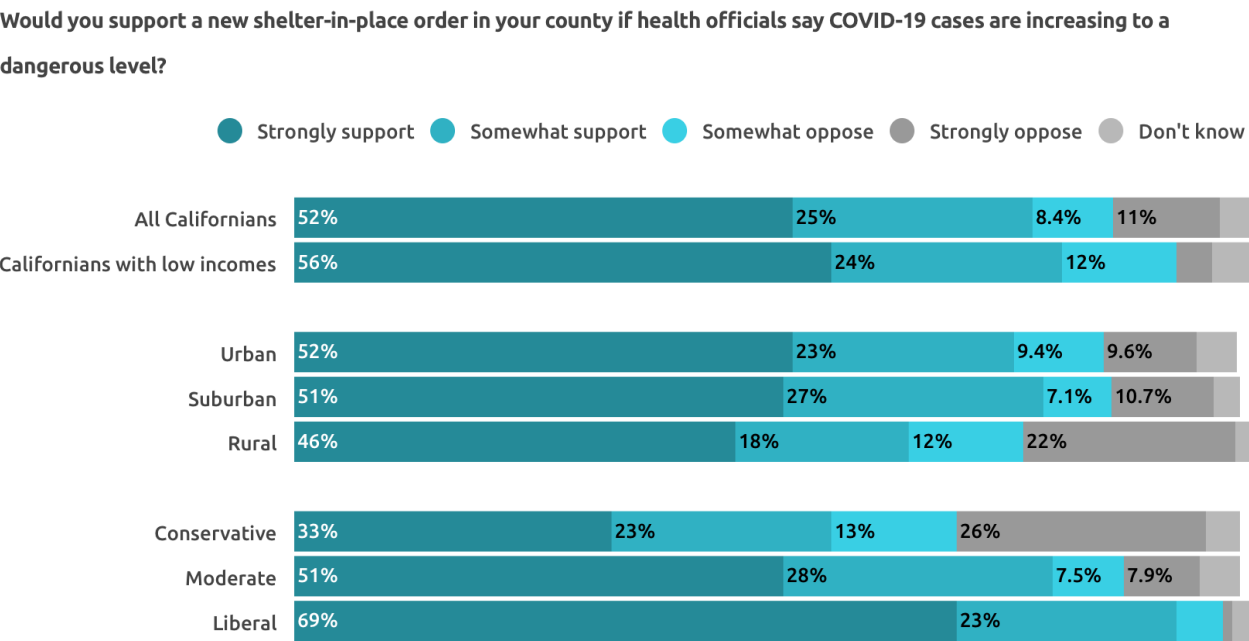
More than three-quarters of state residents would support a new shelter-in-place order in their county if health officials determined COVID-19 cases were rising to a dangerous level.

Californians were asked how soon they think they would resume certain activities “assuming the COVID-19 pandemic unfolds as you expect” (see Figure 4, page 4). Twenty-eight percent say they already are visiting friends and relatives without staying six feet apart, and 22% expect to do that this summer. Twenty-six percent say they will do so in the next 3 to 12 months.

Thirty percent say they are already going to the dentist for a routine cleaning or expect to do so this summer. Likewise, 39% of Californians have already visited or expect soon to visit a doctor’s office for a nonurgent appointment.

A significant segment of Californians believes it will take much longer to resume other activities, while many express uncertainty about timing. Fourteen percent say they won’t use public transportation for at least a year, and 19% say they will never use it again. (The survey did not ask how many had never used public transportation in the past.) Sixteen percent say they will not visit family members or friends in a nursing home for the next year or more, and 8% say they never will again. A significant percentage of people don’t know when they will resume either activity.

Figure 3. Level of Support for New Shelter-in-Place Order, All Californians Compared to Subgroups, June 19



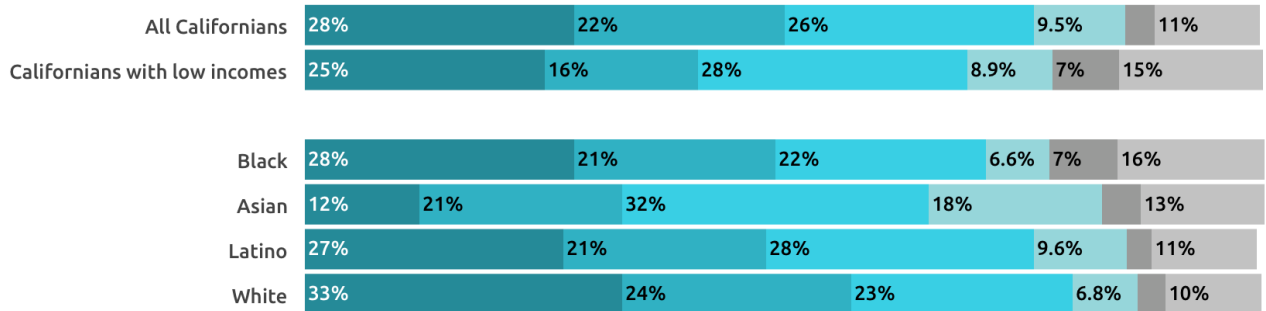
Notes: The margin of error is +/-3.1 percentage points. Low income is defined as at or below 138% of the federal poverty guidelines (PDF). Figures may not sum due to rounding.
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Figure 4. Expectations as the COVID-19 Pandemic Unfolds, All Californians Compared to Subgroups, June 19

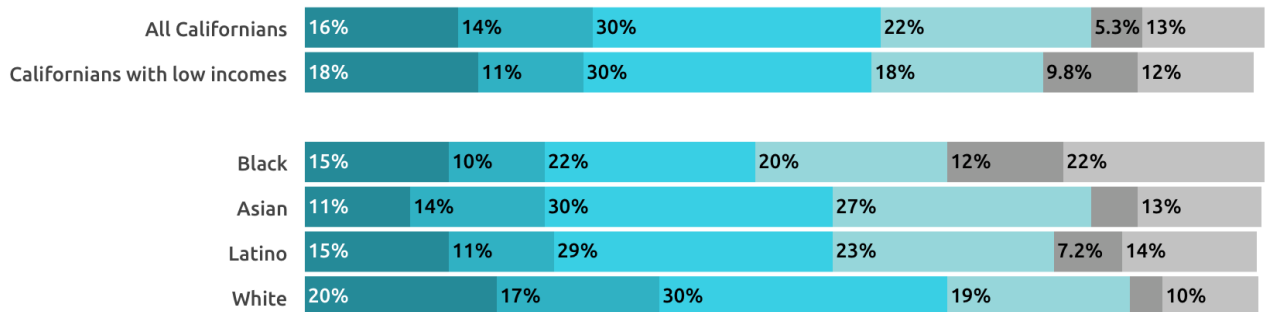
Assuming the COVID-19 pandemic unfolds as you expect, how soon do you expect to ...



