

Survey of California Adults on Serious Illness and End-of-Life Conducted for the California Health Care Foundation

N = 2,588 California adults 18 and older

Fielded June 6 through July 2, 2019

Margin of sampling error: ± 3.1 percentage points

All numbers are percentages

DK/REF are people who skipped the question (“don’t know” or “refused”)

Numbers may not add to 100% due to rounding

Where 2011 data are noted, the source is [“Final Chapter: Californians’ Attitudes and Experiences with Death and Dying,”](#) California Health Care Foundation, 2012.

1. Let’s say you had a question about your health. Where would you go to find answers? Select any that apply. RANDOMIZE UP TO OTHER

Family member.....	32
Friend	15
Doctor.....	83
Neighbor	1
Co-worker.....	4
Employer / Employee Assistance Program	3
Insurance company.....	5
Internet / Google.....	53
Place of worship	1
Other (SPECIFY: _____).....	2
DK/REF.....	1

2. Do you have one person you think of as your main doctor or health care provider?

(A "health care provider" could be a doctor, nurse practitioner, physician's assistant, or other type of provider.)

Yes80
 No.....19
 DK/REF.....0

Have you ever felt judged or treated differently by a health care provider ...
 RANDOMIZE

	Yes	No	DK/REF
3. Because of your race or ethnicity?	7	92	1
4. Because of your language?	5	94	2
5. Because of your income?	8	90	2
6. Because of the type of insurance you have?	12	86	2
7. Because of being uninsured?	9	90	2

Have you ever felt like you could not get health care services you needed...
 RANDOMIZE SAME ORDER AS ABOVE

	Yes	No	DK/REF
8. Because of your race or ethnicity?	4	95	2
9. Because of your language?	4	94	2
10. Because of your income?	19	80	1
11. Because of the type of insurance you have?	21	77	1
12. Because of being uninsured?	17	81	1

13. Do you wish your health care providers knew how much you can afford when it comes to your health and health care?

Yes36
 No.....28
 I'm not sure.....32
 I don't have a doctor or provider3
 REF0

14. In general, how much do you trust your health care providers to act in your best interest?

A lot.....	40
Some	45
Not too much	9
Not at all.....	3
I don't have a doctor or provider	3
DK/REF	1

15. Would you say that in general your health is... 2019 2011

Excellent	11	16
Very good.....	36	39
Good	36	32
Fair.....	14	11
Poor	3	2
DK/REF	0	1

16. Has a doctor ever told you that you have any of these medical issues?
RANDOMIZE A-L ¹

	Year	Yes	No	DK /REF
a. Emphysema or Chronic Obstructive Pulmonary Disease (COPD)	2019	2	96	2
b. Heart failure	2019	3	96	2
c. Cancer	2019	5	93	2
	2011	5	90	4
d. A stroke	2019	2	96	2
	2011	2	94	4
e. HIV/AIDS	2019	1	97	2
f. Cirrhosis or late-stage liver disease	2019	1	98	1
g. Chronic or end-stage kidney disease	2019	1	97	1
h. Hypertension or high blood pressure	2019	26	73	1
	2011	24	73	3
i. Diabetes or high blood sugar	2019	14	85	1
	2011	12	85	3
j. Depression	2019	18	80	1
	2011	16	80	4
k. An anxiety disorder	2019	13	85	2
	2011	11	85	4
l. Bipolar disorder	2019	3	96	2
m. Another serious illness (Specify: _____)	2019	8	69	23
	2011	8	85	7

¹ 2011 survey did not include these options: COPD, heart failure, HIV/AIDS, cirrhosis or late-stage liver disease, chronic or end-stage kidney disease, and bipolar disorder.

IF YES TO A-G, OR M ABOVE = HAS SERIOUS ILLNESS. ALL OTHERS SKIP TO Q40 INTRO.

The next questions are about dealing with INSERT RESPONSES FROM A-G. IF ONLY M: your illness. IF A-G AND M: INSERT RESPONSE FROM A-G and your other illness(es).

Some people with a serious illness get extra help. This type of help is on top of regular medical care. It could be help with things like dealing with side effects or pain, dealing with stress and other hard feelings, figuring out how to live better with your illness, or finding out what services you might qualify for.

