# CALIFORNIA HEALTH CARE ALMANAC





Health Care Costs 101: A Continuing Economic Threat

### Introduction

US health spending reached \$3.3 trillion in 2016, or \$10,348 per capita, and accounted for 17.9% of gross domestic product (GDP). Health spending slowed somewhat in 2016, following the coverage expansions of 2015 and 2014. National health spending increased 4.3% in 2016, down from 5.8% in 2015 and 5.1% in 2014. Despite this slowdown, 2016 health spending grew 1.5 percentage points faster than the economy (GDP grew at a rate of 2.8%).

Looking ahead, health spending is projected to grow at an average rate of 5.5% per year (1.0 points faster than the economy) between 2017 and 2026. At this rate, health care would consume a growing portion of the economy, totaling \$5.7 trillion and accounting for one-fifth of GDP by 2026.

Health Care Costs 101: A Continuing Economic Threat, which relies on the most recent data available, details how much is spent on health care in the US, which services are purchased, and who pays.

### **KEY FINDINGS INCLUDE:**

- Per capita health spending increased 3.5% in 2016 and crossed the \$10,000 per capita threshold for the first time
- Prescription drug spending declined dramatically from 8.9% in 2015 to 1.3% in 2016, driven in part by fewer new medications on the market, slower brand name drug spending, and reduced spending on generic drugs.
- Households and the federal government each accounted for 28% of health spending in 2016.
- As ACA coverage expansion matured in 2016, the rate of increase in federal spending slowed to 3.9%, lower than private business (5.0%) or households (4.6%).
- Federal subsidies for ACA marketplace (individual coverage) premiums and cost sharing totaled \$33 billion, accounting for 3.5% of federal health spending and 3.0% of private health insurance spending.
- Public health insurance, including Medicare and Medicaid, paid the largest share of spending (41%) in 2016. Private health insurance paid for a third of health spending and consumers' out-of-pocket spending accounted for 11%.

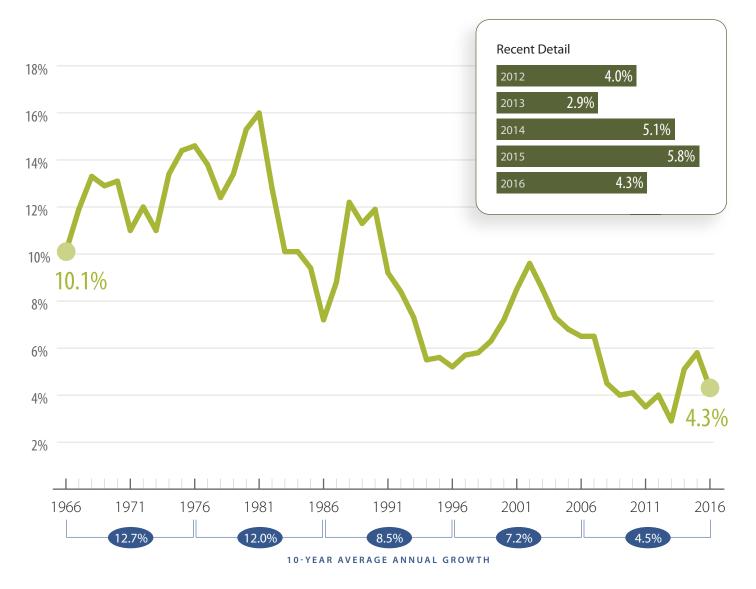
### **Health Care Costs 101**

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Spending Levels
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## Annual Growth Rates in Health Spending

United States, 1966 to 2016



Note: Health spending refers to national health expenditures.

Source: Author calculations based on National Health Expenditure historical data, 1960–2016, Centers for Medicare & Medicaid Services, www.cms.gov

### **Health Care Costs 101**

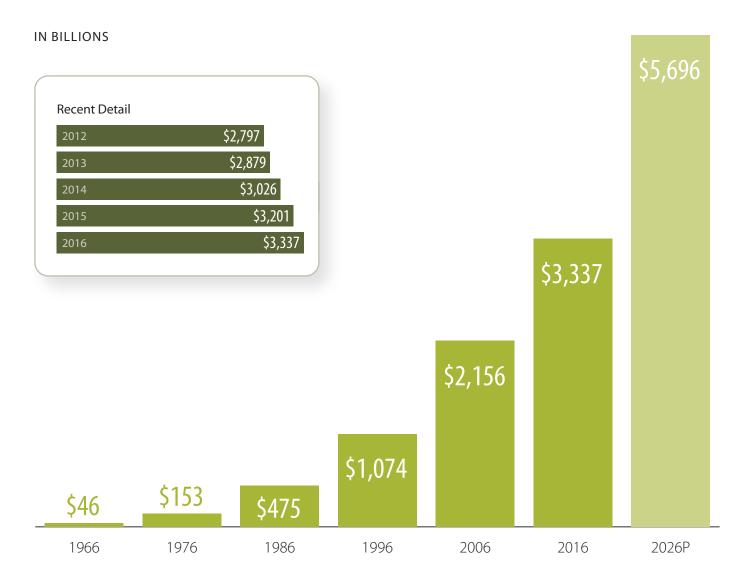
Spending Levels

Spending growth slowed in 2016 to 4.3%, down from 5.8% in 2015, as ACA enrollment expansions leveled off and prescription drug spending decelerated. The 2016 increase was slightly lower than the 4.5% average growth between 2006 and 2016.

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## Health Spending

United States, 1966 to 2016, Selected Years, and 10-Year Projection



Notes:  $Health\ spending\ refers\ to\ national\ health\ expenditures\ (NHE).$  Projections shown as P.

Sources: NHE historical data, 1960–2016 (www.cms.gov) and NHE projections, 2017–2026 (www.cms.gov), Centers for Medicare & Medicaid Services.

### **Health Care Costs 101**

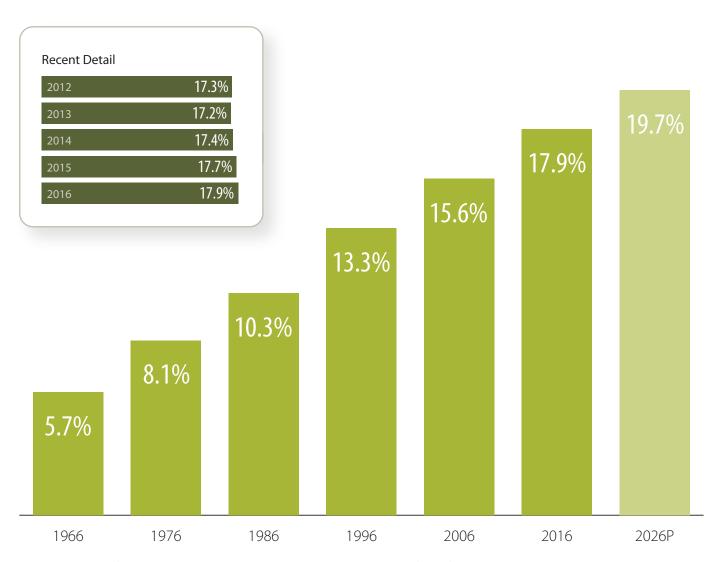
Spending Levels

Health spending reached \$3.3 trillion in 2016 and is projected to reach \$5.7 trillion by 2026.

Between 2017 and 2026, health spending is projected to grow at an average rate of 5.5% per year.

### Health Spending as a Share of GDP

United States, 1966 to 2016, Selected Years, and 10-Year Projection



Notes: Health spending refers to national health expenditures (NHE). Projections shown as P. The 2016 figure reflects a 2.8% increase in gross domestic product (GDP) and a 4.3% increase in national health spending over the prior year. See page 30 for a comparison of economic growth and health spending growth.

Sources: NHE historical data, 1960–2016 (www.cms.gov) and NHE projections, 2017–2026 (www.cms.gov), Centers for Medicare & Medicaid Services; Current-Dollar and "Real" GDP, Bureau of Economic Analysis, bea.gov.

### **Health Care Costs 101**

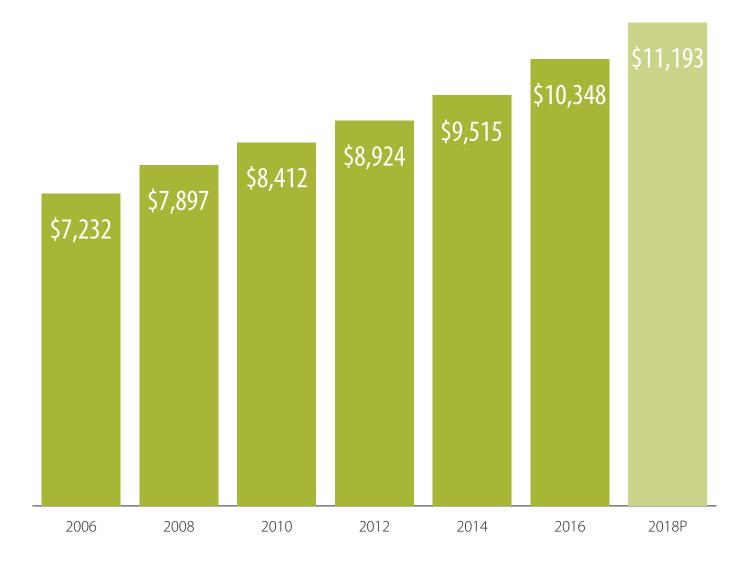
Spending Levels

Over the past 50 years, health care has accounted for a growing share of GDP. In 2016, health care's share of GDP reached 17.9%, up slightly from 17.7% in 2015. By 2026, it is projected to reach 19.7% — or nearly one of every five dollars in the economy.

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### Health Spending per Capita

United States, 2006 to 2016, Selected Years, and 2-Year Projection



Notes:  $Health\ spending\ refers\ to\ national\ health\ expenditures\ (NHE).$  Projections shown as P.

Sources: NHE historical data, 1960-2016 (www.cms.gov) and NHE projections, 2017-2026 (www.cms.gov), Centers for Medicare & Medicaid Services.

### **Health Care Costs 101**

Spending Levels

In 2016, US health spending exceeded \$10,000 per person.
In 2018, spending is projected to reach \$11,193 per person.

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## Health Insurance Spending per Enrollee

United States, 2015, 2016, and 10-Year Projection



Notes: Marketplace is individual health insurance coverage purchased on federal- and state-run health exchanges such as healthcare.gov and Covered California. Marketplace per

enrollee spending includes premium and cost-sharing subsidies. *Employer-sponsored* insurance figures include both the employer and worker contribution to premiums. Per enrollee spending in 2016 not shown: Medigap (\$2,571), other direct-purchase insurance (\$3,960), and Children's Health Insurance Program (\$2,617). The 2026 projection reflects average growth of 4.4% per year for Medicare and Medicaid and 4.3% per year for employer-sponsored insurance over the projection period (2017–2026). Projections shown as *P*.

Sources: National Health Expenditure (NHE) historical data, 1960–2016 (www.cms.gov) and NHE projections, 2017-2026 (www.cms.gov), Centers for Medicare & Medicaid Services.

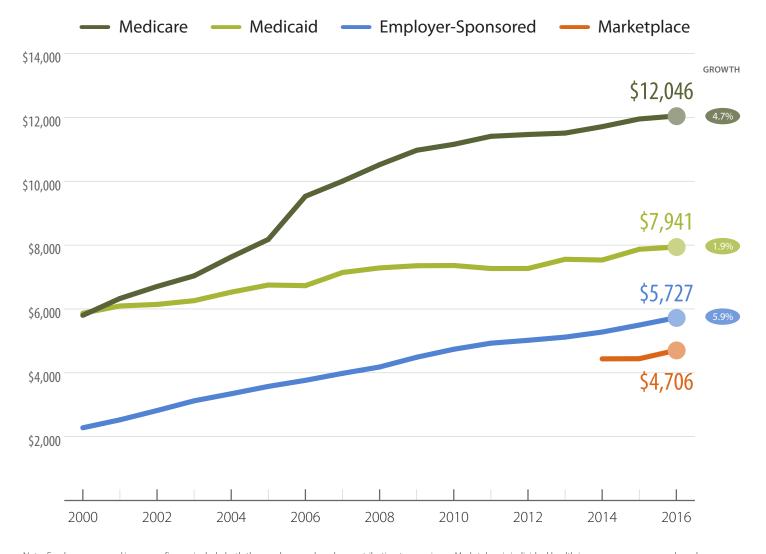
### **Health Care Costs 101**

Spending Levels

At \$12,046 per enrollee in 2016,
Medicare was more than double
the \$5,727 spent on employersponsored insurance (ESI).
Marketplace spending per enrollee
(\$4,706 in 2016) was more than
\$1,000 per enrollee less than ESI.
Projected employer-sponsored
insurance spending in 2026 is
\$8,717 per enrollee.

### Health Insurance Spending per Enrollee

United States, 2000 to 2016



Note: Employer-sponsored insurance figures include both the employer and worker contribution to premiums. Marketplace is individual health insurance coverage purchased on federal- and state-run health exchanges such as healthcare.gov and Covered California. Marketplace per enrollee spending includes premium and cost-sharing subsidies. Growth is the average annual spending growth rate for 2000 to 2016.

