

Member Resources

Explore the full Opioid Safety Toolkit at chcf.org/opioidsafetytoolkit

Instructions

There are opportunities to impact and communicate with at-risk members outside of the doctor's office. Members and their families seek information through social media, the web, and through trusted personal sources. Health plans should make member-facing resources easily accessible on their websites as well as through social media. Below are some resources from national campaigns as well as two California health plans that can help you get started.

Website	Resources
Centers for Disease Control and Prevention Information for Patients	Know Your Options (Nonopioid Treatments for Chronic Pain) Expectations for Opioid Therapy Prevent Opioid Misuse Helpful Materials for Patients (Chronic Pain, Acute Pain) Frequently Asked Questions RxAwareness <ul style="list-style-type: none">• Videos of people impacted by opioids• Radio spots of how opioids have affected lives and families• Social media images• Signs and billboards• Images and resources for use on the web
U.S. Department of Veterans Affairs Opioid Safety — Veteran/Patient Education	When to Ask your Doctor Before Taking Opioids What to Ask Your Doctor Before Taking Opioids: A Checklist Taking Opioids Responsibly for Your Safety and the Safety of Others Opioid Overdose Prevention Toolkit — Safety Advice for Patients & Family Members Opioid Factsheet for Patients
Prescribe to Prevent Patient Education	Materials <ul style="list-style-type: none">• Patient-facing materials for waiting areas or provider offices• Patient overdose prevention and response instructions Patient Education Videos Videos for Download <ul style="list-style-type: none">• How to Administer Intramuscular Naloxone• How to Administer Intranasal Naloxone• How to Administer the Naloxone Auto-Injector Online Training Resources
Partnership HealthPlan of California Managing Pain Safely Program	Naloxone Fact Sheet Behavioral Health Referral Flyer Guided Relaxation; links to local Community Coalitions
Blue Shield of California Pain Management	Health Tools — Decision Points and Actionsets Frequently Asked Questions Reasons to Control Pain Knowing When Pain Is Worse Side Effects of Pain Medicines When to Call Your Doctor Following a Treatment Plan Getting Support