VISIT FRIENDS AND RELATIVES WITHOUT STAYING SIX FEET APART?



VISIT A DENTIST'S OFFICE FOR A ROUTINE CLEANING?



VISIT A DOCTOR'S OFFICE FOR A NONURGENT APPOINTMENT?

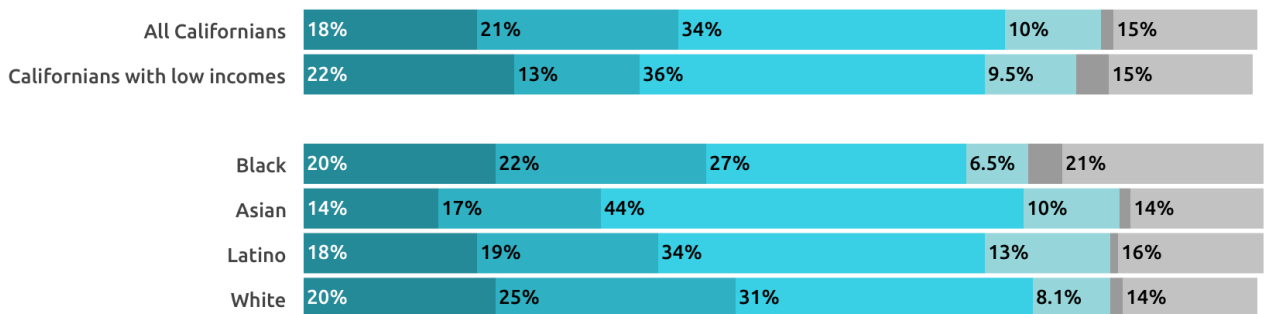
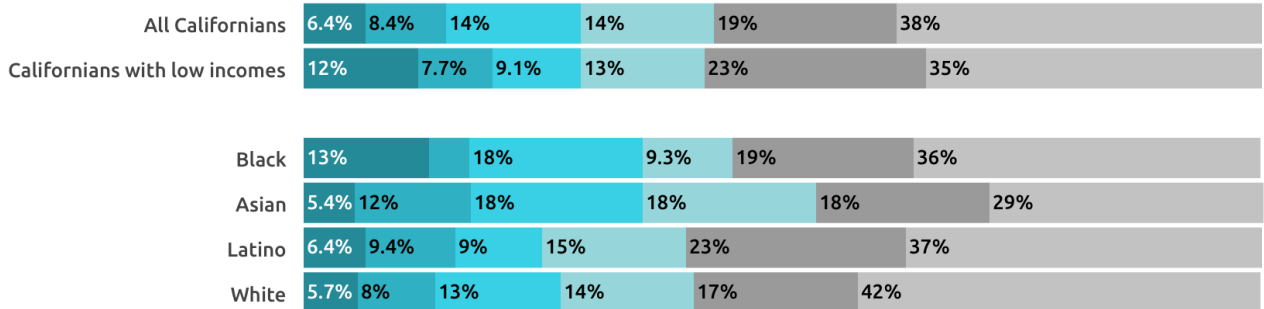


Figure 4. Expectations as the COVID-19 Pandemic Unfolds, All Californians Compared to Subgroups, June 19, *continued*

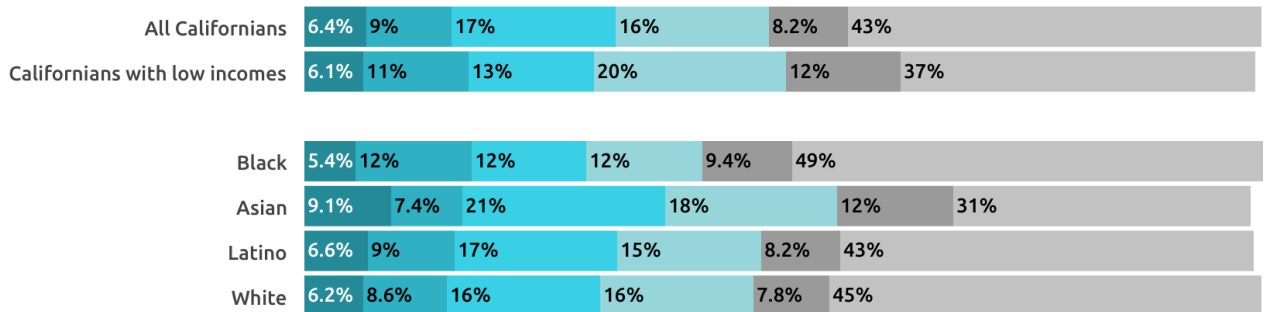
Assuming the COVID-19 pandemic unfolds as you expect, how soon do you expect to ...