Source: National Health Expenditure historical data, 1960–2016, Centers for Medicare & Medicaid Services, www.cms.gov

### **Health Care Costs 101**

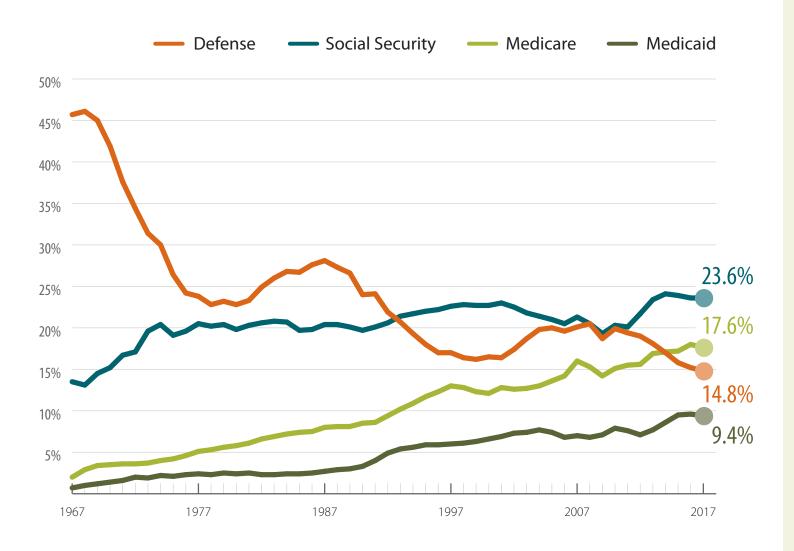
Spending Levels

Per enrollee spending for Medicare and Medicaid have diverged since 2000. The large increase in Medicare spending in 2006 coincided with the implementation of the Medicare drug benefit. Shifts in Medicaid eligibility to cover more children and nondisabled adults have helped hold down Medicaid's per enrollee spending.

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## Major Programs as a Share of the Federal Budget

United States, 1967 to 2017



**Health Care Costs 101** 

Spending Levels

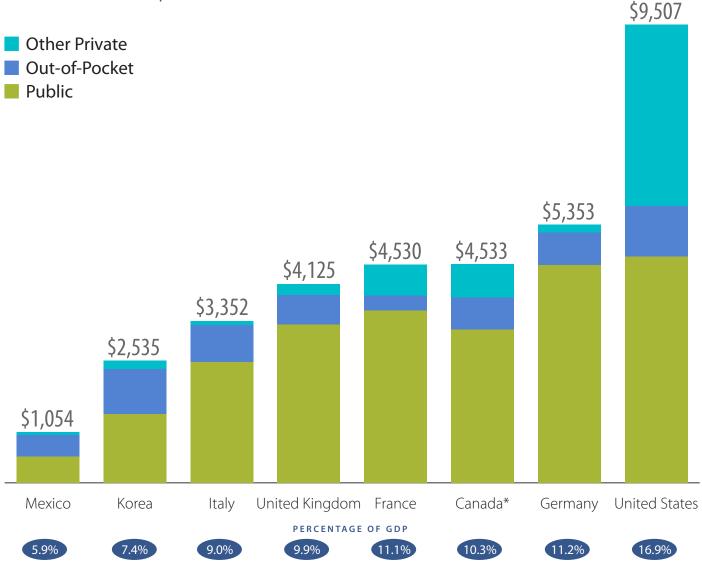
Since 2015, defense has consumed a smaller share of the federal budget than Medicare.

Notes: Spending shares computed as a percentage of federal outlays. All outlays reflect federal spending only (i.e., Medicaid outlays shown reflect federal portion). Since 2011, defense spending has declined not only in share, but in dollars (from \$699.4 billion in 2011 to \$583.7 billion in 2016).

Sources: Author calculations based on "Historical Budget Data," The Budget and Economic Outlook: 2017 to 2027, Congressional Budget Office, January 2017, www.cbo.gov.

## Health Spending per Capita and as a Share of GDP

Selected Developed Countries, 2015



\*Estimate.

Note: US spending per capita as reported by OECD differs from figures reported elsewhere in this report.

Source: "OECD Health Statistics 2017, Frequently Requested Data," Organisation for Economic Co-operation and Development, June 2017, www.oecd.org.

### **Health Care Costs 101**

Spending Levels

Health spending in the US far exceeded that of other developed countries, both in per capita spending and as a percentage of GDP. Unlike in the US, in most developed countries, the public sector dominated health spending.

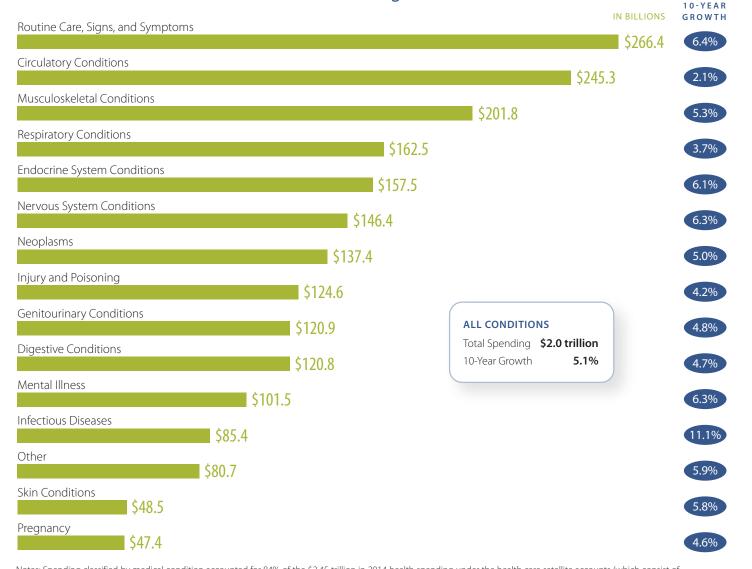
### PAYER DEFINITIONS

**Out-of-pocket** is consumer spending on copays, deductibles, and goods and care not covered by insurance; it does not include premiums.

**Other private** is computed as total spending less public spending and out-of-pocket spending.

## Health Spending, by Type of Medical Condition

United States, 2014 and 10-Year Average Annual Growth



Notes: Spending classified by medical condition accounted for 84% of the \$2.45 trillion in 2014 health spending under the health care satellite accounts (which consist of medical services by disease and by provider, plus medical products and appliances). Medical condition spending does not include spending on dental services, nursing homes, or medical products and equipment. *Ten-year growth* percentages are average annual. See Appendices C and D for medical condition detail.

Source: Health Care Satellite Account, Blended Acount, 2000 – 2014, Bureau of Economic Analysis, www.bea.gov.

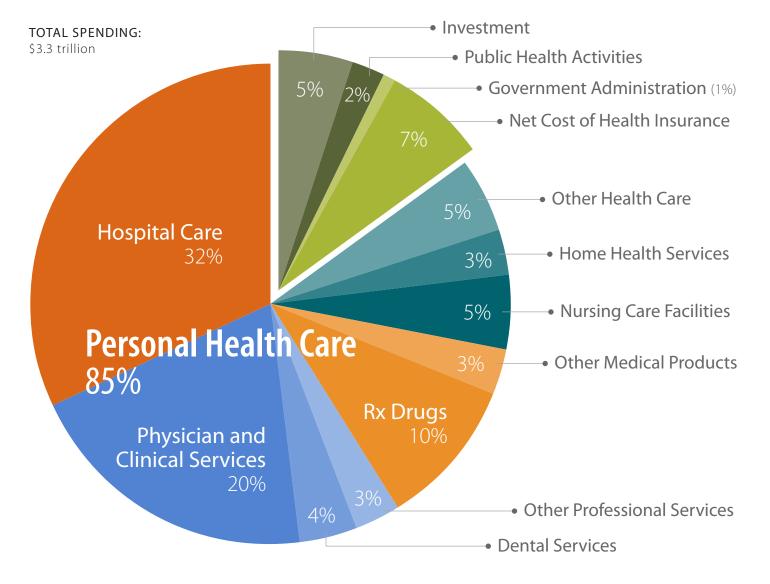
### **Health Care Costs 101**

Spending Levels

When classifying health spending by medical condition, the most money was spent on routine care (\$266 billion), followed by circulatory system conditions (which include hypertension and heart disease). Over the past 10 years, spending on infectious diseases grew the fastest (11.1% per year on average) and spending on circulatory conditions grew at the slowest pace (2.1% per year).

## Health Spending Distribution, by Category

United States, 2016



Notes: *Health spending* refers to national health expenditures. For additional detail on spending categories, see page 15 and Appendix A. Further definitions available at www.cms.gov. Source: National Health Expenditure historical data, 1960–2016, Centers for Medicare & Medicaid Services, www.cms.gov.

### **Health Care Costs 101**

Spending Levels

Hospital and physician services combined accounted for over half of health care spending.

Prescription drugs, the third-largest category, accounted for another 10% of spending.

#### SPENDING CATEGORY DEFINITIONS

**Government administration** includes the administrative costs of government health care programs such as Medicare and Medicaid.

**Investment** includes noncommercial research, structures, and equipment.

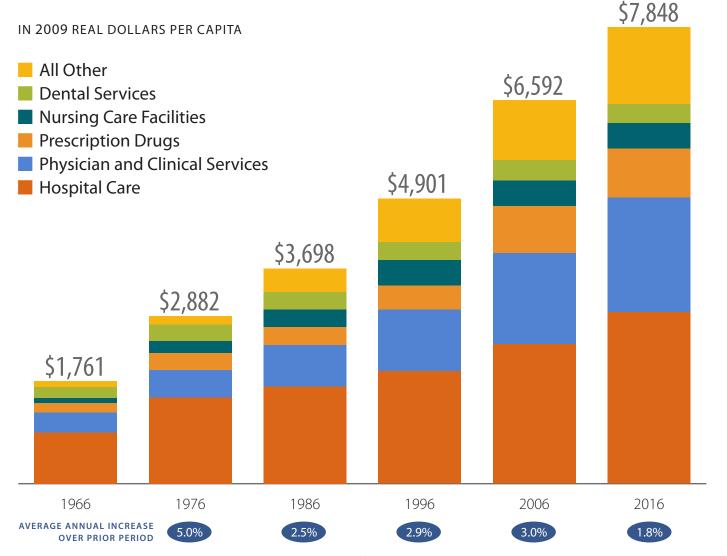
**Net cost of health insurance** reflects the difference between benefits and premiums for private insurance.

**Other health care** refers to the category other health, residential, and personal care.

**Other medical products** refers to durable medical equipment and nondurable medical products.

## Personal Health Care Spending, Adjusted for Inflation

United States, 1966 to 2016, Selected Years



Notes: Personal health care spending excludes government administration, the net cost of health insurance, public health activities, noncommercial research, and investment. For additional detail on spending categories, see Appendix A.

Sources: Author calculations based on National Health Expenditure historical data, 1960–2016, Centers for Medicare & Medicaid Services (CMS), www.cms.gov, including unpublished CMS data associated with Table 23, "National Health Expenditures; Nominal Dollars, Real Dollars, Price Indexes, and Annual Percent Change: Selected Calendar Years."

### **Health Care Costs 101**

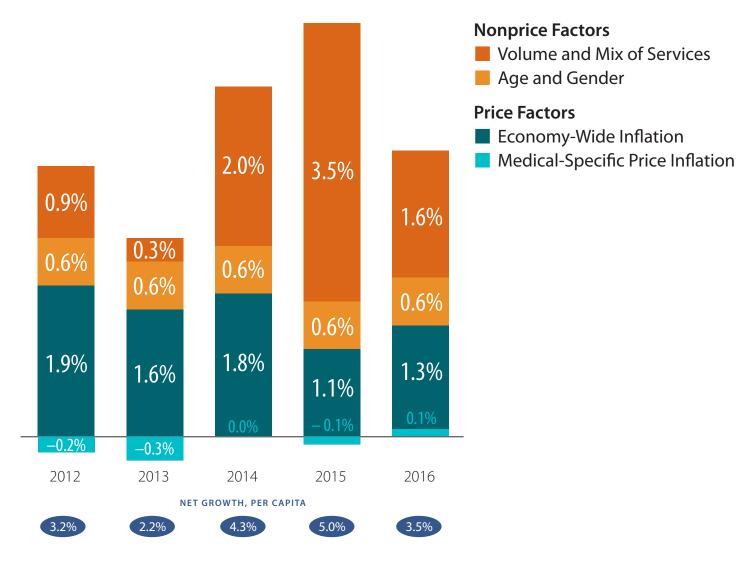
Spending Levels

The rise in health spending cannot be completely attributed to medical price increases or population growth. In inflation adjusted dollars,\* per capita spending grew more than fourfold, from \$1,761 per person in 1966 to \$7,848 in 2016. Possible reasons for this growth include changes in the volume and mix of services, technological advances, and shifts in the age and gender mix of the population.

\*Inflation adjustments remove the impact of changes in health care prices. For further information on price deflators, see *Definitions, Sources, Methods* and *NHE Deflator Methodology* at www.cms.gov.

## Factors Contributing to per Capita Spending Growth

United States, 2012 to 2016



**Health Care Costs 101** 

Spending Levels

Increases in the volume and mix of services served as the largest contributor to per capita spending growth in 2014, 2015, and 2016. Expansion of health insurance in 2014 and 2015 contributed to the growth in services. Medical-specific price inflation — above and beyond economy-wide inflation — was negligible (+/- 0.1%) between 2014 and 2016.

Notes: Volume and mix of services, also referred to as use and intensity, is computed as a residual and includes any measurement error. The impact of population growth is removed. Sources: Anne B. Martin et al., "Exhibit 5," in "National Health Spending: Faster Growth in 2016 as Coverage Expands and Utilization Increases," Health Affairs 37, no. 1 (January 2018), doi:10.1377/hlthaff.2017.1299; unpublished data points related to article's Exhibit 5 provided by Office of the Actuary, Centers for Medicare & Medicaid Services.