17. Would you want this type of help to deal with your illness(es)? N = 588

Definitely yes	38
Probably yes	40
Probably not	19
Definitely not	4
DK/REF	0

18. Do you already get this type of help? N = 588

Yes	41
No	44
I'm not sure	13
REF	1

19. How prepared do you feel to deal with your illness(es) if it gets worse in the future?

By prepared, we mean you know what is going on, you can plan for what is coming, and you feel ready. N = 588

Very prepared.....	17
Somewhat prepared.....	63
Not too prepared	17
Not at all prepared	3
DK/REF	1

Have any of your health care providers ... RANDOMIZE. N = 588

	Yes	No	Not sure/ don't rem.	REF
20. Asked you what is most important for you as you live your life with your illness(es)?	36	48	14	1
21. Talked with you about how to make your life better as you live with your illness(es)?	58	30	11	1
22. Talked with you about any fear, stress, or sadness you may be feeling?	35	51	13	1
23. Talked with you about what to expect if your illness(es) gets worse?	49	39	10	1
24. Talked with you about both the good and bad things that could happen with your treatment(s)?	65	26	8	1

25. Have your health care providers done everything they can to help with pain or side effects from your illness(es) or treatment(s)? N = 588

Yes..... 45
 No 17
 I'm not sure 15
 Does not apply / I don't have pain or side effects 23
 REF 0

26. How much information do you want from your health care provider: ROTATE
 N = 588

As much info as possible about what I can expect now and
 in my future 86
 Just enough info to get me through day by day 13
 DK/REF..... 0

How helpful would this be for you as you deal with your illness(es)? RANDOMIZE.
 N = 588

	Very helpful	Smwt. helpful	Not too helpful	Not at all helpful	I don't need this	DK/REF
27. Getting medical care	53	19	5	2	20	2
28. Getting mental health care from a therapist or doctor	22	20	13	6	37	2
29. Getting spiritual support or counseling	18	20	9	7	44	2
30. Getting help with sadness, stress, or other hard feelings	27	23	10	6	32	2
31. Getting pills or medication sent to your home	39	20	9	3	27	2
32. Getting help with transportation	22	17	10	3	46	2
33. Getting help around the house with chores, like cleaning and making meals	27	15	14	5	39	1
34. Getting financial help to pay bills and make ends meet	34	18	7	3	35	2
35. Having better or more affordable housing	27	11	11	5	44	1
36. Getting help with pain or other side effects from your illness or treatment	41	22	6	3	27	2
37. Getting help paying for healthy food	28	17	12	6	36	1

38. Let's say you were not able to work or take care of yourself. Do you have someone in your life who could take care of you on a regular basis? N = 588

Yes..... 65
 No 21
 I'm not sure 14
 REF 0

39. Let's say money isn't a problem. How comfortable would you feel with someone other than your friends or family coming to your home regularly to help care for you? N = 588

Very comfortable.....	22
Somewhat comfortable.....	41
Not too comfortable.....	28
Not at all comfortable.....	9
DK/REF.....	1

SKIP TO Q50

RESPONDENTS W/O A SERIOUS ILLNESS ONLY. EXCLUDE YES TO Q16A-G, OR M.

INTRO: We want to learn what people may want or need if they have a serious illness, like cancer.

40. Let's say you found out you have a serious illness, like cancer. Let's say you are not able to work or take care of yourself. Do you have someone in your life who could take care of you on a regular basis? N = 2,000

Yes.....	61
No.....	18
I'm not sure.....	20
REF.....	1

41. Let's say money isn't a problem. How comfortable would you feel with someone other than your friends or family coming to your home regularly to help care for you? N = 2,000

Very comfortable.....	20
Somewhat comfortable.....	51
Not too comfortable.....	23
Not at all comfortable.....	6
DK/REF.....	0

Some people with a serious illness get extra help. This type of help is on top of regular medical care. It could be help with things like dealing with side effects or pain, dealing with stress and other hard feelings, figuring out how to live better with your illness, or finding out what services you might qualify for.