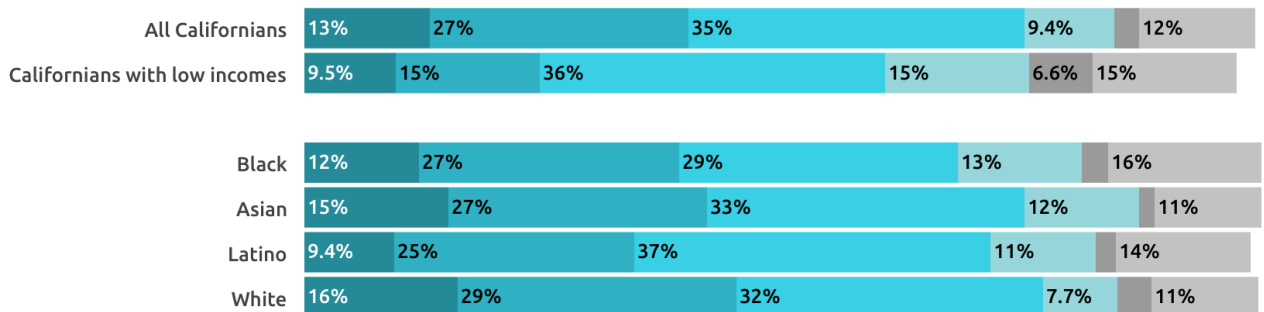
USE PUBLIC TRANSPORTATION?



VISIT ELDERLY RELATIVES OR FRIENDS IN A NURSING HOME?



GO OUT IN PUBLIC WITHOUT ROUTINELY WEARING A MASK?



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Source: CHCF/Ipsos survey of California residents age 18 and older.

Four months into efforts to contain COVID-19, significant majorities of Californians continue to say they follow recommended behaviors to slow the spread of the coronavirus, although compliance for some behaviors has changed since we first asked in April.

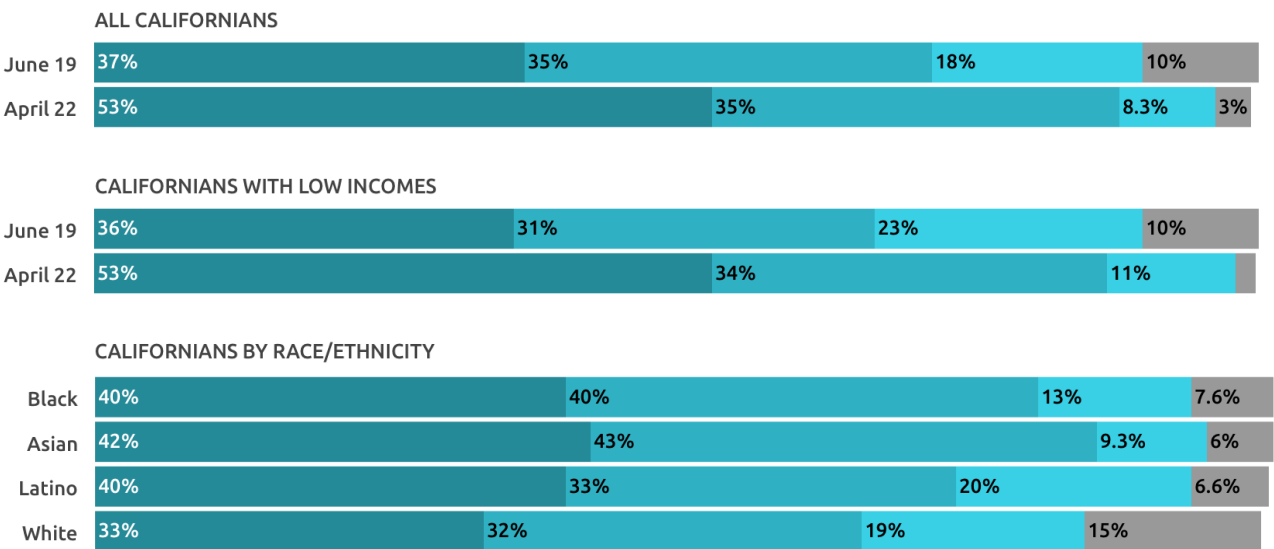
Seventy-two percent say they avoid unnecessary trips out of the home “all” or “most of the time,” about 16 percentage points lower than when we first asked two months ago (see Figure 5).

Figure 5. Frequency of Doing Various Tasks, All Californians Compared to Subgroups, by Survey Date

In the last seven days, how often did you do the following:

● All of the time ● Most of the time ● Some of the time ● None of the time

AVOID ALL UNNECESSARY TRIPS OUTSIDE OF YOUR HOME?



WEAR A MASK IN PUBLIC SPACES?

