



Behavioral Health Integration in Medi-Cal

Tuesday, February 18, 2020

Speaker Biographies

Kara Carter, MBA, MSc, is senior vice president of strategy and programs at the California Health Care Foundation (CHCF), where she leads strategic and operational activities. In this role, she develops strategies, provides overall guidance, and leads the program teams in the development, execution, and assessment of specific plans to achieve the goals of CHCF.

Prior to joining CHCF, Carter was a partner at McKinsey & Company's San Francisco office, where she helped public sector health and social service systems in the UK, in the US, and globally to improve quality of care while ensuring affordability and broad access. She has worked with payers, providers, government agencies, and physician organizations to design value-based payment programs, new care-delivery models, and a broad range of innovative interventions aimed at improving health and care for low-income individuals and families. Before joining McKinsey, Carter worked for UK-based philanthropic institutions on a broad range of topics related to poverty and community action. She received a master's in social anthropology from the London School of Economics and Political Science, a master's in business administration from London Business School, and a bachelor's degree from the University of Virginia.

Scott Gilman, MSA, CBHE, is the director of Behavioral Health and Recovery Services for San Mateo County Health. The division provides services for children, youth, families, adults, and older adults for the prevention, early intervention, and treatment of mental illness and/or substance use conditions. Services include outpatient, inpatient, residential, rehabilitation, detoxification, medication-assisted treatment, and other services for those eligible for Medi-Cal.

Gilman has over 30 years of health care leadership experience across diverse organizations. Early in his career, he was a licensed clinician providing clinical services to individuals with serious and persistent mental illness, as a case manager, and as a member of an assertive community treatment team. He went on to manage a variety of substance use treatment and prevention programs, including as executive director of Shiawassee (Michigan) Community Mental Health and later as CEO of Network180, the community mental health center for Kent County, Michigan. When Michigan merged all public mental health and substance use disorder funding, Gilman was responsible for joining substance use disorder and mental health services for a six-county region, creating one fully integrated managed care organization.

Gilman received a master's degree in administration from Central Michigan University and earned his bachelor's degree in psychology from Saginaw Valley State University.

Andy Gruchy, LCSW, has 32 years of experience in public behavioral health services, including as deputy director, program manager, clinic supervisor, children's system of care coordinator, and clinical therapist. He currently is deputy director of Community Behavioral Health and Recovery Services for the San Bernardino County Department of Behavioral Health (DBH), where he provides administrative oversight of countywide adult and child outpatient services, consumer-supported clubhouses, field outreach and engagement teams, and homeless and housing services.

Previously, Gruchy was deputy director of adult and juvenile forensic programs and substance use disorders treatment programs, where he provided administrative oversight of countywide forensic and substance use disorders services. He played a key role in developing crisis services, including the community crisis response teams, the 24-hour crisis walk-in centers and crisis stabilization units, and crisis residential treatment programs for DBH. Gruchy holds a master's degree in social work from the University of Southern California, and a bachelor of arts degree in psychology from California State University, Fullerton.

Allison Hamblin, MSPH, is president and CEO at the Center for Health Care Strategies (CHCS), a nationally recognized nonprofit health policy resource center committed to improving health care delivery for low-income populations. In this role, she is responsible for the overall strategy and management of the organization, which is supported by the nation's leading health care philanthropies, corporate community benefit programs, states, and the federal government. She oversees the national portfolio for CHCS, including Medicaid leadership and capacity-building activities; delivery system and payment reform efforts to promote accountable care and improve population health; and projects focused on advancing effective care models for low-income people with complex medical, behavioral health, and social needs.

Prior to her appointment as CEO in 2019, Hamblin served as senior vice president responsible for program development, strategic planning, and financial management at CHCS. For more than a decade there, Hamblin has worked directly with state Medicaid, federal, health plan, and provider stakeholders across the nation to develop and test new solutions for enhancing care delivery for populations with complex needs. In particular, she has substantial expertise in the areas of physical and behavioral health integration, alternative payment and delivery models for people with complex needs, innovative financing strategies to support social service investments, and return on investment. Before joining CHCS in 2006, Hamblin worked at Apex Partners, Inc. and Goldman Sachs & Co. She holds a master's degree in public health from the

University of North Carolina at Chapel Hill, and she graduated summa cum laude from Duke University with a bachelor's degree in biology.

Margaret Kisliuk, JD, MPP, is behavioral health administrator for Partnership HealthPlan of California (PHC). She oversees the mental health benefit for all PHC members (through contracts with Beacon Health Options and Kaiser) and is developing the addiction services benefit for PHC. Immediately prior to this role, she was executive director for the northern region of PHC, encompassing seven northern rural counties, where she administered the start-up of Medi-Cal managed care.

Kisliuk has extensive experience in the public health care system, including holding administrative positions with both San Francisco and Marin Counties as well as working with the New York City Medicaid MetroPlus Health Plan. She holds a JD from UC Berkeley School of Law, and a master's degree in public policy from the Harvard Kennedy School.

Louise F. Rogers, MPA, is chief of San Mateo County Health, leading a department with more than 2,000 employees and an \$830 million annual budget. Rogers first came to the department in 2002, and among other roles there, has served as director of Behavioral Health and Recovery Services Division. She has led several major transformation efforts both locally and as part of statewide initiatives, including benefit and eligibility expansion and integration of mental health, addiction, wellness, and primary care services. She represents the department in statewide associations and serves on the UCSF Depression Center Advisory Board as well as the San Mateo County First Five Commission.

Before joining San Mateo County Health, she held leadership positions in public and nonprofit behavioral health and health care organizations in San Francisco and New York. Rogers received a master's degree in public administration from Golden Gate University, and a bachelor's degree in philosophy from Yale University.

Catherine Teare, MPP, is associate director of High-Value Care at CHCF, where she manages a portfolio of work on behavioral health, with a particular focus on integration of physical and behavioral health care and behavioral health policy and financing in Medi-Cal.

Before joining the foundation in 2011, Teare worked as a consultant for safety-net health care providers, foundations, and local government, providing research and policy analysis in the areas of health care financing and delivery, public and private health insurance programs for children, adolescent health, reproductive health, HIV, and youth development. She also worked as director of policy for Children Now and as a health policy analyst for the National Center for

Youth Law. She received a master's degree in public policy from UC Berkeley, and a bachelor's degree in philosophy from Yale University.

Takashi Wada, MD, MPH, joined Inland Empire Health Plan (IEHP) in July 2019 and currently serves as vice president of population health. In this capacity, he oversees the departments of care management, behavioral health, community health, health education, and practice transformation. Before he joined IEHP, Wada had served as chief medical officer / deputy chief medical officer for CenCal Health since January 2017.

Prior to joining CenCal Health, Wada was the director and health officer for Santa Barbara County for over six years and was responsible for providing overall direction for the Public Health Department, including two years overseeing the County Behavioral Health Department. Wada has also served as director and health officer for the Pasadena Public Health Department, worked as a board-certified family medicine physician at community clinics in Southern California with a focus on care for the uninsured and homeless, and provided medical care in Mexico and South America. Wada received his graduate medical education at Kaiser Permanente Los Angeles, medical degree and master's degree in public health from UCLA, and his undergraduate degree at UC Riverside.

Alice Washington is an associate at the California Institute for Behavioral Health Solutions. In 2017, Washington started a blog called "Just Saying . . . All About That Hope," where she highlights stories of lived experience associated with mental health, substance use, physical health, and integrated care.

Washington holds a bachelor of arts degree in sociology from Stanford University. She has also received a train-the-trainer certificate from California State University, Sacramento.