## Health Spending Summary, by Category

United States, 2015, 2016, and 20-Year Look Back

	SPENDING (IN BILLIONS)			DISTRIBUTION			GROWTH*		
	1996	2015	2016	1996	2015	2016	1996-2016	2015	2016
National Health Expenditures	\$1,074.4	\$3,200.8	\$3,337.2	100%	100%	100%	5.8%	5.8%	4.3%
Hospital Care	\$350.8	\$1,033.4	\$1,082.5	33%	32%	32%	5.8%	5.7%	4.7%
Physician and Clinical Services	\$228.4	\$ 631.0	\$ 664.9	21%	20%	20%	5.5%	5.9%	5.4%
Dental Services	\$ 46.9	\$ 118.9	\$ 124.4	4%	4%	4%	5.0%	4.4%	4.6%
Other Professional Services	\$ 28.9	\$ 87.8	\$ 92.0	3%	3%	3%	6.0%	5.9%	4.7%
Nursing Care Facilities	\$ 69.2	\$ 158.1	\$ 162.7	6%	5%	5%	4.4%	3.7%	2.9%
Home Health Services	\$ 35.7	\$ 88.8	\$ 92.4	3%	3%	3%	4.9%	5.8%	4.0%
Other Health Care	\$ 46.0	\$ 164.8	\$ 173.5	4%	5%	5%	6.9%	8.7%	5.3%
Prescription Drugs	\$ 68.1	\$ 324.5	\$ 328.6	6%	10%	10%	8.2%	8.9%	1.3%
Other Medical Products	\$ 43.4	\$ 108.2	\$ 113.2	4%	3%	3%	4.9%	4.3%	4.6%
Net Cost of Health Insurance	\$ 48.8	\$ 207.7	\$ 219.8	5%	6%	7%	7.8%	6.1%	5.8%
Government Administration	\$ 10.9	\$ 42.1	\$ 43.8	1%	1%	1%	7.2%	2.8%	4.0%
Public Health Activities	\$ 32.4	\$ 81.7	\$ 82.2	3%	3%	2%	4.8%	2.9%	0.6%
Investment	\$ 64.8	\$ 153.7	\$ 157.4	6%	5%	5%	4.5%	2.7%	2.4%

Notes: *Health spending* refers to national health expenditures. For additional detail on spending categories, see Appendix A. Further definitions available at www.cms.gov. Source: National Health Expenditure historical data, 1960–2016, Centers for Medicare & Medicaid Services, www.cms.gov.

### **Health Care Costs 101**

Spending Levels

The 2016 growth rate in US health spending (4.3%) was lower than the previous year (5.8%) and the 20-year average (5.8%). Over the past 20 years, hospital care has remained the largest spending category. Prescription drugs have experienced the greatest increase in share (rising from 6% of spending in 1996 to 10% in 2016).

#### SPENDING CATEGORY DEFINITIONS

**Government administration** includes the administrative costs of government health care programs such as Medicare and Medicaid.

**Investment** includes noncommercial research, structures, and equipment.

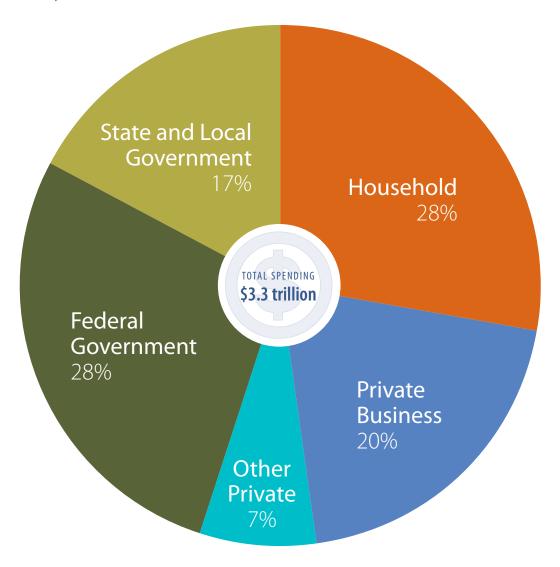
**Net cost of health insurance** reflects the difference between benefits and premiums for private insurance and includes administrative expenses, premium taxes, and profits.

**Other health care** refers to the category other health, residential, and personal care.

**Other medical products** refers to durable medical equipment and nondurable medical products.

<sup>\*</sup>Growth rate for 1996–2016 is average annual; others are annual changes.

# Health Spending Distribution, by Sponsor United States, 2016



Notes: Health spending refers to national health expenditures. Sponsors are the entities that are ultimately responsible for financing the health care bill. See page 18 for trend data. Segments don't sum to 100% due to rounding.

Source: National Health Expenditure historical data, 1960–2016, Centers for Medicare & Medicaid Services, www.cms.gov.

### **Health Care Costs 101**

Sponsors

Sponsors finance the nation's health care by paying insurance premiums, out-of-pocket expenses and payroll taxes, or by directing general tax revenues to health care. In 2016, the federal government and households were the largest sponsors.

#### **SPONSOR DEFINITIONS**

**Federal government** sponsors health care via general tax revenues, plus payroll tax and employer contributions to health insurance premiums for its workers.

**Households** sponsor health care through out-of-pocket costs, health insurance premiums, and payroll taxes.

Other private contributions include philanthropy, privately funded structures and equipment, and investment income.

**Private business** sponsors health care through employer contributions to health insurance premiums and payroll taxes.

**State and local government** sponsors health care programs and pays payroll taxes and health insurance premiums for its workers.

## Health Spending Distribution, Sponsor Detail

United States, 2016

**Federal Government** \$944.1 Medicaid 39% Medicare 31% Other Health Programs (excluding Medicare) 22% Private Insurance Premiums (employer contribution) 4% Marketplace Tax Credits and Subsidies 4% Medicare Payroll Tax (employer contribution) <1% Households \$938.8 Out-of-Pocket Health Spending 38% Employer-Sponsored Insurance Premiums (employee or enrollee share) 28% Medicare Payroll Tax (employee or enrollee share) 17% TOTAL SPENDING Medicare Part B & D Premiums 7% \$3.3 trillion Direct Purchase Insurance (household contribution)\* 6% Medical Portion of Property and Casualty Insurance 4% **Private Business** \$664.6 Private Insurance Premiums (employer contribution) 76% Medicare Payroll Tax (employer contribution) 16% Workers' Compensation and Other 8% State and Local Government \$564.5 Medicaid 38% Private Insurance Premiums (employer contribution) 33% Other Health Programs 27% Medicare Payroll Tax (employer contribution) 2%

\*Includes premiums paid by individuals for marketplace plans, Medigap, and other directly purchased health insurance, such as coverage purchased off-exchange.

Notes: Health spending refers to national health expenditures. Sponsors are the entities that are ultimately responsible for financing the health care bill. Other health programs includes Department of Defense and Veterans Affairs health care, maternal and child health, and Children's Health Insurance Program (CHIP). Marketplace is individual coverage purchased on federal- and state-run health exchanges, such as healthcare.gov and Covered California. Medicaid buy-in premiums for Medicare are reflected under Medicaid. Household spending figures exclude government-paid advance premium tax credit (APTC) and cost-sharing reductions (CSR). Not shown: other private revenues (\$225.2 billion), which includes philanthropy, investment income, and private investment in noncommercial research, structures, and equipment. Figures may not total 100% due to rounding.

Source: National Health Expenditure historical data, 1960–2016, Centers for Medicare & Medicaid Services, www.cms.gov

### **Health Care Costs 101**

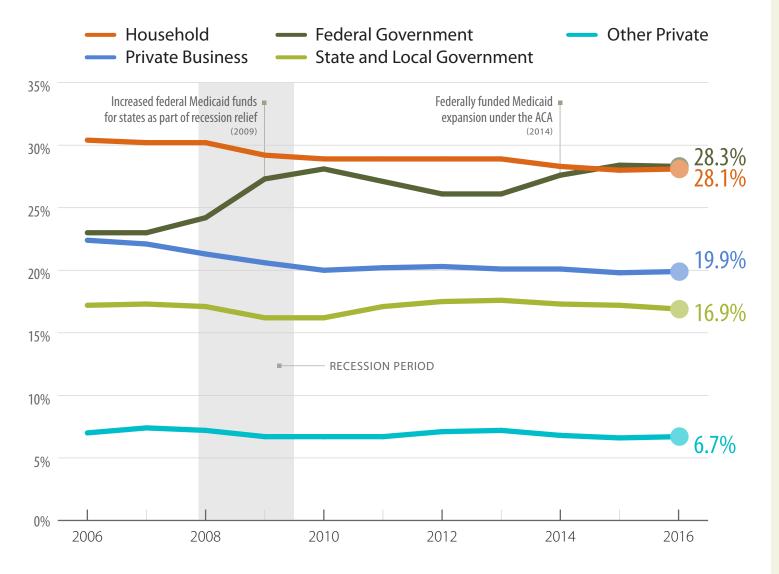
Sponsors

IN BILLIONS

Medicaid accounted for the largest share (39%) of federal spending on health care. Marketplace tax credits and subsidies totaled 4% of federal health spending. Out-of-pocket spending was the largest component of household health spending at 38%. Employer contributions to workers' health insurance premiums made up the majority (76%) of private businesss health spending.

## Health Spending Distribution, by Sponsor

United States, 2006 to 2016



Notes: Health spending refers to national health expenditures. Sponsors are the entities that are ultimately responsible for financing the health care bill. See page 34 for additional detail on factors contributing to the increase in the federal share of health spending. See page 17 for detail on how sponsors finance health care spending.

Source: National Health Expenditure historical data, 1960–2016, Centers for Medicare & Medicaid Services, www.cms.gov.

### **Health Care Costs 101**

Sponsors

In the past 10 years, the federal government has sponsored a growing share of health spending, while the shares sponsored by households and business declined. The federal share leveled off at about 28% in the 2014 to 2016 period.

### Health Spending Summary, by Sponsor

United States, 2015, 2016, and 20-Year Look Back

	SPENDING (IN BILLIONS)			DISTRIBUTION			GROWTH*		
	1996	2015	2016	1996	2015	2016	1996-2016	2015	2016
National Health Expenditures	\$1,074.4	\$3,200.8	\$3,337.2	100%	100%	100%	5.8%	5.8%	4.3%
Household	\$337.7	\$897.5	\$938.8	31%	28%	28%	5.2%	5.0%	4.6%
Private Business	\$250.4	\$633.3	\$664.6	23%	20%	20%	5.0%	4.4%	5.0%
Other Private Revenues	\$84.1	\$211.8	\$225.2	8%	7%	7%	5.0%	3.1%	6.3%
Federal Government	\$229.9	\$908.9	\$944.1	21%	28%	28%	7.3%	8.9%	3.9%
State and Local Government	\$172.4	\$549.3	\$564.5	16%	17%	17%	6.1%	4.8%	2.8%

### **Health Care Costs 101**

Sponsors

Over the past 20 years, federal government spending grew at an average rate of 7.3% per year, faster than spending by other government and private sponsors. In 2016, households spent almost as much on health care as the federal government: Each accounted for 28% of health spending.

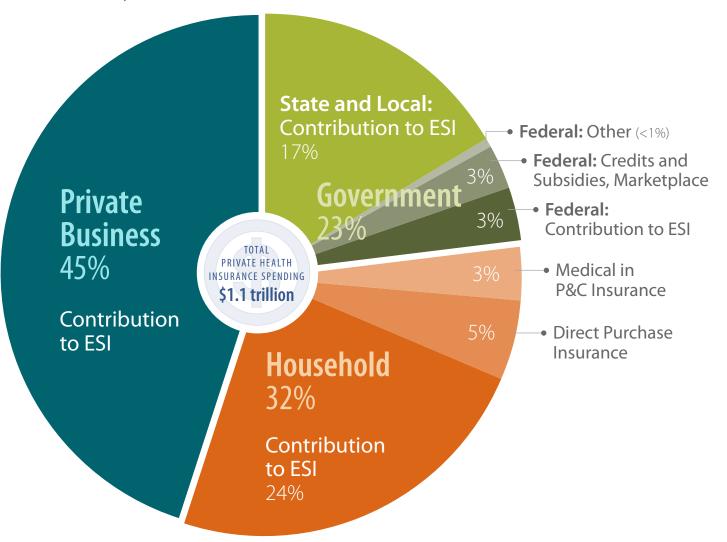
Notes: Health spending refers to national health expenditures. Sponsors are the entities that are ultimately responsible for financing the health care bill. Other private revenue includes philanthropy, privately funded structures and equipment, and investment income. See page 17 for detail on how sponsors finance health care spending. Figures may not sum due to rounding.

Source: National Health Expenditure historical data, 1960–2016, Centers for Medicare & Medicaid Services, www.cms.gov.

<sup>\*</sup>Growth rate for 1996–2016 is average annual; others are annual increases.

### Sponsors of Private Health Insurance

United States, 2016



Notes: Sponsors are the entities that are ultimately responsible for financing the health care bill. ESI refers to employer-sponsored insurance; P&C refers to property and casualty insurance. Direct purchase insurance includes premiums paid by individuals for marketplace plans, Medigap, and other directly purchased health insurance, such as coverage purchased off-exchange. Marketplace is individual health insurance coverage purchased on federal- and state-run health exchanges, such as healthcare.gov and Covered California. Segments don't sum to 100% due to rounding.

Source: National Health Expenditure historical data, 1960–2016, Centers for Medicare & Medicaid Services, www.cms.gov

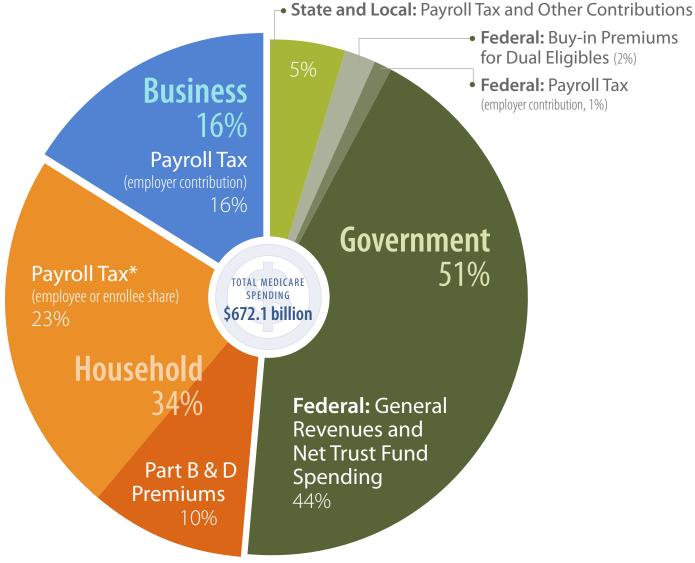
### **Health Care Costs 101**

Sponsors

Spending on private health insurance totaled \$1.1 trillion in 2016. Private business and households were the largest funders of private health insurance, accounting for 45% and 32%, respectively. In addition to spending on government workers' premiums, the federal government funded ACA-related individual market subsidies (premium tax credits and cost-sharing subsidies), which accounted for 3% (\$33 billion) of all private health insurance spending.