42. Do you think you would you want this type help if you had a serious illness, like cancer? *N = 2,000*

Definitely yes..... 42
 Probably yes..... 48
 Probably not..... 8
 Definitely not 2
 DK/REF..... 1

43. If you had a serious illness, how much information would you want from your health care provider: ROTATE. *N = 2,000*

As much info as possible about what I can expect now
 and in my future 92
 Just enough info to get me through day by day..... 7
 DK/REF 1

If you had a serious illness, would you want any of your doctors or health care providers ... RANDOMIZE. *N = 2,000*

	Yes	No	REF
44. To ask you what is most important for you as you live your life with your illness?	88	11	1
45. To talk with you about how to make your life better as you live with your illness?	90	8	2
46. To talk with you about any fear, stress, or sadness you may be feeling?	89	10	1
47. To do everything they can to help with pain or side effects from your illness or treatment?	92	7	1
48. To talk with you about what to expect if your illness gets worse?	93	6	1
49. To talk with you about both the good and bad things that could happen with your treatment(s)	93	6	1

RESUME ALL

50. Have you ever heard of any of the following terms? RANDOMIZE

	Year	Yes	No	Not sure	REF
a. Hospice care	2019	80	14	5	1
	2011	73	21	5	1
b. Palliative care	2019	37	49	13	1
	2011	17	68	13	2
c. Advance directive	2019	50	39	11	1
	2011	38	49	11	2
d. Do-not-resuscitate (DNR) order	2019	72	20	7	0
	2011	63	28	7	1
e. POLST (Physician Orders for Life-Sustaining Treatment)	2019	22	62	15	1
	2011	13	70	16	2

51. IF YES FOR EACH HEARD IN Q50: What is your opinion of: RANDOMIZE SAME ORDER AS ABOVE

	Year	Very pos.	Smwt. pos	Smwt. Neg.	Very neg.	DK/ REF
a. Hospice care <i>N</i> = 2,115	2019	48	40	9	3	0
	2011	53	40	5	1	1
b. Palliative care <i>N</i> = 936	2019	55	39	4	1	1
	2011	51	38	7	1	3
c. Advance directive <i>N</i> = 1,357	2019	64	33	2	1	1
	2011	56	41	2	0	1
d. Do-not-resuscitate (DNR) order <i>N</i> = 1,889	2019	45	40	12	2	0
	2011	43	45	9	2	1
e. POLST (Physician Orders for Life-Sustaining Treatment) <i>N</i> = 593	2019	47	40	11	1	1
	2011	40	44	13	2	2

How important is each of the following to you at the end of your life? Rate on a 1 to 7 scale. 1 NOT AT ALL IMPORTANT / 7 EXTREMELY IMPORTANT RANDOMIZE

		7 Extrmly impt.	6	5	4	1-3 Not impt.
52. Being comfortable and without pain	2019	58	19	11	6	3
	2011	66	19	7	5	4
53. Not feeling alone	2019	51	18	13	10	7
	2011	55	19	9	8	7
54. Having loved ones around me	2019	57	16	12	8	5
	2011	60	17	10	7	6
55. Being able to pay for the care I need	2019	62	16	9	6	4
	2011	58	18	10	8	5
56. Being at peace spiritually	2019	55	12	9	10	12
	2011	61	15	7	8	8
57. Having doctors and nurses who will respect my cultural beliefs and values	2019	44	17	14	13	11
	2011	44	19	14	14	9
58. Making sure my wishes for medical care are followed	2019	60	19	10	6	3
	2011	57	18	12	8	4
59. Being at home	2019	40	20	18	12	9
	2011	33	20	17	17	12
60. Making sure family is not burdened by making tough decisions about my care	2019	60	18	9	6	5
	2011	60	20	10	5	5
61. Making sure family is not burdened financially by my care	2019	70	14	6	4	4
	2011	67	16	9	4	4
62. A close relationship with my doctor	2019	32	19	20	14	12
	2011	32	19	18	17	13
63. Living as long as possible	2019	41	15	14	16	12
	2011	36	16	16	16	15
64. Making sure family is not burdened by taking care of me	2019	59	17	11	6	5

	Year	7 Extrmly imp.	6	5	4	1-3 Not imp.
65. Going back to my hometown or country where I'm from	2019	15	7	9	15	52
66. Seeing friends or family I have not seen in a long time	2019	25	16	18	18	22

2019 2011

67. If you had an advanced illness, which would you prefer: ROTATE FIRST TWO

Doctors and nurses using everything available to attempt to prolong my life (such as a breathing machine or feeding me through a tube); or 9 7
Dying a natural death if my heart should stop beating or I should stop breathing 63 67
I'm not sure..... 28 25
REF 1 1

68. If given a choice at the end of your life, where would you want to be when you die?

In the hospital..... 15 16
At home..... 71 70
In a nursing home or skilled nursing facility 1 1
In a hospice facility 5 4
In an assisted living facility 1 1
Somewhere else (SPECIFY: _____)..... 6 7
DK/REF 1 2

