

The New York Times

HEALTH

Palliative Care Extends Life, Study Finds

By DONALD G. McNEIL Jr. AUG. 18, 2010

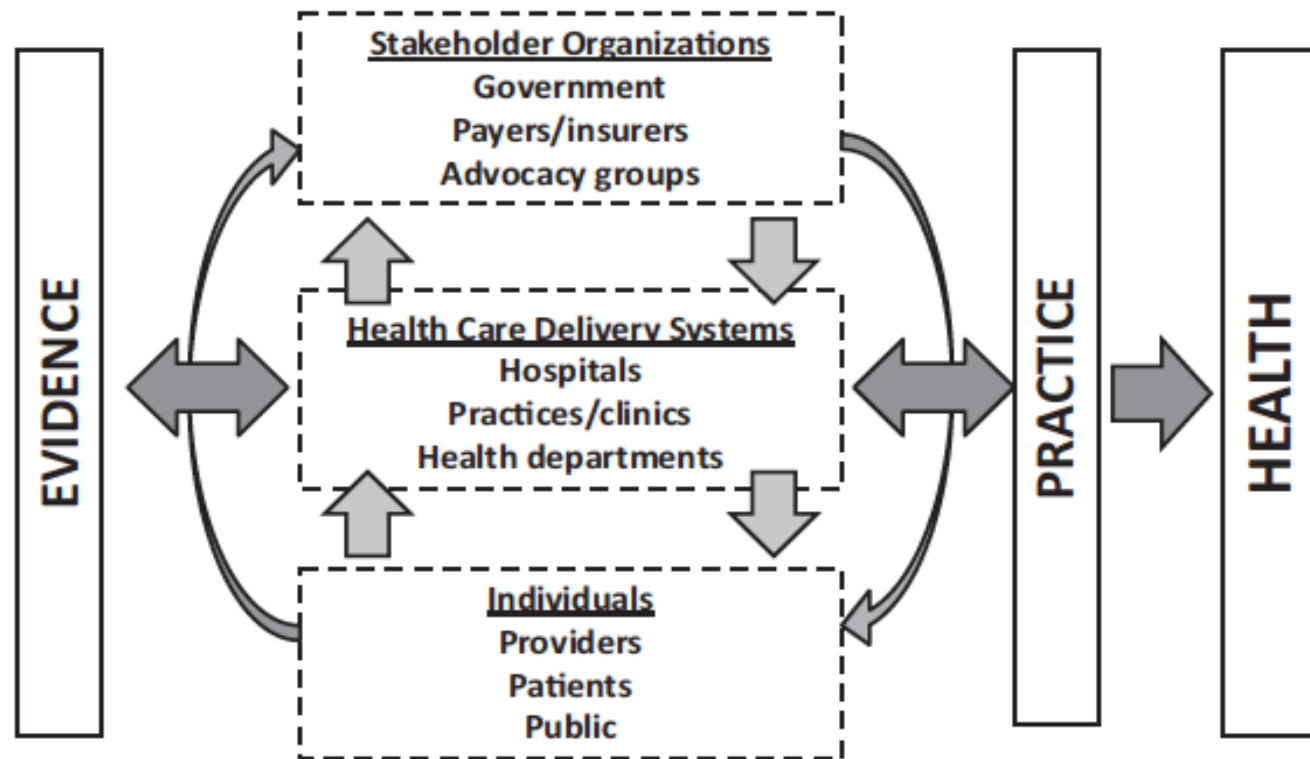


In a study that sheds new light on the effects of end-of-life care, doctors have found that patients with terminal lung [cancer](#) who began receiving palliative care immediately upon diagnosis not only were happier, more mobile and in less pain as the end neared — but they also lived nearly three months longer.