## Sponsors of Medicare

United States, 2016



\*Household payroll tax category includes employee and self-employed tax, plus voluntary premiums paid to Medicare Hospital Insurance Trust Fund (Part A). Notes: Sponsors are the entities that are ultimately responsible for financing the health care bill. Segments may not sum to their category subtotals due to rounding. Source: National Health Expenditure historical data, 1960–2016, Centers for Medicare & Medicaid Services, www.cms.gov.

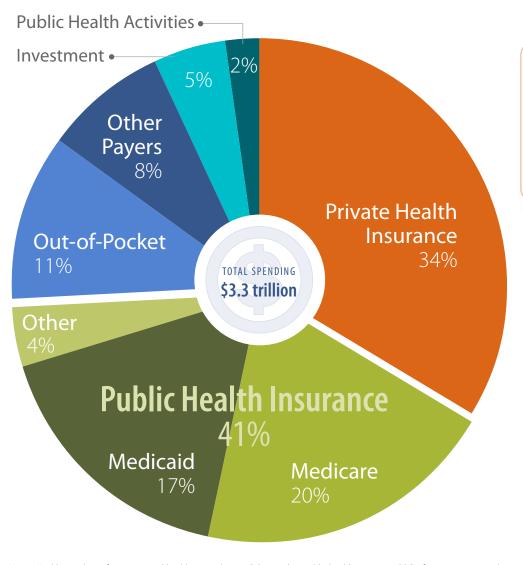
### **Health Care Costs 101**

Sponsors

Medicare is financed by general revenue, payroll taxes, and premiums. The payroll taxes contributed by employees, businesses, and government accounted for about 40% of spending. Premiums<sup>†</sup> paid by individuals were roughly 10%, while general revenue and other sources accounted for the remaining half.

Reflects premiums paid by individuals to Supplementary Medical Insurance Trust Fund (for Part B, professional services, and Part D, prescription drugs).

# Health Spending Distribution, by Payer United States, 2016



### PRIVATE HEALTH INSURANCE \$1.1 TRILLION

Employer-Sponsored 88%
Marketplace 4%
Other Direct Purchase 3%
Medical in P&C Insurance 3%
Medigap 2%

### **Health Care Costs 101**

Payment Sources

In 2016, public health insurance paid the largest share of health care costs (41%). Medicare accounted for 20% of all health spending while Medicaid paid for 17%. Private health insurance paid for just over a third of health spending. Consumers' out-of-pocket spending accounted for 11%.

#### PAYER DEFINITIONS

**Other payers** includes worksite health care, Indian Health Services, workers' compensation, maternal and child health, and vocational rehabilitation.

Other public health insurance includes Departments of Defense and Veterans Affairs health care and the Children's Health Insurance Program (CHIP).

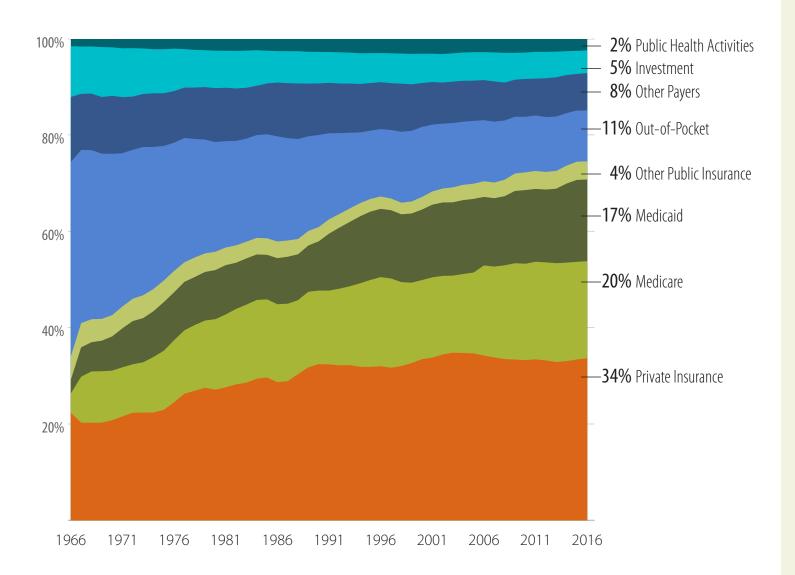
**Out-of-pocket** includes consumer spending on copays, deductibles, and goods and care not covered by insurance; it does not include premiums.

**Investment** includes noncommercial research, structures, and equipment.

Notes: Health spending refers to national health expenditures. Other is other public health insurance. P&C refers to property and casualty. Segments don't sum to 100% due to rounding. See page 23 for historical distribution.

Source: National Health Expenditure historical data, 1960–2016, Centers for Medicare & Medicaid Services, www.cms.gov.

# Payment Sources United States, 1966 to 2016



Note: Health spending refers to national health expenditures.

Source: National Health Expenditure historical data, 1960–2016, Centers for Medicare & Medicaid Services, www.cms.gov.

### **Health Care Costs 101**

Payment Sources

Over time, out-of-pocket spending has shrunk as a share of all health spending, while Medicare and Medicaid's share has expanded.

### PAYER DEFINITIONS

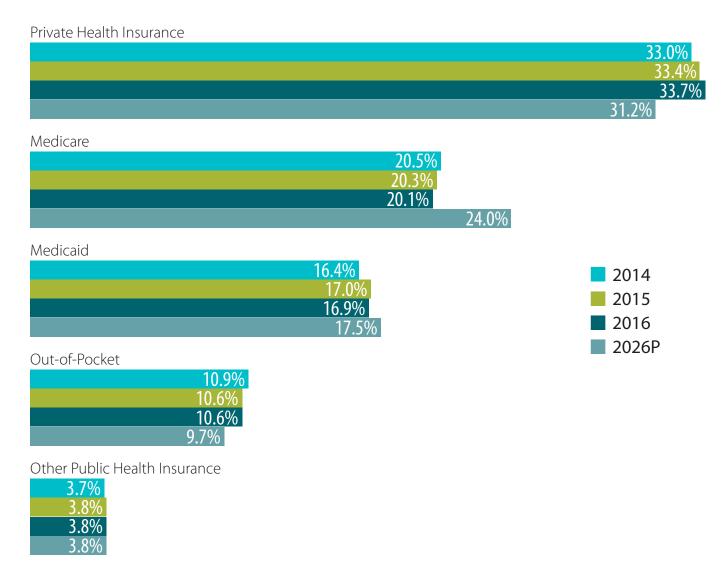
Other payers includes worksite health care, Indian Health Services, workers' compensation, maternal and child health, and vocational rehabilitation.

Other public health insurance includes Departments of Defense and Veterans Affairs health care and the Children's Health Insurance Program (CHIP).

**Out-of-pocket** includes consumer spending on copays, deductibles, and goods and care not covered by insurance; it does not include premiums.

## Health Spending Distribution, by Payer

United States, 2014 to 2016 and 10-Year Projection



Notes: Health spending refers to national health expenditures. Projections shown as P. See page 23 for historical distribution. Not shown: other payers, public health activities, and investment, which totaled 15.5%, 15.0%, 14.9%, and 13.9% in 2014, 2015, 2016, and 2026P, respectively.

Sources: National Health Expenditure (NHE) historical data, 1960–2016 (www.cms.qov) and NHE projections, 2017–2026 (www.cms.qov), Centers for Medicare & Medicaid Services.

### **Health Care Costs 101**

Payment Sources

Medicaid's share of spending was stable in 2016, following the increases in 2014 and 2015 when the ACA expanded Medicaid eligibility. Medicare's share is projected to expand as the population ages, reaching 24% by 2026.

## Health Spending Summary, by Payer

United States, 2015, 2016, and 20-Year Look Back

	SPENDING (IN BILLIONS)			DISTRIBUTION			GROWTH*		
	1996	2015	2016	1996	2015	2016	1996-2016	2015	2016
National Health Expenditures	\$1,074.4	\$3,200.8	\$3,337.2	100%	100%	100%	5.8%	5.8%	4.3%
Out-of-Pocket	\$150.4	\$ 339.3	\$ 352.5	14%	11%	11%	4.4%	2.8%	3.9%
Private Health Insurance	\$343.7	\$1,068.8	\$1,123.4	32%	33%	34%	6.1%	6.9%	5.1%
Medicare	\$198.8	\$ 648.8	\$ 672.1	18%	20%	20%	6.3%	4.8%	3.6%
Medicaid	\$152.2	\$ 544.1	\$ 565.6	14%	17%	17%	6.8%	9.5%	3.9%
• Federal	\$ 91.1	\$ 343.1	\$ 358.1	8%	11%	11%	7.1%	12.5%	4.4%
• State	\$ 61.1	\$ 201.0	\$ 207.5	6%	6%	6%	6.3%	4.9%	3.2%
Other Public Health Insurance	\$ 27.5	\$ 121.1	\$ 125.8	3%	4%	4%	7.9%	7.5%	3.9%
Other Payers	\$104.7	\$ 243.3	\$ 258.3	10%	8%	8%	4.6%	1.9%	6.1%
Public Health Activities	\$ 32.4	\$ 81.7	\$ 82.2	3%	3%	2%	4.8%	2.9%	0.6%
Investment	\$ 64.8	\$ 153.7	\$ 157.4	6%	5%	5%	4.5%	2.7%	2.4%

Notes: Health spending refers to national health expenditures. Columns may not sum due to rounding.

Source: National Health Expenditure historical data, 1960–2016, Centers for Medicare & Medicaid Services, www.cms.gov.

### **Health Care Costs 101**

Payment Sources

Medicare and Medicaid accounted for a larger share of spending in 2016 than in 1996. Medicaid's expansion occurred mainly through federal spending, which grew 7.1% over the period, versus 6.3% growth for state and local government.

### PAYER DEFINITIONS

**Other payers** includes worksite health care, Indian Health Services, workers' compensation, maternal and child health, and vocational rehabilitation.

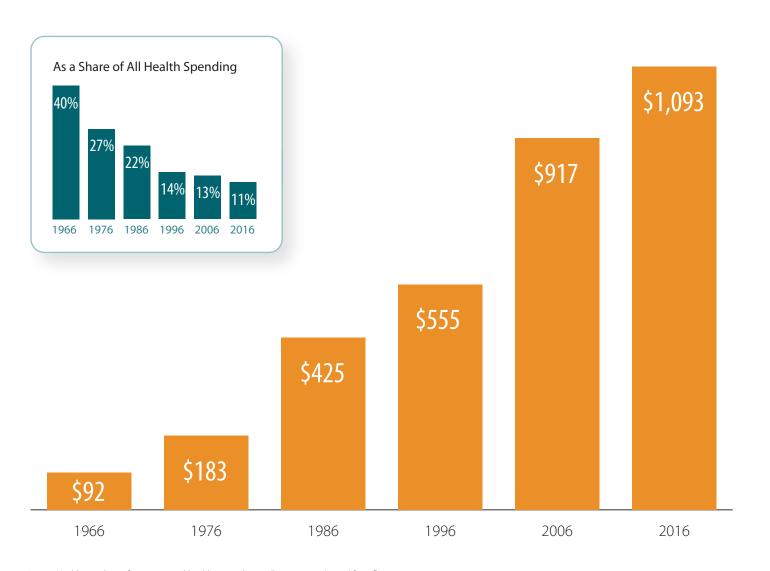
**Other public health insurance** includes Departments of Defense and Veterans Affairs and the Children's Health Insurance Program (CHIP).

**Out-of-pocket** includes consumer spending on copays, deductibles, and goods and care not covered by insurance; it does not include premiums.

<sup>\*</sup>Growth rate for 1996–2016 is average annual; others are annual changes.

## Out-of-Pocket Spending per Capita

United States, 1966 to 2016, Selected Years



Notes: Health spending refers to national health expenditures. Figures not adjusted for inflation.

Source: Author calculations based on National Health Expenditure historical data, 1960–2016, Centers for Medicare & Medicaid Services (CMS), www.cms.gov; and unpublished data from CMS, Office of the Actuary.

### **Health Care Costs 101**

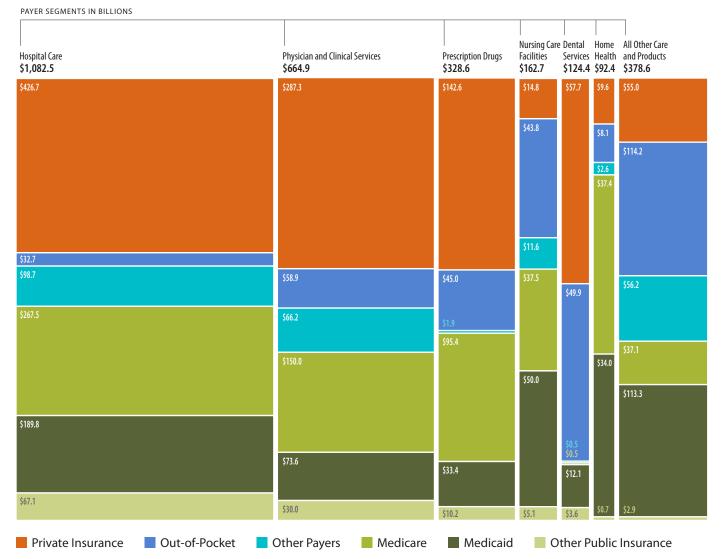
Payment Sources

Out-of-pocket spending on health care reached \$1,093 per person in 2016. Although the dollar amount spent out of pocket has risen steadily, the share of total health spending from this source has declined. In 1966, the \$92 spent out of pocket accounted for 40% of the \$228 per capita health spending. In 2016, the average \$1,093 spent out of pocket was about 11% of the \$10,348 spent per capita.