69. Let's say you were not able to make decisions about your care near the end of your life. Your doctor says there are different options. Someone has to decide for you. Who would you want to make decisions about your care?² RANDOMIZE

Doctor or health care provider ³	2	NA
Spouse/partner.....	51	50
Child.....	6	5
Parent.....	9	9
Sibling.....	5	5
Friend.....	2	2
Children working together.....	7	7
Multiple family members together.....	16	17
Other (SPECIFY: _____).....	2	3
DK/REF.....	1	1

70. Have you talked with this person about the kind of medical care you would want near the end of your life?⁴

Yes.....	45	42
No.....	54	56
DK/REF.....	1	2

² 2011 question wording: "Let's say you were not in a position to be able to make decisions about your medical treatment toward the end of your life. Your doctor says there is no clear answer about your care and someone has to make a decision. Who would you want making medical decisions for you?"

³ 2011 survey did not include option "Doctor or health care provider."

⁴ 2011 question wording: "Have you talked with (him/her/them) about the kind of medical treatment you would want in situations like these?"

71. IF NO TO Q70: What would you say is the main reason you have not talked with them about this? *N* = 1,368

I don't want to think about death or dying	36	26
They don't want to talk about my death or dying.....	13	13
I have too many other things to worry about right now ⁵	35	41
Something else (SPECIFY: _____)	15	19
DK/REF	1	1

72. Have you ever had a doctor ask you about your wishes for medical treatment at the end of your life?

Yes	9	7
No	90	92
DK/REF	1	1

73. If you were seriously ill, would you like to talk with your doctor about your wishes for medical treatment towards the end of your life?

Definitely yes	54	47
Probably yes	28	32
Maybe.....	13	16
Probably not.....	2	2
Definitely not.....	2	1
DK/REF	1	2

74. Do you have any of your wishes regarding the medical treatment you would want in a written document?

Yes	34	23
No.....	66	75
DK/REF	1	2

⁵ 2011 question wording: "I have too many things to worry about right now other than what I want at the end of my life."

75. How important do you feel it is to have your wishes in writing?

Very important.....	53	45
Somewhat important.....	35	37
Not too important.....	8	12
Not at all important.....	3	4
DK/REF.....	1	1

IF Q74 = NO: Here are reasons why some people do not have their wishes in writing. Are any of these a reason you do not have your wishes in writing? RANDOMIZE.
N = 1,633

	Yes, this is a reason	No, not a reason	Not sure	DK/Ref
76. I don't want to think about death or dying	41	43	14	2
77. I'm too busy right now with other things	42	41	14	3
78. A legal document is too permanent	16	60	21	3
79. I trust my family to make decisions for me	47	35	16	2
80. I don't know why I would need this	14	65	18	3
81. I don't know how to put wishes in a legal document	34	46	17	3
82. Doctors might not give me care that could help if my wishes are in writing	15	58	25	2

RESUME ALL

83. In the past two years, have you lost a loved one – that is, a member of your family or a close personal friend – who passed away?⁶

Yes	41	38
No	58	62
DK/REF	1	0

IF NO/DK/REF: SKIP TO Q109

84. IF Q83=1: Have you lost more than one loved one in the past 2 years? N = 1,276

Yes	44	38
No.....	56	61
DK/REF.....	0	1

IF Q84=1: For the next questions, please think about the loved one you were closest to.
Q83=1:

These questions may be hard for you to think about. Thank you for your time.

The info from this survey will be used to help make end-of-life care better for Californians.

If you can't or don't want to answer any question, just skip it.

85. Did your loved one die from:⁷ N = 1,276

A serious or chronic health problem	70
An accident or injury.....	9
Or something else (SPECIFY: What did you loved one die from?_____)	18
DK/REF	3

⁶ In 2011 survey timeframe was 12 months, not 2 years.