What's in our
**Secret
Sauce?**



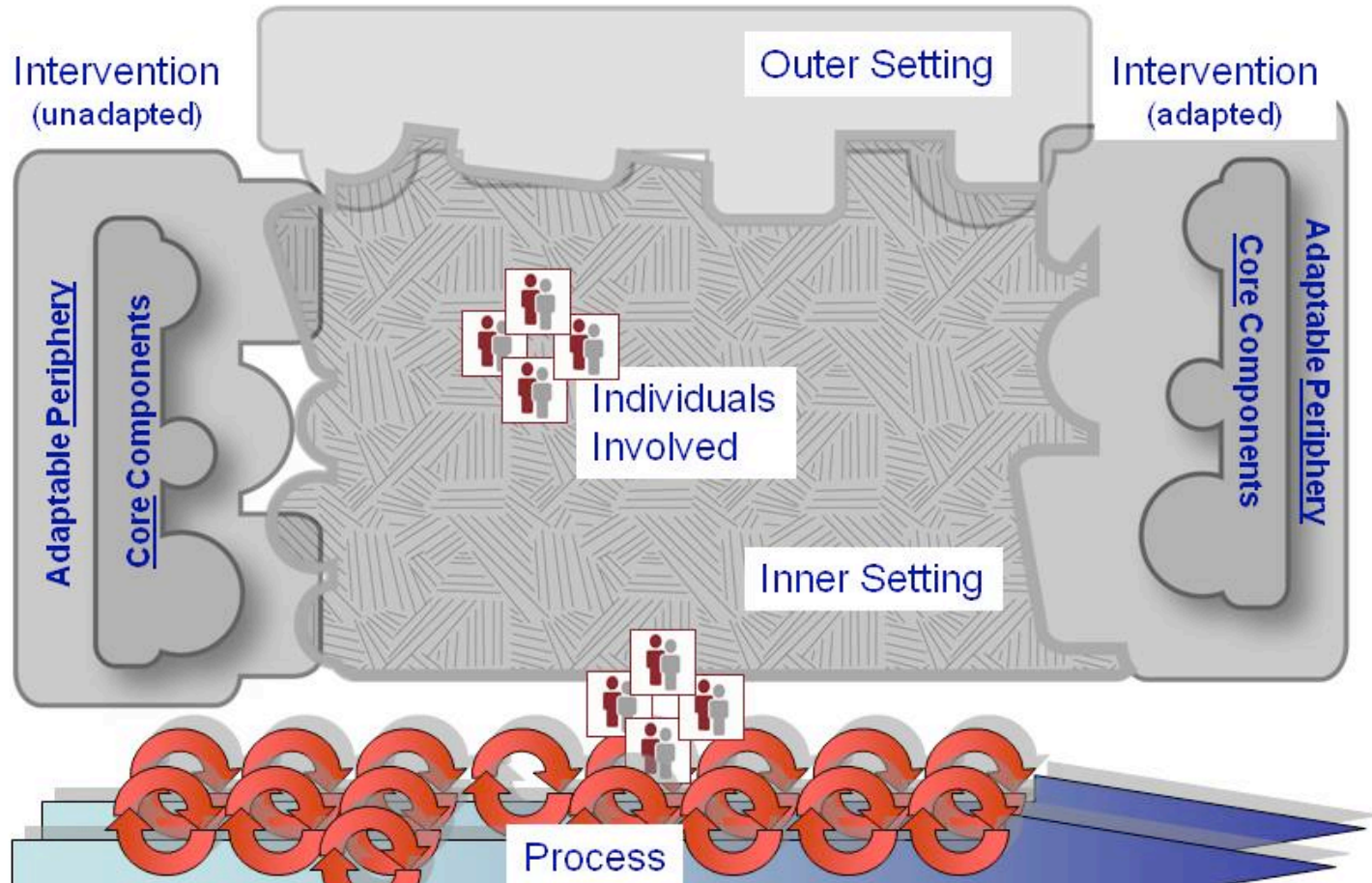
Translating Evidence into Practice, Policy, & Health Improvements



Multilevel Multicomponent Interventions



Tailoring Interventions to a New Context



Consolidated Framework for Implementation Research (CFIR)

Themes:

Enduring Multilevel Multicomponent Interventions

- Engage community partners in intervention development
- Design components at different levels that promote and reinforce one another
- Ongoing monitoring, midcourse corrections, stakeholder engagement
- Sustain interventions by integrating processes into existing systems

Gittelsohn J, et al. Challenges and Lessons Learned from Multi-Level Multi-Component Interventions to Prevent and Reduce Childhood Obesity. *Int J Environ Res Public Health*. 2018 Dec 24;16(1).