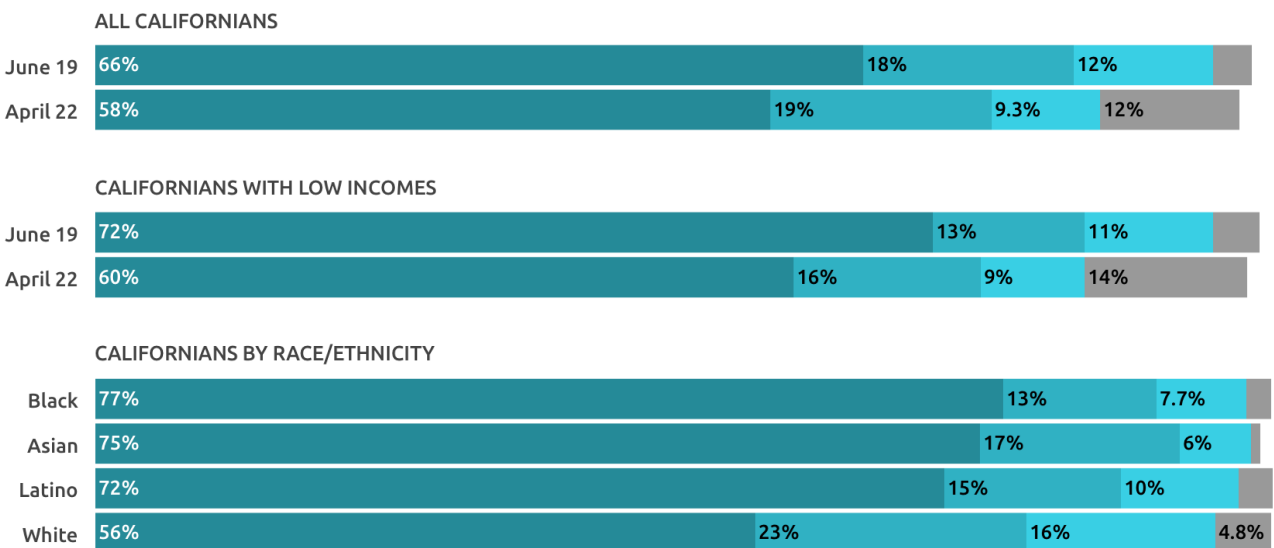
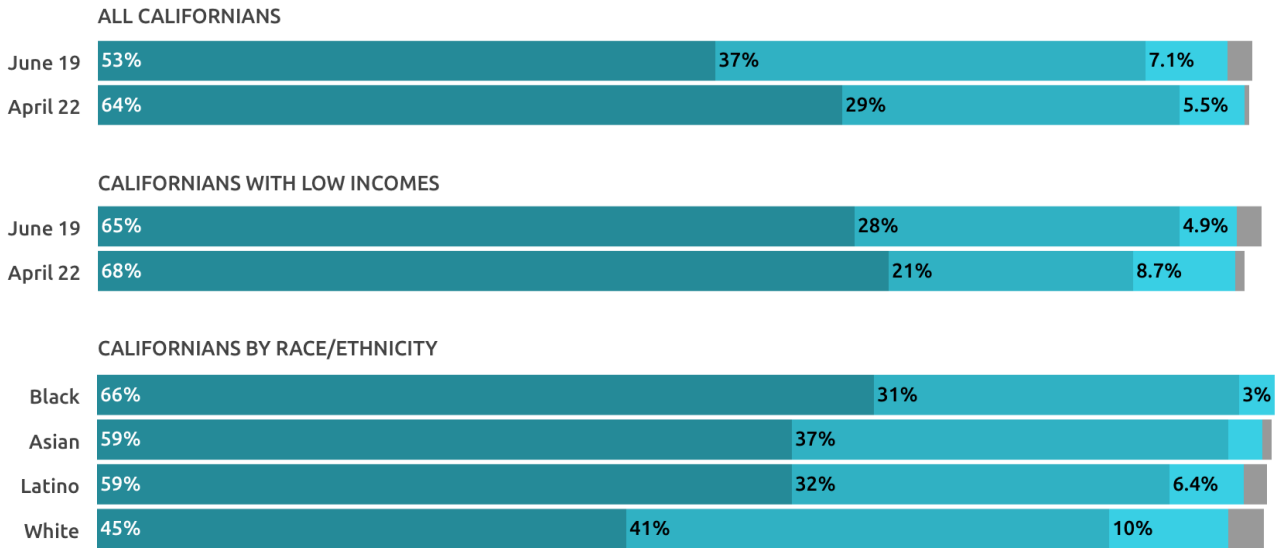


Figure 5. Frequency of Doing Various Tasks, All Californians Compared to Subgroups, by Survey Date, *continued*

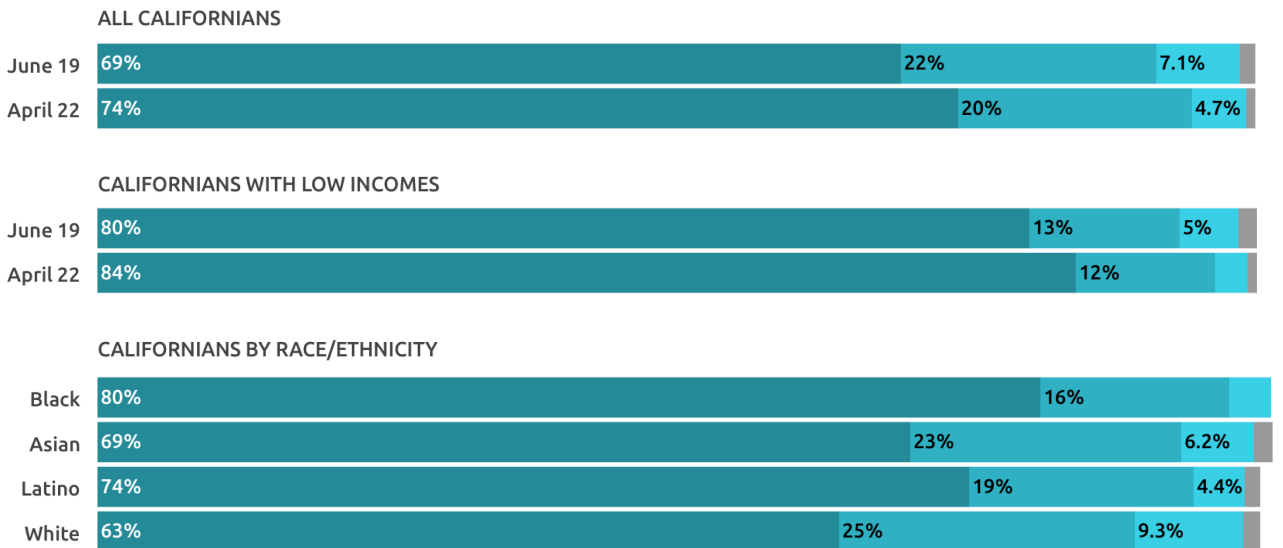
In the last seven days, how often did you do the following:

● All of the time ● Most of the time ● Some of the time ● None of the time

STAY AT LEAST SIX FEET AWAY FROM OTHERS IN PUBLIC SPACES?



WASH YOUR HANDS FREQUENTLY WITH SOAP AND WATER?



Notes: The margin of error is +/-3.1 percentage points. Low income is defined as at or below 138% of the federal poverty guidelines (PDF). Figures may not sum due to rounding.

Source: CHCF/Ipsos survey of California residents age 18 and older.