## Payer Mix, by Service Category

United States, 2016





Notes: All other care and products consists of durable medical equipment, nondurable medical products, other professional services, and other health, residential, and personal care. Segments may not sum due to rounding. For additional detail on spending categories, see Appendix A. Further definitions available at www.cms.gov.

Source: National Health Expenditure historical data, 1960–2016, Centers for Medicare & Medicaid Services, www.cms.gov.

### **Health Care Costs 101**

Payment Sources

The payer mix for health care differs by service provided. Home health services are most commonly paid for by Medicare and Medicaid, while most dental services are paid for by private health insurance and out-of-pocket.

For an interactive look at how the payer mix by service category has changed over time, visit www.chcf.org.

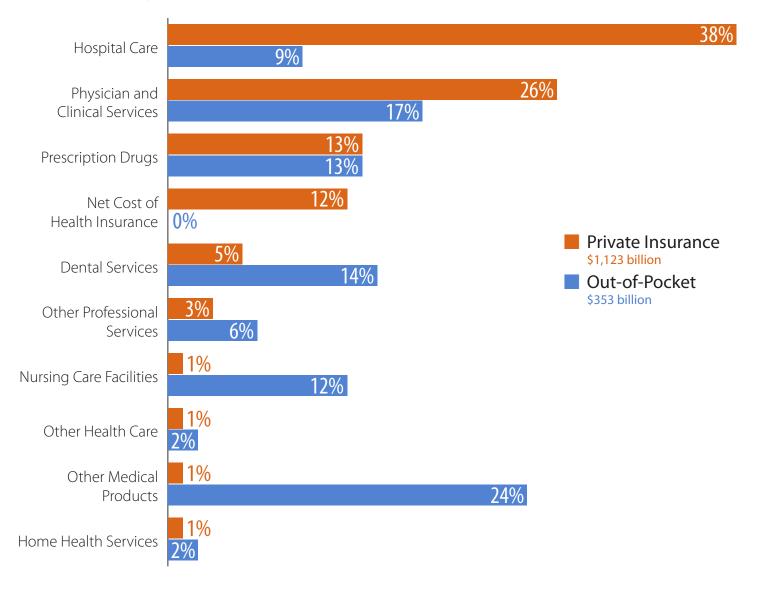
### PAYER DEFINITIONS

Other payers includes worksite health care, Indian Health Services, workers' compensation, maternal and child health, and vocational rehabilitation.

Other public health insurance includes Departments of Defense and Veterans Affairs and the Children's Health Insurance Program (CHIP).

**Out-of-pocket** includes consumer spending on copays, deductibles, and goods and care not covered by insurance; it does not include premiums.

# **Spending Distribution, Private Insurance vs. Out-of-Pocket** United States, 2016



Notes: *Health spending* refers to national health expenditures. For additional detail on spending categories, see Appendix A. Further definitions available at www.cms.gov. Source: Author calculations based on National Health Expenditure historical data, 1960–2016, Centers for Medicaid Services, www.cms.gov.

### **Health Care Costs 101**

**Payment Sources** 

Private insurance spent the largest portion of its health care dollars on hospital care (38%). In contrast, other medical products, a category including eyeglasses, over-the-counter medications, and durable items such as wheelchairs, was the largest category of out-of-pocket spending.

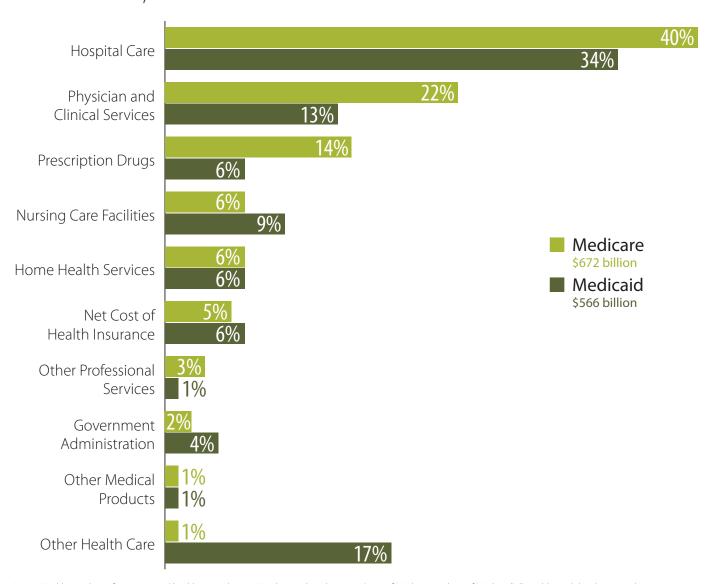
#### SPENDING CATEGORY DEFINITIONS

**Net cost of health insurance** reflects the difference between benefits and premiums for private insurance and includes administrative expenses, premium taxes, and profits.

**Other health care** refers to the category other health, residential, and personal care.

**Other medical products** refers to durable medical equipment and nondurable medical products.

# **Spending Distribution, Medicare vs. Medicaid** United States, 2016



Notes: Health spending refers to national health expenditures. Not shown: dental services (<1% of Medicare and 2% of Medicaid). For additional detail on spending categories, see Appendix A. Further definitions available at www.cms.gov.

Source: Author calculations based on National Health Expenditure historical data, 1960–2016, Centers for Medicare & Medicaid Services, www.cms.gov.

### **Health Care Costs 101**

Payment Sources

The largest expense category
for both Medicare and Medicaid
was hospital care. Medicaid's
second-largest spending category
was other health care, which
includes Medicaid home- and
community-based waiver programs
providing alternatives to long-term
institutional services.

#### SPENDING CATEGORY DEFINITIONS

**Government administration** includes the administrative costs of government health care programs such as Medicare and Medicaid.

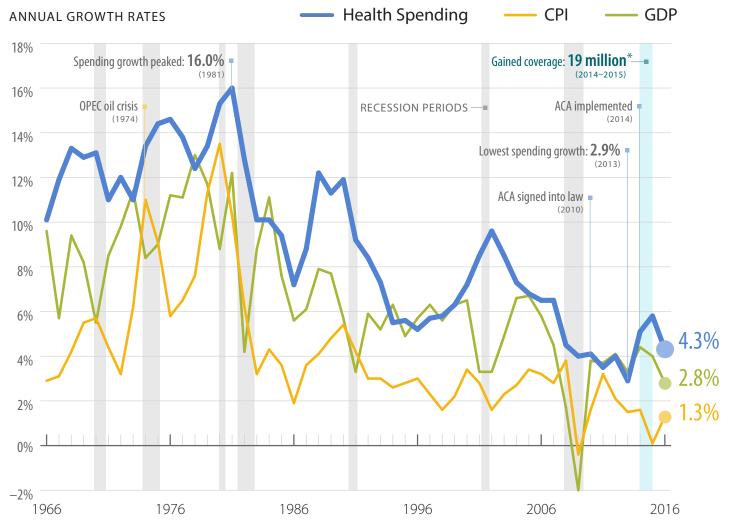
**Net cost of health insurance** reflects the difference between benefits and premiums for private insurance and includes administrative expenses, premium taxes, and profits.

**Other health care** refers to the category other health, residential, and personal care.

**Other medical products** refers to durable medical equipment and nondurable medical products.

## Health Spending vs. Inflation and the Economy

United States, 1966 to 2016



<sup>\*10</sup> million additional Medicaid enrollees (+17.3%); 9 million additional privately insured (+4.6%).

Notes: Health spending refers to national health expenditures. CPI refers to consumer price index and GDP refers to gross domestic product. See page 14 for detail on the components of health spending growth.

Sources: Author calculations based on National Health Expenditure historical data, 1960–2016, Centers for Medicare & Medicaid Services, www.cms.gov; GDP, Bureau of Economic Analysis, www.bea.gov; CPI, Bureau of Labor Statistics, www.bls.gov.

### **Health Care Costs 101**

**Growth Trends** 

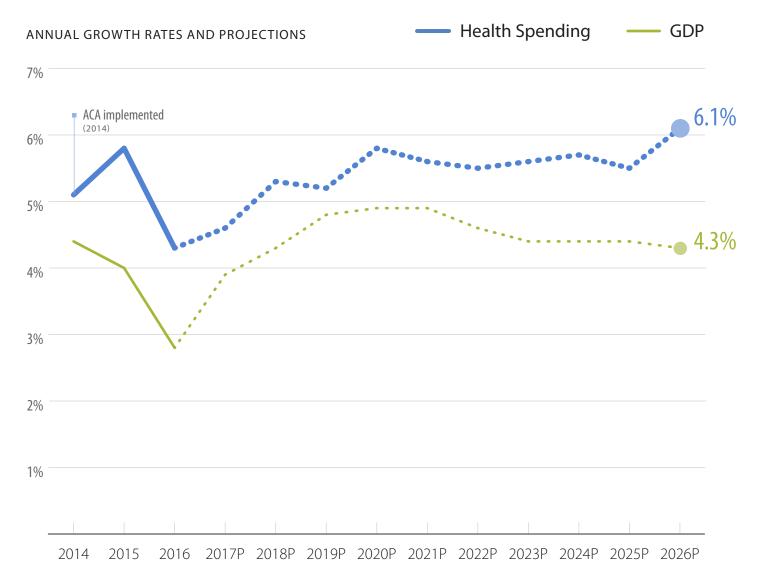
Over the last 50 years, health spending has outpaced both inflation and economic growth.

From 2010 to 2013, health care grew at a rate similar to the economy. Health spending grew faster in 2014 and 2015, as millions of people gained health insurance.

Spending slowed in 2016, as post-ACA enrollment began to stabilize.

## Health Spending vs. the Economy

United States, 2014 to 2016 and 10-Year Projections



Notes: Health spending refers to national health expenditures. GDP refers to gross domestic product. Projections shown as P.

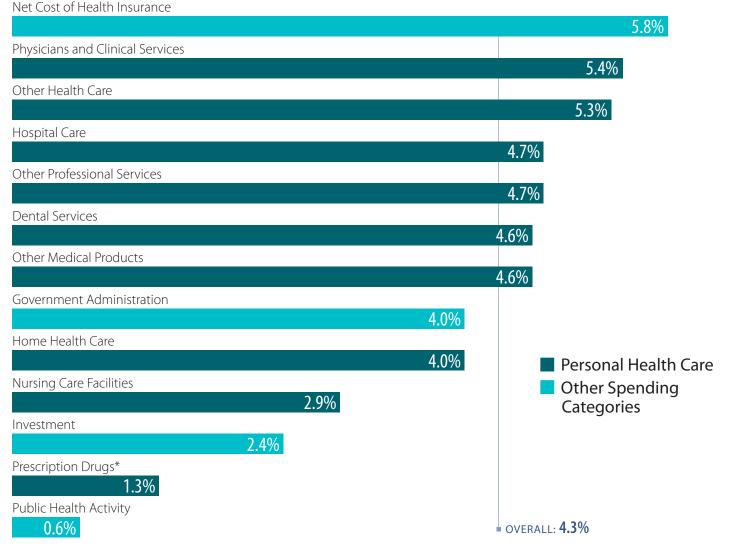
Sources: National Health Expenditure (NHE) historical data, 1960–2016 (www.cms.gov) and NHE projections, 2017–2026 (www.cms.gov), Centers for Medicare & Medicaid Services

### **Health Care Costs 101**

**Growth Trends** 

Over the period 2017 to 2026, health spending is projected to increase at an average rate of 5.5% per year, one percentage point faster than gross domestic product (GDP). Based on these estimates, health care is expected to account for one-fifth of the economy by 2026.

# **Growth Rates, by Spending Category** United States, 2016



\*In 2016, 22 new drugs were approved, about half the number approved in 2015 (45) and 2014 (41).

Notes: For additional detail on spending categories, see Appendix A. Further definitions available at www.cms.gov.

Source: National Health Expenditure historical data, 1960–2016, Centers for Medicare & Medicaid Services, www.cms.gov.

### **Health Care Costs 101**

**Growth Trends** 

Growth rates by spending category ranged from a 0.6% for public health activity to 5.8% for the net cost of health insurance. Growth in prescription drug spending declined dramatically, from 8.9% in 2015 (not shown) to 1.3%, as fewer new drugs were approved, generic drug spending declined, and brandname drug spending slowed.

#### SPENDING CATEGORY DEFINITIONS

**Government administration** includes the administrative costs of health care programs such as Medicare and Medicaid.

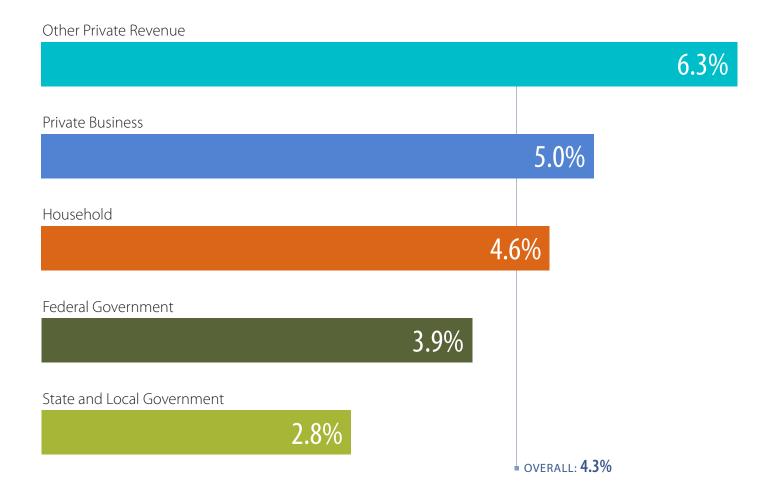
**Net cost of health insurance** refers to the difference between private health insurance expenditures and benefits, and includes administrative costs, additions to reserves, rate credits and dividends, premium taxes and fees, and profits or losses.

**Other health care** refers to the category other health, residential, and personal care.

**Other medical products** refers to durable medical equipment and nondurable medical products.

**Other professional services** consists of care provided in establishments operated by health care providers other than physicians or dentists, such as chiropractors, podiatrists, and speech therapists.