⁷ 2011 question wording: Which of the following best describes the circumstances of your loved one's death:
He or she had a terminal diagnosis – that is, there was a point when the doctors said that they only had a certain amount of time left (46%)
He or she was sick or injured, but it was not clear that they were going to pass away (15%)
He or she died from a sudden illness or accident (25%)
Other (13%)

86. Overall, how would you rate the care your loved one received at the end of life, that is, in the last few months of their life?⁸ N = 1,276

Excellent	14	24
Very good.....	28	28
Good	22	21
Fair.....	10	13
Poor	7	10
I'm not sure.....	11	NA
Does not apply	6	NA
REF	2	4

87. Overall, how would you rate the doctors in terms of how well they communicated with your loved one and family members about treatment options?⁹ N = 1,276

Excellent	12	18
Very good.....	21	28
Good	20	23
Fair.....	12	14
Poor	7	10
I'm not sure.....	17	NA
Does not apply	9	NA
REF	2	7

⁸ 2011 question wording: "Overall, how would you rate the care your loved one received at the end of life, that is, in the time leading up to their death?" 2011 survey did not include "I'm not sure" or "Does not apply."

⁹ 2011 survey did not include "I'm not sure" or "Does not apply."

88. Overall, how would you rate the doctors and other health care providers in terms of how well they understood and respected the cultural values and beliefs of your loved one and their family members?¹⁰ N = 1,276

Excellent.....	14	19
Very good.....	27	31
Good	16	23
Fair.....	9	13
Poor	2	8
I'm not sure.....	17	NA
Does not apply	13	NA
REF	2	6

89. To what extent, if at all, was language a barrier to your loved one getting the best possible care?¹¹ N = 1,276

Major barrier.....	2	7
Somewhat of a barrier	8	10
A minor barrier	6	10
Not a barrier at all	75	69
I'm not sure.....	8	NA
REF	2	4

90. Did you help care for your loved one when they were sick before their death? This could be help with personal needs, household chores, or running errands.¹²
N = 1,276

Yes, helped.....	39	35
No, did not help	33	62
Does not apply	27	NA
DK/REF	1	3

¹⁰ 2011 survey did not include "I'm not sure" or "Does not apply."

¹¹ 2011 survey did not include "I'm not sure."

¹² 2011 survey did not include second sentence ("This could be help with personal needs, household chores, or running errands.")

91. Were you involved in making decisions about your loved one’s medical care near the end of their life?¹³ N = 1,276

Yes, was involved 23 24
 No, was not involved..... 55 75
 Does not apply 21 NA
 DK/REF 2 1

IF Q85 = 1 & AND Q91 = 1: As far as you know, did your loved one’s doctors or health care providers ... RANDOMIZE. N = 238

	Yes	No	Not sure	NA	DK/REF
92. Ask what was most important for your loved one as they lived their life with their illness?	64	17	13	5	1
93. Talk with you or your loved one about how to make your loved one’s life better as they lived with their illness?	74	13	6	6	1
94. Talk with you or your loved one about any fear, stress, or sadness you or they were feeling?	53	29	14	3	1
95. Do everything they could to help with your loved one’s pain or side effects from their illness or treatment?	74	12	10	4	0
96. Talk with you or your loved one about what to expect if their illness got worse?	73	10	12	5	0
97. Talk with you or your loved one about both the good and bad things that could happen with their treatment?	72	14	7	5	1

¹³ 2011 survey did not include “near the end of their life” or “Does not apply.”

98. How prepared was your loved one to deal with their illness as it got worse?

By prepared, we mean your loved one knew what was going on, they could plan for what was coming, and they felt ready. N = 238

Very prepared.....	21
Somewhat prepared.....	42
Not too prepared.....	14
Not at all prepared.....	17
I'm not sure.....	6
DK/REF.....	0

RESUME Q83 = 1

99. Where did your loved one die?¹⁴ N = 1,276

In the hospital.....	38	36
At home.....	39	44
In a nursing home or skilled nursing facility.....	5	7
In a hospice facility.....	3	5
In an assisted living facility.....	2	2
Somewhere else (SPECIFY: _____).....	5	5
I'm not sure.....	6	NA
DK/REF.....	1	1

100. As far as you know, where do you think your loved one would have wanted to die if given the choice?¹⁵ N = 1,276

In the hospital.....	8	12
At home.....	65	73
In a nursing home or skilled nursing facility.....	1	2
In a hospice facility.....	1	2
In an assisted living facility.....	0	1
Somewhere else (SPECIFY: _____).....	1	6
I'm not sure.....	22	NA
REF.....	2	4

¹⁴ 2011 survey did not include "I'm not sure."

¹⁵ 2011 survey did not include "I'm not sure."