In regard to other public health behaviors:

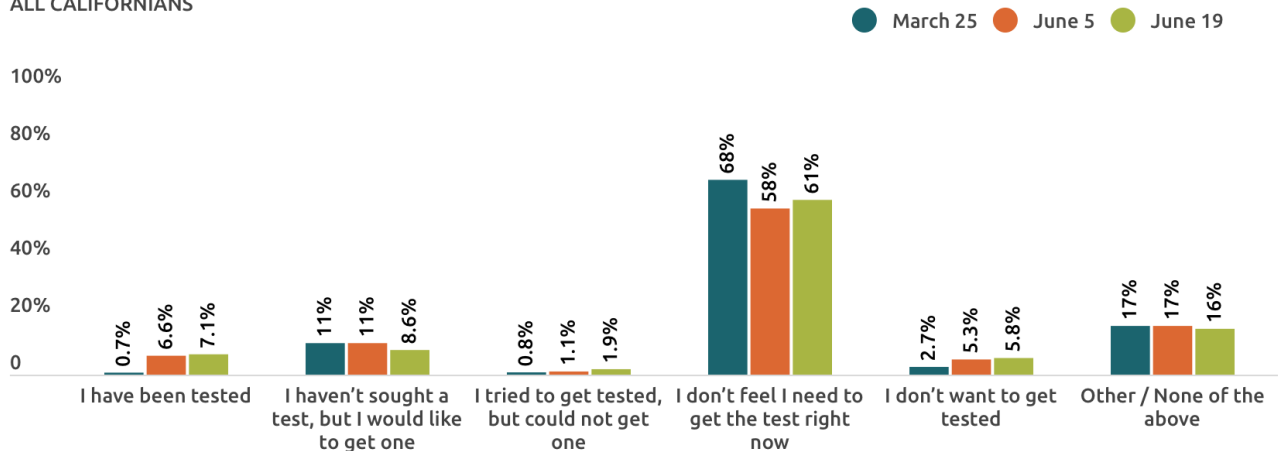
- ▶ 84% of Californians say they routinely wear a mask in public spaces all or most of the time, about seven percentage points higher than in late April.
- ▶ 90% say they stay at least six feet away from others in public spaces all or most of the time.
- ▶ 91% say they frequently wash their hands with soap and water all or most of the time.

Consistent with the poll two weeks ago, 7% of Californians say they have been tested for COVID-19 in the past week, and this week 9% said they would like the test (see Figure 6). As in previous rounds of the tracking poll, the majority of Californians say they don't think they need to get tested, and few Californians report trying and failing to get a COVID-19 test.

Figure 6. Experience with COVID-19 Test, All Californians Compared to Subgroups, by Survey Date

In thinking of the last seven days, what has been your experience with the COVID-19 test?

ALL CALIFORNIANS



CALIFORNIANS WITH LOW INCOMES

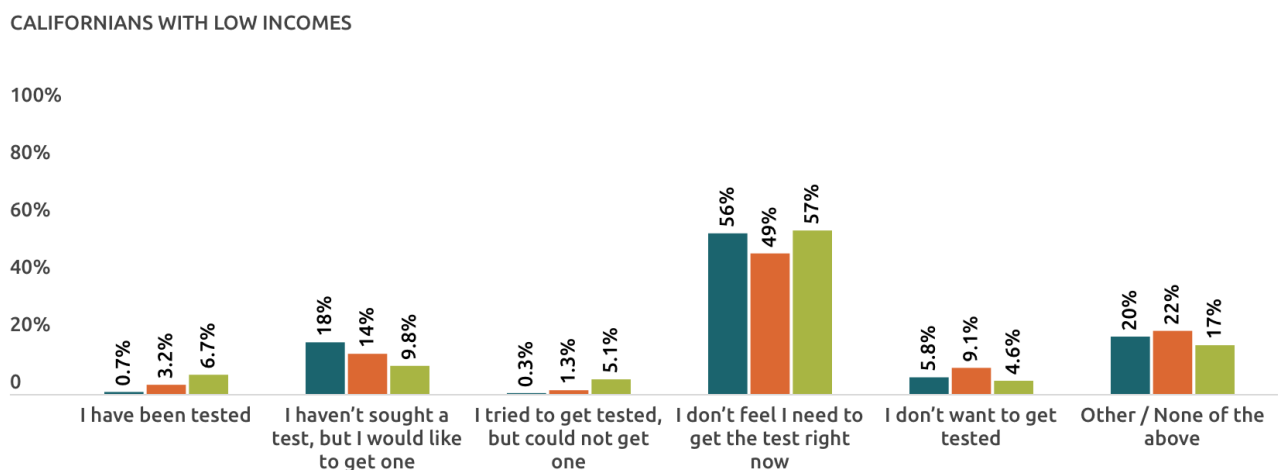
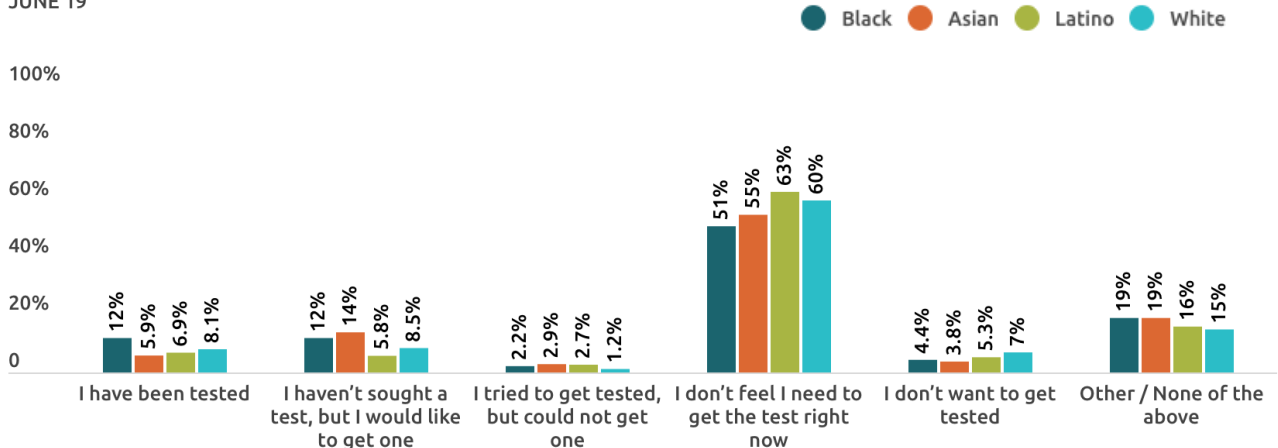


Figure 6. Experience with COVID-19 Test, All Californians Compared to Subgroups, by Survey Date, *continued*

In thinking of the last seven days, what has been your experience with the COVID-19 test?