# Annual Growth in Health Spending, by Sponsor United States, 2016



<sup>\*</sup>See page 35 for detail on changes in household spending

Notes: Health spending refers to national health expenditures. Sponsors are the entities that are ultimately responsible for financing the health care bill. Other private revenue includes philanthropy, privately funded structures and equipment, and investment income. Marketplace is individual health insurance coverage purchased on federal- and state-run health exchanges, such as healthcare.gov and Covered California. See pages 16, 17, and 19 for detail on how sponsors finance health care spending.

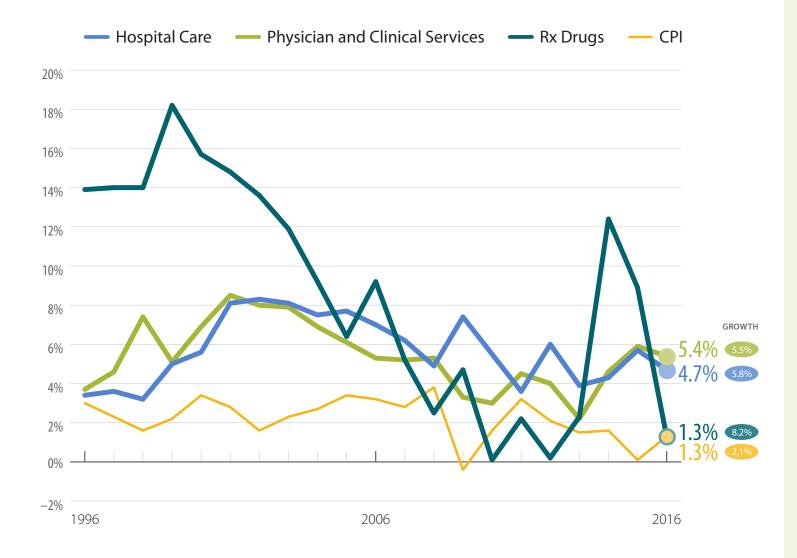
Source: National Health Expenditure historical data, 1960–2016, Centers for Medicare & Medicaid Services, www.cms.gov.

### **Health Care Costs 101**

**Growth Trends** 

In 2016, government spending grew more slowly than private business, household, or other spending. This contrasted with 2014 and 2015, when federal spending accelerated to fund Medicaid expansion and marketplace premium and cost-sharing subsidies (not shown).

# Annual Growth Rates, Largest Spending Categories United States, 1996 to 2016



### **Health Care Costs 101**

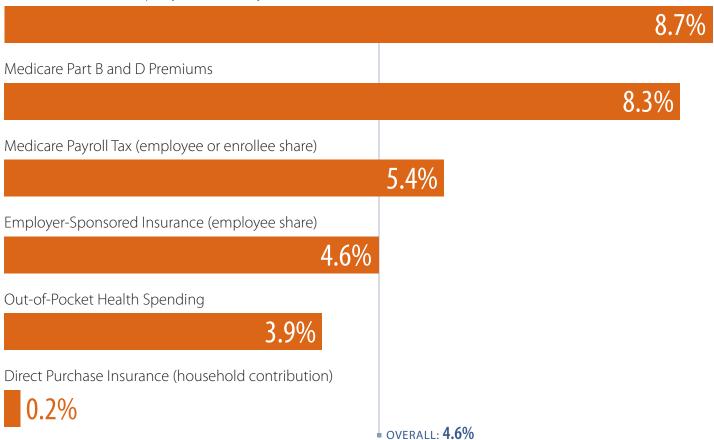
**Growth Trends** 

Over the past 20 years, annual growth in prescription drug spending has been more volatile than other major categories, and ranged from 0.1% to 18.2%. Increasing an average of 8.2% annually between 1996 and 2016, prescription drug spending has grown faster than spending on hospital (5.8%) or physician and clinical services (5.5%).

Notes: *Health spending* refers to national health expenditures. *CPI* is consumer price index. *Growth* is the average annual spending growth rate for 1996 to 2016. Source: Author calculations based on National Health Expenditure historical data, 1960–2016, Centers for Medicare & Medicaid Services, www.cms.gov.

# **Growth in Household Health Care Spending** United States, 2016

Medical Portion of Property and Casualty Insurance



Notes: Health spending refers to national health expenditures. Direct purchase insurance includes premiums paid by individuals for marketplace plans, Medigap, and other directly purchased health insurance, such as coverage purchased off-exchange. Marketplace is individual health insurance coverage purchased on federal- and state-run health exchanges, such as healthcare.gov and Covered California. Household health care spending excludes any subsidies provided for premiums or cost sharing by the ACA.

Source: National Health Expenditure historical data, 1960–2016, Centers for Medicare & Medicaid Services, www.cms.gov

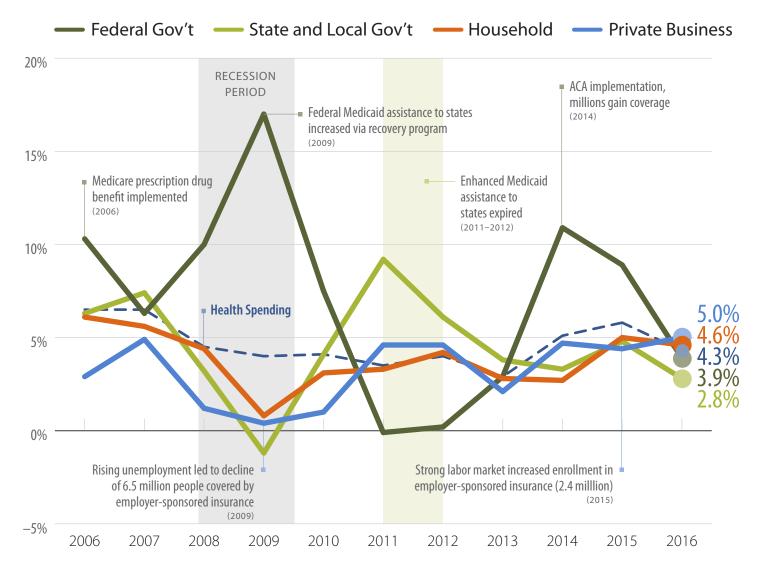
### **Health Care Costs 101**

**Growth Trends** 

Overall household spending on health care grew by 4.6%. The number of people enrolling in unsubsidized direct purchase coverage declined from 2015 to 2016, leading to a dramatic growth slowdown in this category (7.2% to 0.2%).

## Annual Growth in Health Spending, by Sponsor

United States, 2006 to 2016



Notes: Health spending refers to national health expenditures. Sponsors are the entities that are ultimately responsible for financing the health care bill. Not shown: other private revenues. See pie chart on page 34 for breakdown of increase in federal spending. See pages 16, 17, and 19 for detail on how sponsors finance health care spending.

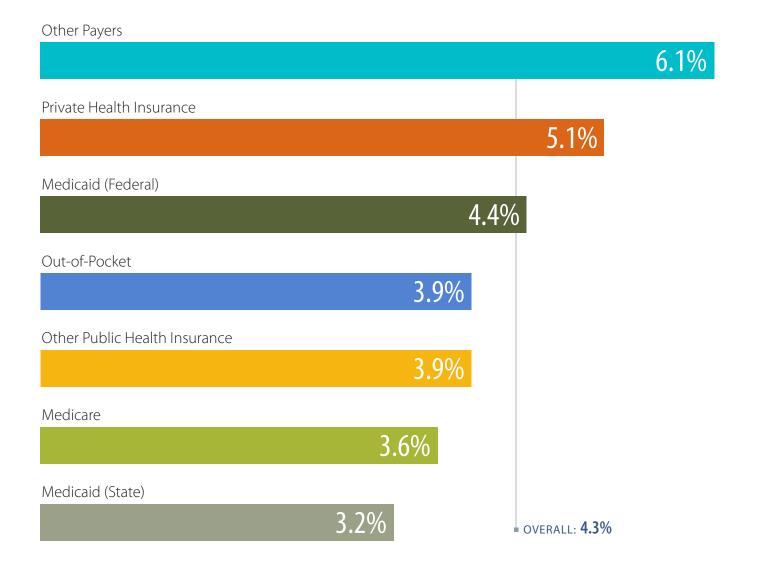
Source: National Health Expenditure historical data, 1960–2016, Centers for Medicare & Medicaid Services, www.cms.gov

### **Health Care Costs 101**

**Growth Trends** 

The impact of federal health policy decisions and economic conditions can be seen in the acceleration and deceleration of health care spending. For example, in 2015 and 2016, federal spending slowed as ACA coverage expansions leveled off.

# Annual Change in Health Spending, by Payer United States, 2016



Notes: *Health spending* refers to national health expenditures. Not shown: public health activities (0.6%) and investment (2.4%). Medicaid overall, federal and state combined, grew 3.9%. Source: National Health Expenditure historical data, 1960–2016, Centers for Medicaid Services, www.cms.gov.

#### **Health Care Costs 101**

**Growth Trends** 

Spending growth ranged from 3.2% to 6.1% among payers, a narrower spread than in the past two years (not shown). With the stabilization of ACA enrollment in 2016, federal Medicaid spending increased at a pace similar to other payers.

#### PAYER DEFINITIONS

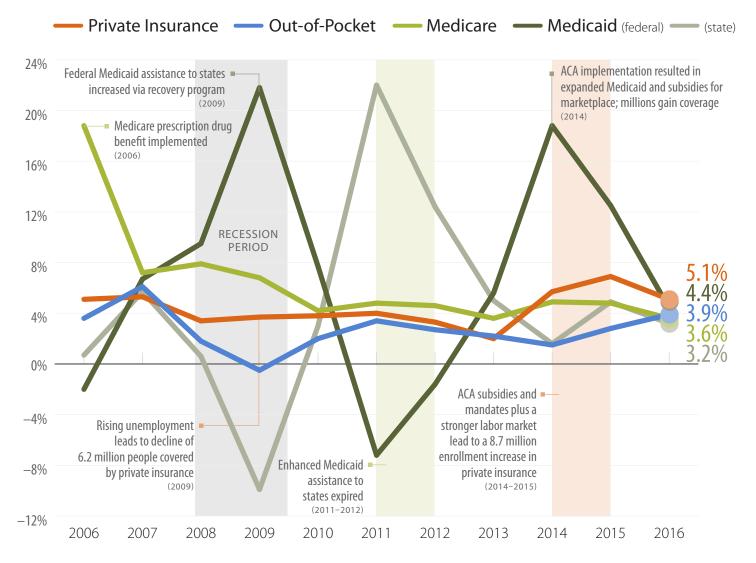
Other payers includes worksite health care, Indian Health Services, workers' compensation, maternal and child health, and vocational rehabilitation.

Other public health insurance includes Departments of Defense and Veterans Affairs and the Children's Health Insurance Program (CHIP).

**Out-of-pocket** includes consumer spending on copays, deductibles, and goods and care not covered by insurance; it does not include premiums.

## Annual Growth Rates, by Payer

United States, 2006 to 2016



Notes: *Marketplace* is individual health insurance coverage purchased on federal- and state-run health exchanges, such as healthcare.gov and Covered California. Not shown: other public health insurance, other payers, public health activities, investment. See page 25 for historical and page 39 for projected growth rates. Source: National Health Expenditure historical data, 1960–2016, Centers for Medicare & Medicaid Services, www.cms.gov.

#### **Health Care Costs 101**

**Growth Trends** 

Changes in government policy and large economic shifts affect spending growth. During the great recession, out-of-pocket spending slowed as consumers tightened their belts; federal Medicaid spending accelerated as the economic recovery program increased federal Medicaid funds to states. More recently, during the 2014 ACA implementation, spending by federal Medicaid and private insurance sources accelerated as millions gained coverage.

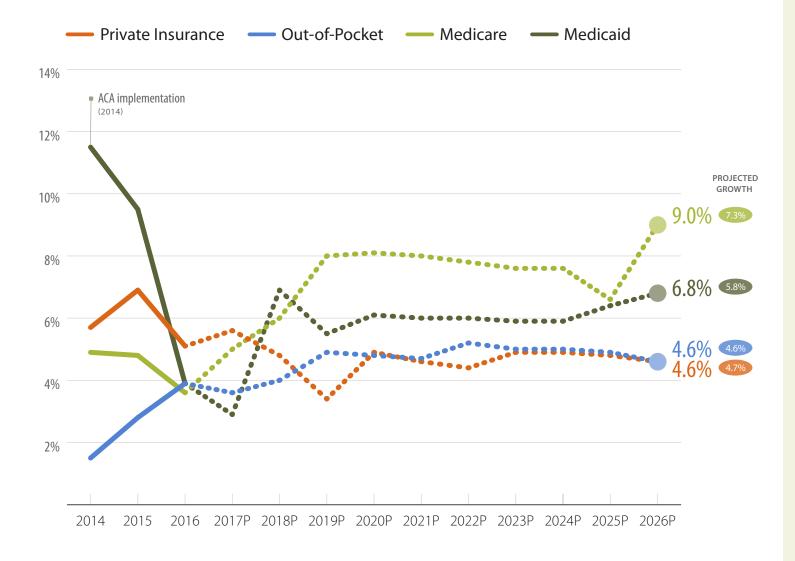
#### PAYER DEFINITION

**Out-of-pocket** includes consumer spending on copays, deductibles, and goods and care not covered by insurance; it does not include premiums.