101. Was your loved one getting hospice care near the end of their life?¹⁶ N = 1,276

Yes	40	32
No	47	51
I'm not sure	12	16
REF	1	2

102. Think about the very end of your loved one's life. Do you think the end went the way your loved one wanted it to go? N = 1,276

Yes	33
No	35
I'm not sure	31
REF	2

103. In your opinion, did the doctors, nurses, and other health care providers do everything they could to ease your loved one's pain and suffering, or could they have done more?¹⁷ N = 1,276

Did everything they could	52	81
Could have done more	15	15
I'm not sure	21	NA
Does not apply	11	NA
DK/REF	2	4

104. To what extent do you feel your loved one's end-of-life wishes were followed and honored by the doctors, nurses, and other health care providers who cared for them?¹⁸ N = 1,276

Completely followed and honored	29	44
Followed and honored for the most part	27	33
Followed and honored in some ways but not in others	6	9
Not followed or honored at all	3	6
I'm not sure	33	NA
REF	2	8

¹⁶ 2011 survey wording: "Was your loved one receiving hospice care services around the time of their death?"

¹⁷ 2011 survey did not include "I'm not sure" or "Does not apply."

¹⁸ 2011 survey did not include "I'm not sure."

105. At the end of your loved one’s life, what was their health insurance status?¹⁹
 N = 1,276

Had insurance or coverage.....	70	72
Was uninsured	6	25
I’m not sure.....	22	NA
REF	2	3

106. IF HAD COVERAGE IN Q105: What kind of insurance or coverage did they have:
 ALLOW MULTIPLE RESPONSES²⁰ N = 872

Insurance through an employer.....	22	16
A private plan they purchased on their own.....	7	15
Medicare only	14	19
Medicare and Medigap plan	9	7
Medicare and Medi-Cal	16	8
Medi-Cal only	7	3
Medicare + Other (VA/Employer, etc.).....	8	NA
VA benefits/Tri-Care	7	NA
Other (Specify: _____)	2	3
I’m not sure.....	18	37
REF	1	3

107. IF HAD COVERAGE IN Q105: Did your loved one face any problems with
 insurance covering all of the care they needed?²¹ N = 872

Yes	9	15
No.....	61	79
I’m not sure.....	29	NA
REF	1	6

¹⁹ 2011 survey did not include “I’m not sure.”

²⁰ 2011 survey did not include: Medicare + Other (VA/Employer, etc.) or VA benefits / Tri-Care.

²¹ 2011 survey did not include “I’m not sure.”

108. Was there any debt left because of the costs of your loved one’s end-of-life care?²² *N* = 1,276

Yes	12	19
No	47	74
I’m not sure	39	NA
REF	2	8

IF Q85 = 1 & Q90 = 1 (CAREGIVER OF LOVED ONE WHO DIED FROM A SERIOUS OR CHRONIC HEALTH PROBLEM) SKIP TO Q110.

109. In the past two years, have you helped care for a family member or friend who had a serious or chronic health problem like cancer, heart disease, organ failure, or dementia? Help could mean with personal needs, chores around the house, or taking the person to the doctor. *N* = 2,202

Yes	16
No	82
DK/REF	2

IF NO/DK/REF: SKIP TO Q126

110. Have you helped more than one person in the past two years who had a serious illness? *N* = 814

Yes	26
No	74
DK/REF	0

²² 2011 survey did not include “I’m not sure.”

IF YES TO Q110: For the next questions, think about the person you helped most often.

111. Is this person still alive? *N* = 814

Yes	52
No, he/she passed away.....	46
DK/REF	2

112. [IF Q111=NO Did / IF Q111=YES Do] you ever help make decisions about your loved one's health care? *N* = 804

Yes, [IF Q111 = NO was / IF Q111 = YES am] involved.....	49
No, [IF Q111 = NO was / IF Q111 = YES am] not involved	50
DK/REF	0

How helpful would this [IF Q111 = NO have been / IF Q111 = YES be] for you personally as you [IF Q111 = NO helped / IF Q111 = YES help] care for your loved one:
RANDOMIZE N = 804