BY RACE/ETHNICITY
JUNE 19



Notes: The margin of error is +/-3.1 percentage points. Low income is defined as at or below 138% of the federal poverty guidelines (PDF). Figures may not sum due to rounding.

Source: CHCF/Ipsos survey of California residents age 18 and older.

The share of Californians seeing a health care provider in person rose this week to 12% from 9.5% two weeks ago (see Figure 7, page 10). There has been a five-fold increase in the rate of Californians with low incomes who say they had an appointment by phone or video in the last seven days since the first time we asked this question in late March.

Fourteen percent of those who took extra steps to improve their mental health have sought counseling by phone or video, and just over 2% have sought counseling in person.

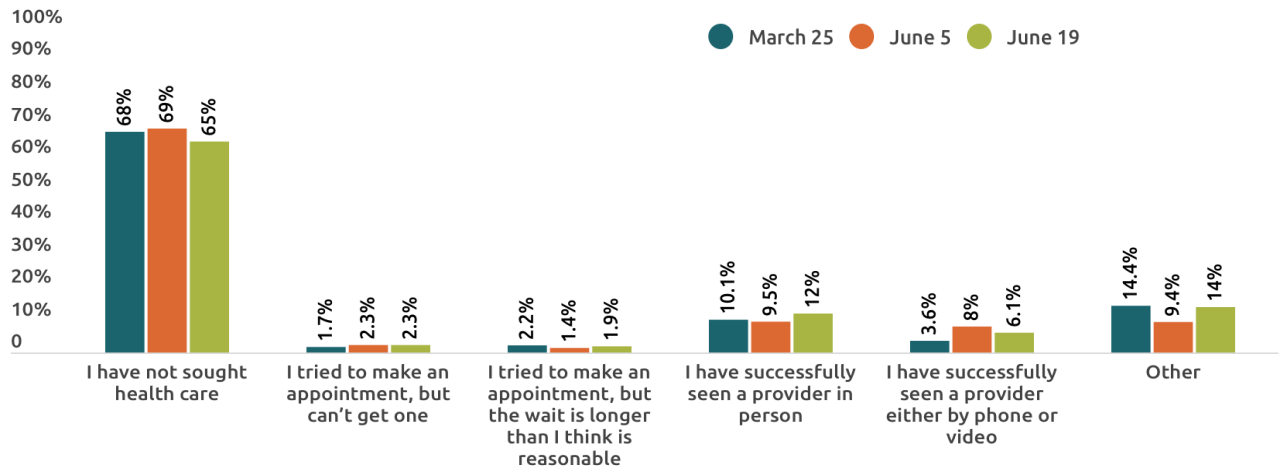
One-third of Californians say they have “taken extra steps to improve their mental health” since the statewide shelter-in-place order began in mid-March (see Figure 8, page 11). More Black and Latino Californians report taking extra steps than other groups. Of those who have taken action, the most common activities are:

- ▶ Exercise: 68% (see Figure 9, page 11)
- ▶ Spending time with family or friends: 57%
- ▶ Religious or spiritual practice: 33%

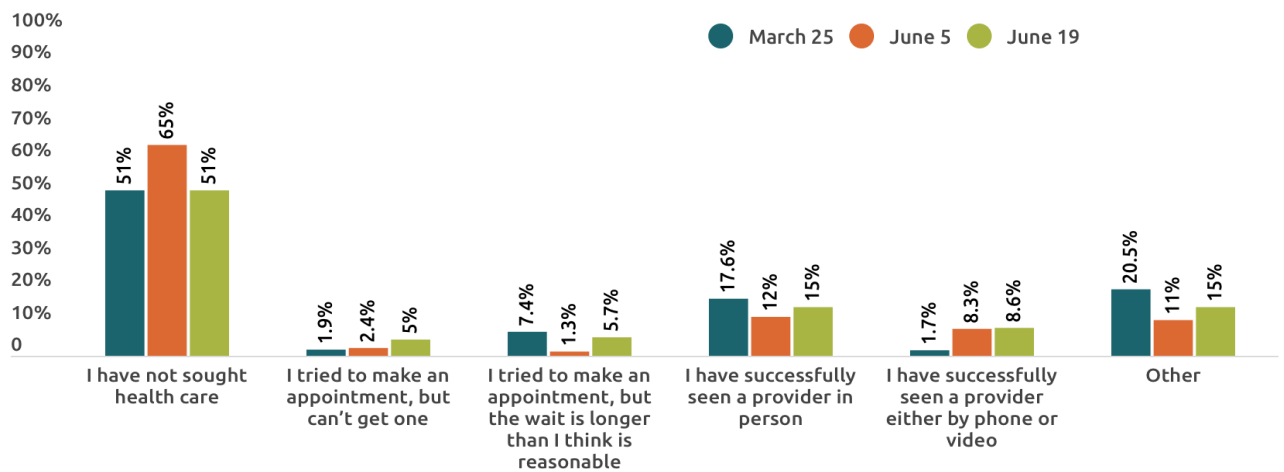
Figure 7. Experience with Overall Health Care, All Californians Compared to Subgroups, by Survey Date

In thinking of the last seven days, what has been your experience with health care overall?