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## Annual Growth Projections, by Payer

United States, 2014 to 2016 and 10-Year Projections



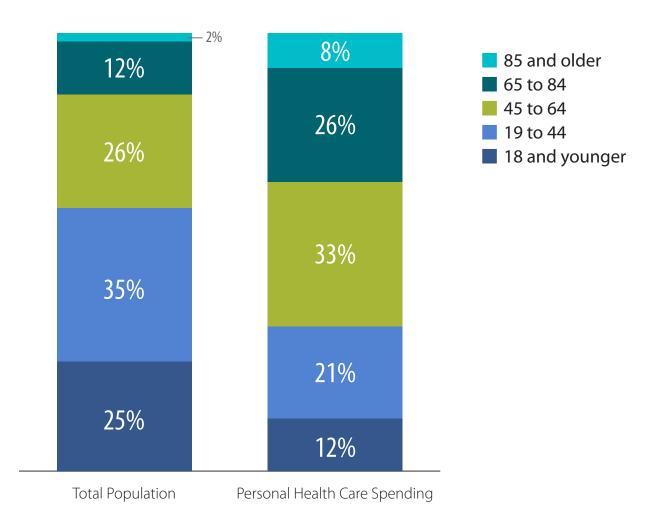
Notes: *Health spending* refers to national health expenditures. Projections shown as *P. Projected growth* is the average annual spending growth rate projected for 2017 to 2026. Sources: National Health Expenditure (NHE) historical data, 1960–2016 (www.cms.qov) and NHE projections, 2017–2026 (www.cms.qov), Centers for Medicare & Medicaid Services.

#### **Health Care Costs 101**

**Growth Trends** 

Overall health spending is projected to increase 5.5% per year (not shown) for the 2017 to 2026 period. Medicare is expected to have the highest growth rate as baby boomers age into the program. Medicaid spending slowed in 2016 as enrollment stabilized; looking ahead, Medicaid projections reflect an increasing share of enrollment in the "aged and disabled" category.

# Share of Population vs. Personal Health Care Spending by Age Group, United States, 2012



Notes: Personal health care spending excludes net cost of health insurance, government administration, public health activities, and investment. See Appendix B for spending category detail by age group and gender.

Sources: National Health Expenditure age and gender data, 2002–2012, Centers for Medicare & Medicaid Services (CMS), 2017, www.cms.gov; unpublished data points, population by age, 2012, from Office of the Actuary, National Health Statistics Group, CMS.

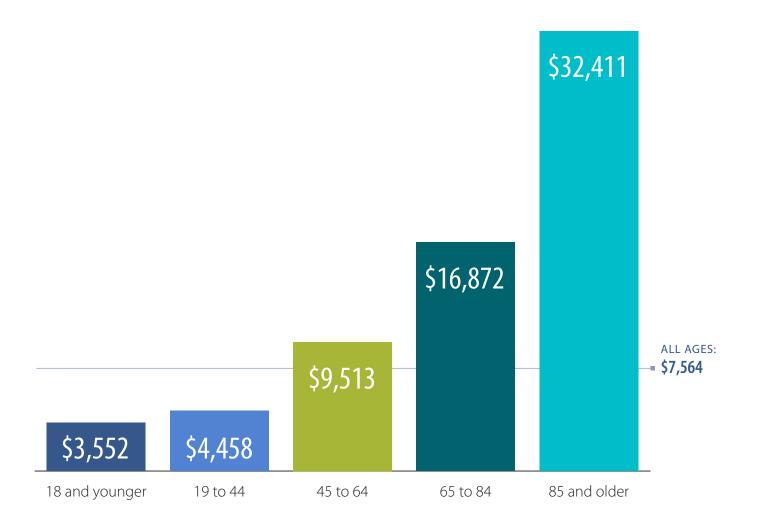
#### **Health Care Costs 101**

Age and Gender

The elderly population, 65 and over, made up 14% of the US population and accounted for 34% of personal health care spending. In contrast, children made up 25% of the population and accounted for 12% of personal health spending.

## Personal Health Care Spending per Capita

by Age Group, United States, 2012



Notes: Personal health care spending excludes net cost of health insurance, government administration, public health activities, and investment. Per capita spending for all people age 65 and older was \$18,988. See Appendix B for spending category detail by age group and gender.

Sources: National Health Expenditure age and gender data, 2002–2012, Centers for Medicare & Medicaid Services (CMS), 2017, www.cms.gov; unpublished data points, population by age, 2012, from Office of the Actuary, CMS.

#### **Health Care Costs 101**

Age and Gender

Per capita health spending varies by age. Personal health care spending among young, workingage adults (19 to 44) totaled \$4,458 per person, 26% more than children, but less than half as much as older working adults (45 to 64). Spending on those age 85 and over averaged \$32,411 per person.

## Personal Health Care Spending per Capita

by Gender and Age Group, United States, 2012



Notes: Personal health care spending excludes net cost of health insurance, government administration, public health activities, and investment. Per capita spending for all people age 65 and older was \$18,988 (\$19,558 for females and \$18,251 for males). See Appendix B for spending category detail by age group and gender.

Sources: National Health Expenditure age and gender data, 2002–2012, Centers for Medicare & Medicaid Services (CMS), 2017, www.cms.gov; unpublished data points, population by age, 2012, from Office of the Actuary, CMS.

#### **Health Care Costs 101**

Age and Gender

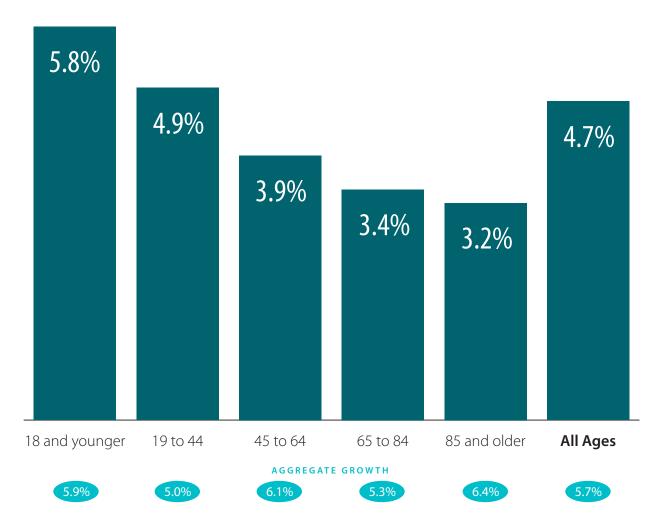
Overall, females spent 22% more than males on personal health care, a difference of \$1,527 per year.

Gender differences were greatest for women of child-bearing age, due to increased hospital and physician services, and for women age 85 and older, due largely to more nursing facility care.

## Annual Average Spending Growth, by Age Group

Per Capita and Aggregate Growth, United States, 2002 to 2012

#### PER CAPITA



Note: The slower per person growth for the elderly is attributed, in part, to low rates of increase in nursing facility care (e.g., average 1.6% annually for 85+) resulting from state efforts to support home-based care alternatives to institutional care. Rising insurance levels among children may have boosted health spending in the youngest age group.

Source: Author calculation based on National Health Expenditure age and gender data, 2002–2012, Centers for Medicare & Medicaid Services (CMS), www.cms.gov.

#### **Health Care Costs 101**

Age and Gender

Over the 10-year period shown, per person spending increased most slowly among the elderly and fastest among children. In contrast, overall spending totals, which also reflect the increasing numbers of the elderly, grew much faster.

## Personal Health Care Spending per Capita

by Category and Age Group, United States, 2012

	18 AND YOUNGER	19 TO 44	45 TO 64	65 TO 84	85 AND OLDER	ALL AGES
Personal Health Care	\$3,552	\$4,458	\$9,513	\$16,872	\$32,411	\$7,564
Hospital Care	1,468	1,785	3,732	6,150	9,300	2,879
Physician and Clinical Services	872	1,185	2,467	3,653	4,242	1,796
Dental Services	380	220	411	507	379	347
Other Professional Services	115	164	314	569	591	247
Nursing Care Facilities	14	31	248	1,778	9,745	473
Home Health Care	98	78	155	731	3,518	245
Other Health Care	263	401	525	591	1,349	440
Prescription Drugs	261	446	1,270	1,977	1,900	826
Durable Medical Equipment	57	80	169	347	598	139
Other Nondurable Medical Products	25	68	223	570	789	171

#### **Health Care Costs 101**

Age and Gender

Spending on health services varied with age. The \$3,552 in total personal health spending on children compared to \$32,411 for the oldest age group. Prescription drug spending on young working age adults (\$446) was lower than for older working age adults (\$1,270).

Note: *Personal health care spending* excludes net cost of health insurance, government administration, public health activities, and investment. Source: National Health Expenditure historical data, 1960–2015, Centers for Medicare & Medicaid Services, www.cms.gov.

### **Data Resources**

#### **Economic Data**

- "The Budget and Economic Outlook: 2018 to 2028,"
   Congressional Budget Office, April 2018, www.cbo.gov.
- Consumer Price Index, Bureau of Labor Statistics, www.bls.gov/data.
- Gross domestic product, Bureau of Economic Analysis, www.bea.gov.
- "OECD Health Statistics 2017: Frequently Requested Data," Organisation for Economic Co-operation and Development, June, 2017, www.oecd.org.

#### Journal Publications Authored by CMS Staff

- Hartman, Micah, et al. "National Health Care Spending In 2016: Spending and Enrollment Growth Slow After Initial Coverage Expansions," *Health Affairs* 37, no. 1 (2018): 150–160, doi:10.1377/hlthaff.2017.1299.
- Cuckler, Gigi A. et al. "National Health Expenditure Projections, 2017–2026: Despite Uncertainty, Fundamentals Primarily Drive Spending Growth," *Health Affairs* 37, no. 3 (2018): 482–492, doi:10.1377/hlthaff.2017.1655
- Lassman, David, et al. "US Health Spending Trends by Age and Gender: Selected Years 2002-10," Health Affairs 33, no. 5 (May 2014): 815-22, doi:10.1377/hlthaff.2013.1224.
- Lassman, David, et al. "Health Spending by State 1991-2014: Measuring Per Capita Spending by Payers and Programs," *Health Affairs* 36, no. 7, (June 2017), doi:10.1377/ hlthaff.2017.0416.

#### **National Health Expenditures**

#### AGE AND GENDER

 Data and Resources www.cms.gov

#### HEALTH CARE SATELLITE ACCOUNT

Disease-Based Health Care Measures, Bureau of Economic Analysis

- Introduction www.bea.gov (PDF)
- Data and Resources www.bea.gov

#### HISTORICAL INFORMATION / OVERVIEW

- Data by Service Category, Payer, and Sponsor www.cms.gov
- Definitions, Sources, Methods www.cms.gov (PDF)
- Overview of National Health Expenditure Resources www.cms.gov
- Quick Reference Definitions www.cms.gov (PDF)
- Highlights www.cms.gov (PDF)

#### **PROJECTIONS**

- Data and Methodology: www.cms.gov
- Forecast Summary: www.cms.gov (PDF)

#### STATE INFORMATION

- Residence: www.cms.gov
- Provider: www.cms.gov

#### **Health Care Costs 101**

#### **ABOUT THIS SERIES**

The California Health Care Almanac is an online clearinghouse for data and analysis examining the state's health care system. It focuses on issues of quality, affordability, insurance coverage and the uninsured, and the financial health of the system with the goal of supporting thoughtful planning and effective decisionmaking. Learn more at www.chcf.org/almanac.

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#### FOR MORE INFORMATION



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510.238.1040 www.chcf.org

## **Appendix A:** Health Spending, by Category, 2015 to 2016 and Historical Look Back

		SPENDING	(IN BILLIONS)			DISTRIE	BUTION		GROWTH*				
	1996	2006	2015	2016	1996	2006	2015	2016	1996-2016	2006-2016	2015	2016	
National Health Expenditures	\$1,074.4	\$2,156.2	\$3,200.8	\$3,337.2	100%	100%	100%	100%	5.8%	4.5%	5.8%	4.3%	
Health Consumption Expenditures	\$1,009.6	\$2,031.0	\$3,047.1	\$3,179.8	94%	94%	95%	95%	5.9%	4.6%	5.9%	4.4%	
Personal Health Care	\$ 917.5	\$1,804.3	\$2,715.5	\$2,834.0	85%	84%	85%	85%	5.8%	4.6%	6.1%	4.4%	
▶ Hospital Care	350.8	651.2	1,033.4	1,082.5	33%	30%	32%	32%	5.8%	5.2%	5.7%	4.7%	
▶ Professional Services	304.2	581.8	837.7	881.2	28%	27%	26%	26%	5.5%	4.2%	5.7%	5.2%	
Physician and Clinical Services	228.4	434.7	631.0	664.9	21%	20%	20%	20%	5.5%	4.3%	5.9%	5.4%	
▶ Dental Services	46.9	91.8	118.9	124.4	4%	4%	4%	4%	5.0%	3.1%	4.4%	4.6%	
▶ Other Professional Services	28.9	55.3	87.8	92.0	3%	3%	3%	3%	6.0%	5.2%	5.9%	4.7%	
▶ Nursing Care Facilities	69.2	115.9	158.1	162.7	6%	5%	5%	5%	4.4%	3.4%	3.7%	2.9%	
▶ Home Health Services	35.7	52.1	88.8	92.4	3%	2%	3%	3%	4.9%	5.9%	5.8%	4.0%	
▶ Other Health Care	46.0	101.1	164.8	173.5	4%	5%	5%	5%	6.9%	5.6%	8.7%	5.3%	
▶ Retail Outlet Sales	111.5	302.3	432.7	441.7	10%	14%	14%	13%	7.1%	3.9%	7.7%	2.1%	
▶ Prescription Drugs	68.1	224.1	324.5	328.6	6%	10%	10%	10%	8.2%	3.9%	8.9%	1.3%	
▶ Durable Medical Equipment	17.4	34.4	48.6	51.0	2%	2%	2%	2%	5.5%	4.0%	4.1%	4.9%	
▶ Other Nondurable Medical Products	26.0	43.7	59.6	62.2	2%	2%	2%	2%	4.5%	3.6%	4.6%	4.4%	
▶ Administration	59.7	165.8	249.9	263.7	6%	8%	8%	8%	7.7%	4.7%	5.5%	5.5%	
▶ Net Cost of Health Insurance	48.8	137.2	207.7	219.8	5%	6%	6%	7%	7.8%	4.8%	6.1%	5.8%	
▶ Government Administration	10.9	28.7	42.1	43.8	1%	1%	1%	1%	7.2%	4.3%	2.8%	4.0%	
▶ Public Health Activities	32.4	60.9	81.7	82.2	3%	3%	3%	2%	4.8%	3.0%	2.9%	0.6%	
Investment	\$64.8	\$125.2	\$153.7	\$157.4	6%	6%	5%	5%	4.5%	2.3%	2.7%	2.4%	
Noncommercial Research	17.8	41.2	46.5	47.7	2%	2%	1%	1%	5.0%	1.5%	1.2%	2.6%	
▶ Structures and Equipment	47.0	84.0	107.2	109.7	4%	4%	3%	3%	4.3%	2.7%	3.3%	2.3%	

<sup>\*</sup>Growth rates for the 1996–2016 and 2006-2016 periods are average annual; 2015 and 2016 are the growth/decline over previous year.