	Very helpful	Smwt. Helpful	Not too helpful	Not at all helpful	Didn't/Don't need this	DK/REF
113. Getting medical care	48	24	5	2	18	4
114. Getting mental health care from a therapist or doctor	30	26	10	6	23	4
115. Getting spiritual support or counseling	33	24	13	4	22	4
116. Getting help with sadness, stress, or other hard feelings	38	31	8	3	16	4
117. Getting pills or medication sent to the home	46	23	9	2	18	3
118. Getting help with transportation	38	28	6	2	22	3
119. Getting help around the house with chores, like cleaning and making meals	43	27	8	3	16	3
120. Getting financial help to pay bills and make ends meet	41	20	8	3	26	2
121. Having better or more affordable housing	32	17	10	3	35	3
122. Getting help with pain or other side effects from their illness or treatment	47	21	9	2	18	3
123. Getting help paying for healthy food	35	20	11	4	26	3
124. Getting time for myself	43	26	7	3	17	4
125. Having help to care for my loved one from someone who is not a family member	37	33	9	2	16	3

RESUME ALL

126. If you wanted to learn more about end-of-life care, where would you turn? ALLOW MULTIPLE RESPONSES²³

Friend or family member	33	37
Doctor.....	70	60
Hospice.....	20	20
Internet (SPECIFY: Where would you go? _____)	20	20
Place of worship.....	7	NA
Neighbor	1	NA
Co-worker	2	NA
Employer / Employee Assistance Program.....	4	NA
Insurance company.....	10	NA
Organization (SPECIFY: What organization? _____).....	2	4
Other (SPECIFY: Please specify: _____).....	3	4
DK/REF	3	3

127. In June 2016, the End of Life Option Act became law in California. This state law gives some terminally ill adults the option to take life-ending medication prescribed by a doctor. Do you support or oppose people having this option?

Support.....	75
Oppose.....	22
DK/REF	3

²³ 2011 survey did not include: Place of worship, Neighbor, Co-worker, EAP, or Insurance Company.

	2019	2011
128. Do you have health insurance right now?		
Yes	89	73
No	10	25
DK/REF	1	2
129. IF YES TO Q128: What type of health insurance do you have? ²⁴ N = 2,311		
Insurance through your employer or your spouse's employer	56	58
A private plan you purchased on your own	6	9
Medicare only	5	4
Medicare and Medigap plan	6	7
Medicare and Medi-Cal	6	4
Medi-Cal only	9	7
Medicare + Other (VA/Employer, etc).....	5	8
VA benefits/Tri-Care	2	NA
Other	2	8
I'm not sure.....	3	2
REF	0	1
130. How important is religion or spirituality in your life?		
Very important.....	37	
Somewhat important	29	
Not too important	15	
Not at all important	18	
DK/REF	1	

²⁴ 2011 survey did not include: Medicare + Other (VA/Employer, etc.) or VA benefits / Tri-Care.

131. How often do you attend religious services?

More than once a week	7
About once a week.....	14
A few times a month.....	8
About once a month.....	3
A few times a year	15
Less often	20
Never	31
DK/REF	1

Do you agree or disagree:

	Strongly agree	Smwt. agree	Smwt. disagree	Strongly disagree	Not sure	DK/REF
132. When I feel lonely there are several people I can talk to.	38	39	10	8	4	1
133. If I were sick and needed someone to take me to the doctor I could easily find someone.	52	30	8	4	3	2

134. How easy or hard is it for you to pay your rent or mortgage every month?

Very easy	40
Somewhat easy.....	35
Somewhat hard.....	20
Very hard	4
DK/REF	2

135. Which best describes the food you eat in your house:

We always have enough to eat and the kinds of food we want.....	67
We have enough to eat but not always the kinds of food we want	25
Sometimes we don't have enough to eat.....	5
Often we don't have enough to eat.....	2
DK/REF	1

Gender

Men.....	48	49
Women	52	51

Age

18-24.....	8	11
25-34.....	20	21
35-44.....	21	19
45-54.....	16	18
55-64.....	18	16
65-74.....	12	11
75+	5	2

Race / Ethnicity

White	42	47
Black	5	6
Latinx	35	33
Other	16	13
2+ Races, Non-Hispanic	2	1

Education

Less than high school	15	17
High school.....	21	24
Some college.....	21	22
Associate’s degree	10	8
College graduate.....	20	17
Post-graduate school.....	13	12

Income	2019	2011
\$5,000 - \$19,999.....	6	21
\$20,000 - \$39,999.....	14	22
\$40,000 - \$59,999.....	13	15
\$60,000 - \$74,999.....	9	8
\$75,000 or more	54	34
\$5,000 - \$49,999.....	25	50
\$50,000 or more	71	50

Marital Status

Married	55	50
Widowed	3	3
Divorced	8	9
Separated	3	3
Never married.....	23	24
Living with partner	7	12