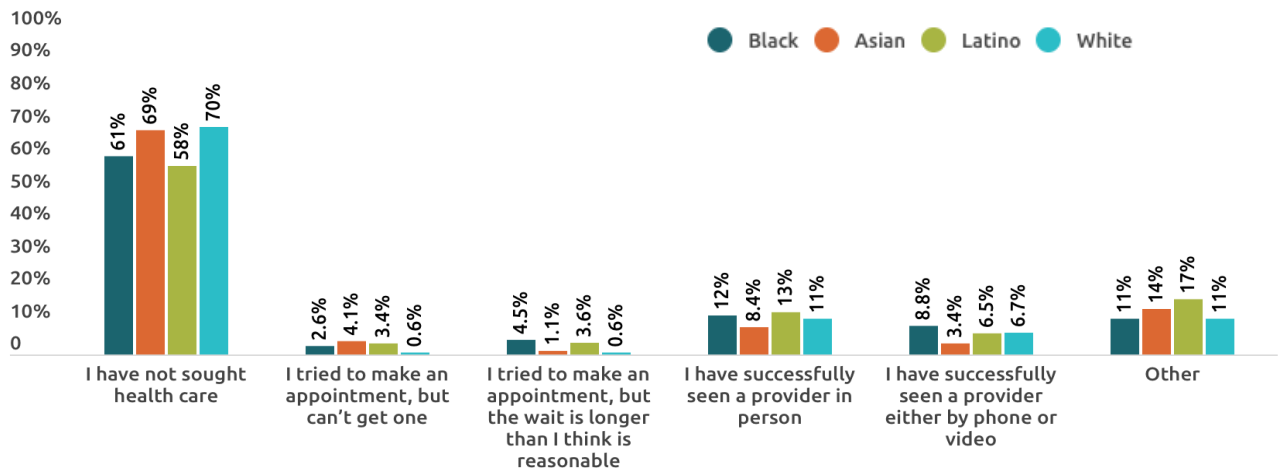
ALL CALIFORNIANS



CALIFORNIANS WITH LOW INCOMES



BY RACE/ETHNICITY, JUNE 19



Notes: The margin of error is +/- 3.1 percentage points. Low income is defined as at or below 138% of the federal poverty guidelines (PDF). Figures may not sum due to rounding.

Source: CHCF/Ipsos survey of California residents age 18 and older.

Figure 8. Extra Steps to Improve Mental Health, All Californians Compared to Subgroups, June 19

Since the shelter-in-place order began in mid-March, have you taken any extra steps to improve your mental health?

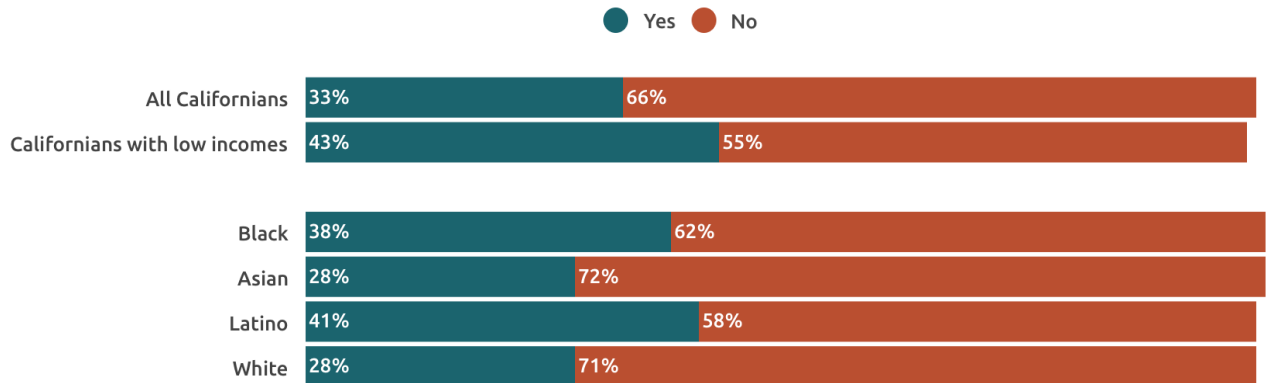
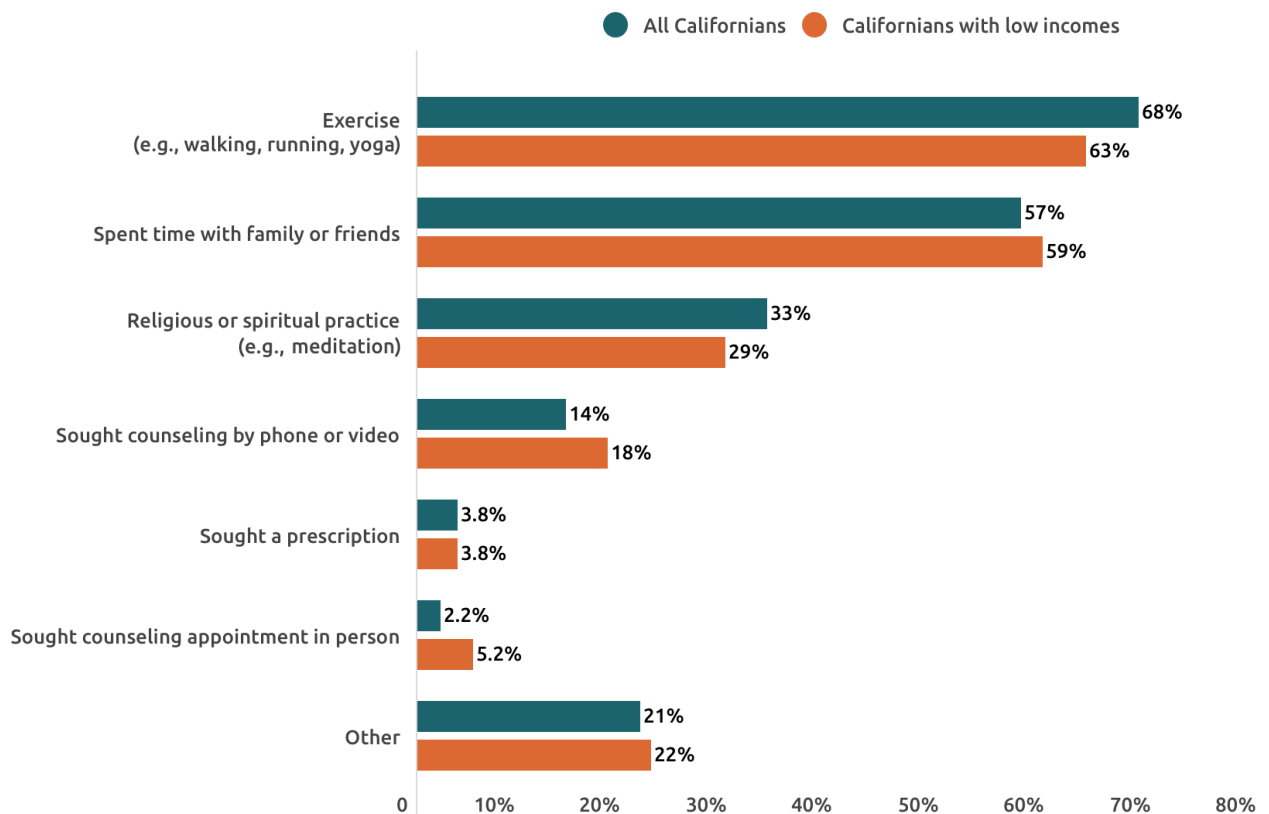


Figure 9. Extra Steps Taken to Improve Mental Health, All Californians Compared to Californians with Low Incomes, June 19

What extra steps have you taken to improve your mental health since shelter-in-place began?



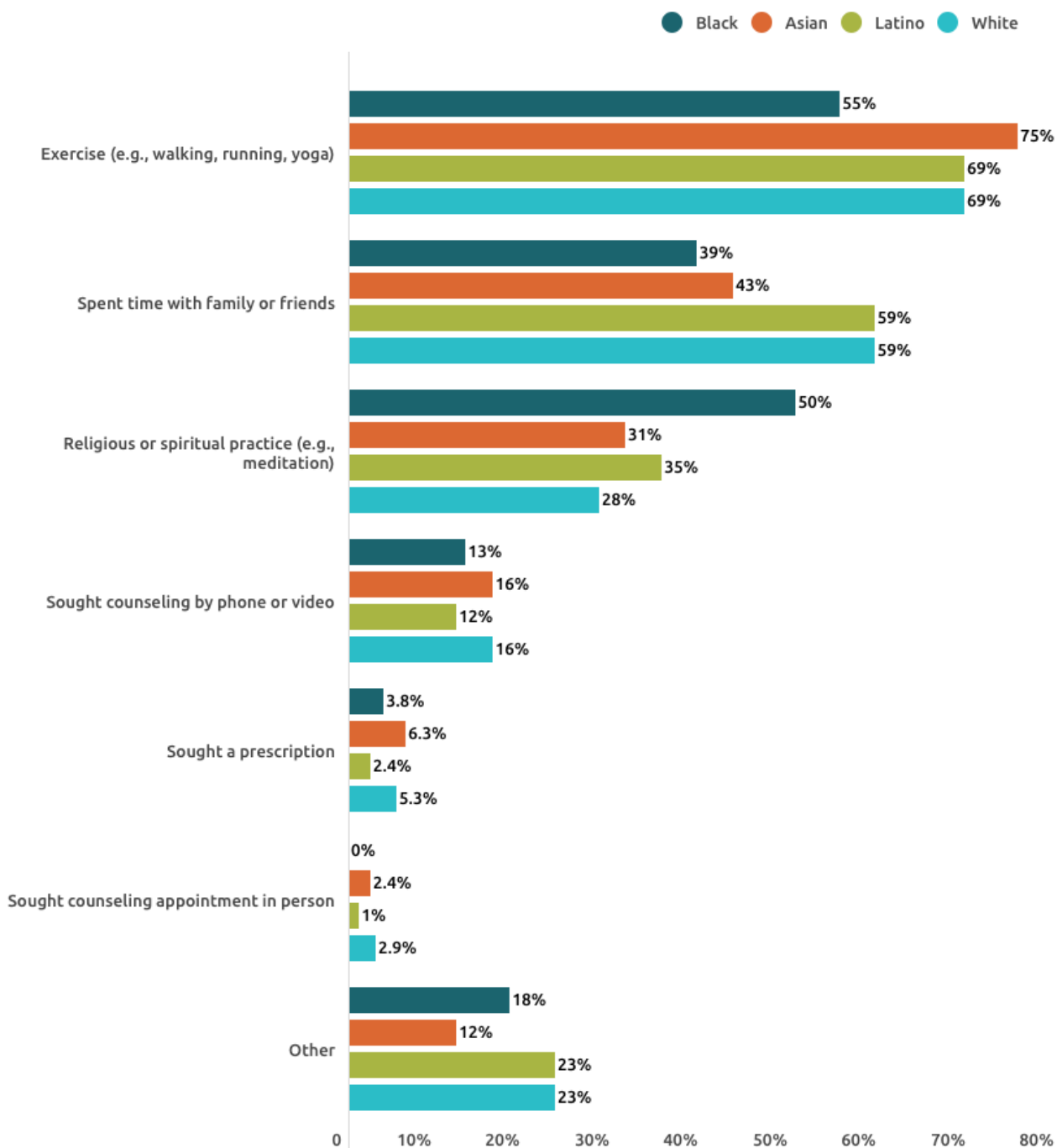
FIGURES 8 AND 9:

Notes: The margin of error is ± 3.1 percentage points. Low income is defined as at or below 138% of the federal poverty guidelines (PDF). Figures may not sum due to rounding.

Source: CHCF/Ipsos survey of California residents age 18 and older.

Figure 10. Extra Steps Taken to Improve Mental Health, All Californians, by Race/Ethnicity, June 19

What extra steps have you taken to improve your mental health since shelter-in-place began?



Notes: The margin of error is ± 3.1 percentage points. Low income is defined as at or below 138% of the federal poverty guidelines (PDF). Figures may not sum due to rounding.

Source: CHCF/Ipsos survey of California residents age 18 and older.

Methodology

This survey was conducted online in Ipsos's Omnibus using the web-enabled "KnowledgePanel," a probability-based panel designed to be representative of the California general population, not just the online population. It was conducted in English. The study consisted of 1,169 representative interviews conducted among California residents who are at least 18 years old between June 12, 2020, and June 16, 2020. The margin of error is +/-3.1 percentage points.

About the Foundation

The California Health Care Foundation is dedicated to advancing meaningful, measurable improvements in the way the health care delivery system provides care to the people of California, particularly those with low incomes and those whose needs are not well served by the status quo. We work to ensure that people have access to the care they need, when they need it, at a price they can afford.

CHCF informs policymakers and industry leaders, invests in ideas and innovations, and connects with changemakers to create a more responsive, patient-centered health care system.

For more information, visit www.chcf.org.