Notes: *Health spending* refers to national health expenditures. Figures may not sum due to rounding. Further definitions available at www.cms.gov. An Excel version of this table is available at www.chcf.org. Source: National Health Expenditure historical data, 1960–2016, Centers for Medicare & Medicaid Services, www.cms.gov.

## **Appendix B:** Personal Health Care Spending, by Gender, Age, and Category, 2012

	FEMALES								MA	LES			TOTAL					
	0 to 18	19 to 44	45 to 64	65 to 84	85+	ALL	0 to 18	19 to 44	45 to 64	65 to 84	85+	ALL	0 to 18	19 to 44	45 to 64	65 to 84	85+	ALL
PER CAPITA	\$3,399	\$5,579	\$9,808	\$16,857	\$33,662	\$8,315	\$3,698	\$3,352	\$9,203	\$16,890	\$29,922	\$6,788	\$3,552	\$4,458	\$9,513	\$16,872	\$32,411	\$7,564
Hospital Care	1,412	2,348	3,618	5,785	9,090	3,068	1,522	1,229	3,851	6,592	9,717	2,684	1,468	1,785	3,732	6,150	9,300	2,879
Physician and Clinical Services	828	1,577	2,733	3,560	3,838	2,015	913	799	2,187	3,765	5,046	1,569	872	1,185	2,467	3,653	4,242	1,796
Dental Services	421	261	456	492	350	383	341	178	364	526	437	310	380	220	411	507	379	347
Other Professional Services	109	203	375	607	572	287	120	125	250	521	628	206	115	164	314	569	591	247
Nursing Care Facilities	12	27	222	1,957	11,162	595	16	35	275	1,561	6,928	347	14	31	248	1,778	9,745	473
Home Health Care	91	93	169	828	3,868	299	105	64	139	613	2,820	189	98	78	155	731	3,518	245
Other Health Care	224	365	490	654	1,388	427	300	437	562	516	1,273	454	263	401	525	591	1,349	440
Prescription Drugs	220	529	1,315	2,020	1,965	891	300	364	1,222	1,925	1,771	760	261	446	1,270	1,977	1,900	826
Durable Medical Equipment	60	94	191	346	563	156	54	67	146	348	668	123	57	80	169	347	598	139
Other Nondurable Medical Products	22	81	238	609	867	196	28	56	207	523	633	146	25	68	223	570	789	171
10-YEAR GROWTH	5.7%	4.9%	3.6%	3.4%	3.2%	4.5%	5.8%	4.9%	4.1%	3.4%	3.4%	5.0%	5.8%	4.9%	3.9%	3.4%	3.2%	4.7%
Hospital Care	6.8%	6.3%	5.2%	3.1%	2.5%	5.3%	6.7%	6.4%	5.3%	2.7%	2.3%	5.6%	6.7%	6.4%	5.2%	3.0%	2.5%	5.5%
Physician and Clinical Services	5.3%	4.6%	2.9%	3.2%	5.1%	4.2%	5.4%	4.5%	3.2%	3.1%	5.0%	4.5%	5.3%	4.6%	3.0%	3.2%	5.2%	4.3%
Dental Services	4.5%	1.4%	1.6%	5.8%	6.6%	3.1%	4.3%	1.1%	1.3%	5.3%	6.9%	3.1%	4.4%	1.3%	1.5%	5.6%	6.8%	3.1%
Other Professional Services	5.8%	4.4%	3.3%	5.8%	3.2%	4.9%	6.0%	4.1%	3.6%	6.0%	4.8%	5.3%	5.9%	4.4%	3.4%	5.9%	3.7%	5.0%
Nursing Care Facilities	5.5%	3.6%	4.4%	1.8%	1.7%	3.2%	4.8%	1.9%	4.7%	2.7%	2.2%	4.8%	4.5%	2.6%	4.5%	2.1%	1.6%	3.7%
Home Health Care	8.0%	8.3%	3.9%	5.0%	7.2%	6.9%	7.9%	6.2%	3.9%	5.1%	6.2%	6.7%	7.9%	7.5%	4.0%	5.0%	6.8%	6.8%
Other Health Care	4.1%	4.4%	4.6%	5.2%	5.5%	4.9%	5.2%	5.3%	4.8%	4.7%	4.5%	5.3%	4.8%	4.9%	4.7%	4.9%	5.2%	5.1%
Prescription Drugs	4.5%	2.8%	2.1%	4.0%	4.0%	3.6%	5.2%	3.7%	3.6%	4.9%	3.7%	4.9%	4.9%	3.2%	2.8%	4.4%	3.9%	4.2%
Durable Medical Equipment	5.8%	3.4%	2.8%	2.6%	2.6%	3.7%	6.1%	4.5%	3.0%	2.8%	3.6%	4.4%	5.9%	3.8%	2.9%	2.7%	3.0%	4.0%
Other Nondurable Medical Products	3.2%	3.0%	3.2%	3.1%	2.7%	3.8%	2.9%	3.2%	3.2%	3.3%	3.0%	4.2%	3.3%	3.1%	3.2%	3.2%	2.7%	4.0%

Notes: Personal health care spending excludes net cost of health insurance, government administration, public health activities, and investment. 10-Year Growth refers to average annual rate from 2002 to 2012. An Excel version of this table is available at www.chcf.org.

Source: National Health Expenditure age and gender data, 2002–2012, Centers for Medicare & Medicaid Services (CMS), www.cms.gov.

## Appendix B: Personal Health Care Spending, by Gender, Age, and Category, 2012, continued

	FEMALES								MA	LES			TOTAL					
	0 to 18	19 to 44	45 to 64	65 to 84	85+	ALL	0 to 18	19 to 44	45 to 64	65 to 84	85+	ALL	0 to 18	19 to 44	45 to 64	65 to 84	85+	ALL
AGGREGATE SPENDING (IN BILLIONS)	\$129.5	\$304.0	\$416.0	\$343.7	\$131.4	\$1,324.6	\$147.3	\$185.2	\$371.5	\$284.3	\$58.8	\$1,047.2	\$276.8	\$489.2	\$787.6	\$628.0	\$190.2	\$2,371.8
Hospital Care	53.8	128.0	153.5	117.9	35.5	488.7	60.6	67.9	155.5	111.0	19.1	414.0	114.4	195.9	308.9	228.9	54.6	902.7
Physician and Clinical Services	31.6	85.9	115.9	72.6	15.0	321.0	36.4	44.1	88.3	63.4	10.0	242.1	67.9	130.0	204.2	136.0	24.9	563.0
Dental Services	16.0	14.2	19.3	10.0	1.4	61.0	13.6	9.8	14.7	8.9	0.9	47.8	29.6	24.1	34.0	18.9	2.2	108.9
Other Professional Services	4.2	11.1	15.9	12.4	2.2	45.8	4.8	6.9	10.1	8.8	1.2	31.8	9.0	18.0	26.0	21.2	3.5	77.6
Nursing Care Facilities	0.4	1.5	9.4	39.9	43.6	94.8	0.6	1.9	11.1	26.3	13.6	53.5	1.1	3.4	20.5	66.2	57.2	148.3
Home Health Care	3.5	5.1	7.2	16.9	15.1	47.7	4.2	3.5	5.6	10.3	5.5	29.2	7.7	8.6	12.8	27.2	20.6	76.9
Other Health Care	8.5	19.9	20.8	13.3	5.4	68.0	11.9	24.2	22.7	8.7	2.5	70.0	20.5	44.0	43.5	22.0	8.0	137.9
Prescription Drugs	8.4	28.8	55.8	41.2	7.7	141.9	11.9	20.1	49.4	32.4	3.5	117.3	20.3	48.9	105.1	73.6	11.2	259.1
Durable Medical Equipment	2.3	5.1	8.1	7.1	2.2	24.8	2.2	3.7	5.9	5.9	1.3	18.9	4.4	8.8	14.0	13.0	3.5	43.7
Other Nondurable Medical Products	0.8	4.4	10.1	12.4	3.4	31.2	1.1	3.1	8.4	8.8	1.2	22.6	1.9	7.5	18.4	21.2	4.6	53.7
10-YEAR GROWTH	5.8%	5.1%	5.9%	5.0%	5.8%	5.4%	5.9%	5.0%	6.4%	5.7%	7.9%	5.9%	5.9%	5.0%	6.1%	5.3%	6.4%	5.7%
Hospital Care	6.9%	6.5%	7.5%	4.7%	5.1%	6.3%	6.8%	6.5%	7.5%	5.1%	6.9%	6.5%	6.9%	6.5%	7.5%	4.9%	5.7%	6.4%
Physician and Clinical Services	5.4%	4.8%	5.2%	4.8%	7.8%	5.1%	5.5%	4.6%	5.4%	5.4%	9.7%	5.4%	5.5%	4.7%	5.3%	5.1%	8.5%	5.2%
Dental Services	4.6%	1.6%	3.9%	7.5%	9.4%	4.0%	4.4%	1.3%	3.5%	7.7%	11.7%	4.0%	4.5%	1.5%	3.7%	7.6%	10.2%	4.0%
Other Professional Services	5.9%	4.6%	5.6%	7.5%	5.8%	5.8%	6.1%	4.2%	5.8%	8.4%	9.5%	6.2%	6.0%	4.5%	5.6%	7.8%	7.0%	6.0%
Nursing Care Facilities	5.4%	3.5%	6.7%	3.3%	4.3%	4.1%	4.7%	1.9%	6.9%	5.0%	6.8%	5.7%	5.0%	2.5%	6.8%	4.0%	4.8%	4.6%
Home Health Care	8.2%	8.6%	6.3%	6.6%	9.8%	7.8%	8.0%	6.3%	6.1%	7.4%	10.9%	7.7%	8.1%	7.6%	6.2%	6.9%	10.1%	7.7%
Other Health Care	4.2%	4.6%	6.9%	6.8%	8.1%	5.9%	5.3%	5.4%	7.0%	7.0%	9.1%	6.2%	4.9%	5.0%	7.0%	6.9%	8.4%	6.0%
Prescription Drugs	4.6%	3.0%	4.4%	5.6%	6.6%	4.5%	5.3%	3.7%	5.8%	7.3%	8.3%	5.8%	5.0%	3.3%	5.0%	6.3%	7.1%	5.1%
Durable Medical Equipment	6.0%	3.6%	5.1%	4.1%	5.2%	4.6%	6.1%	4.4%	5.2%	5.1%	8.2%	5.3%	6.0%	3.9%	5.1%	4.6%	6.2%	4.9%
Other Nondurable Medical Products	3.1%	3.3%	5.5%	4.7%	5.3%	4.7%	3.1%	3.3%	5.4%	5.6%	7.6%	5.1%	3.1%	3.3%	5.4%	5.1%	5.9%	4.9%

Notes: Personal health care spending excludes net cost of health insurance, government administration, public health activities, and investment. 10-Year Growth refers to average annual rate from 2002 to 2012. An Excel version of this table is available at www.chcf.org.

Source: National Health Expenditure age and gender data, 2002–2012, Centers for Medicare & Medicaid Services (CMS), www.cms.gov.

## Appendix B: Personal Health Care Spending, by Gender, Age, and Category, 2012, continued

	FEMALES							MALES						TOTAL				
	0 to 18	19 to 44	45 to 64	65 to 84	85+	ALL	0 to 18	19 to 44	45 to 64	65 to 84	85+	ALL	0 to 18	19 to 44	45 to 64	65 to 84	85+	ALL
DISTRIBUTON	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Hospital Care	42%	42%	37%	34%	27%	37%	41%	37%	42%	39%	32%	40%	41%	40%	39%	36%	29%	38%
Physician and Clinical Services	24%	28%	28%	21%	11%	24%	25%	24%	24%	22%	17%	23%	25%	27%	26%	22%	13%	24%
Dental Services	12%	5%	5%	3%	1%	5%	9%	5%	4%	3%	1%	5%	11%	5%	4%	3%	1%	5%
Other Professional Services	3%	4%	4%	4%	2%	3%	3%	4%	3%	3%	2%	3%	3%	4%	3%	3%	2%	3%
Nursing Care Facilities	0%	0%	2%	12%	33%	7%	0%	1%	3%	9%	23%	5%	0%	1%	3%	11%	30%	6%
Home Health Care	3%	2%	2%	5%	11%	4%	3%	2%	2%	4%	9%	3%	3%	2%	2%	4%	11%	3%
Other Health Care	7%	7%	5%	4%	4%	5%	8%	13%	6%	3%	4%	7%	7%	9%	6%	4%	4%	6%
Prescription Drugs	6%	9%	13%	12%	6%	11%	8%	11%	13%	11%	6%	11%	7%	10%	13%	12%	6%	11%
Durable Medical Equipment	2%	2%	2%	2%	2%	2%	1%	2%	2%	2%	2%	2%	2%	2%	2%	2%	2%	2%
Other Nondurable Medical Products	1%	1%	2%	4%	3%	2%	1%	2%	2%	3%	2%	2%	1%	2%	2%	3%	2%	2%

Note: Personal health care spending excludes net cost of health insurance, government administration, public health activities, and investment. 10-Year Growth refers to average annual rate from 2002 to 2012. An Excel version of this table is available at www.chcf.org.

Source: National Health Expenditure age and gender data, 2002–2012, Centers for Medicare & Medicaid Services (CMS), www.cms.gov.

## **Appendix C:** Medical Conditions

TYPE OF CONDITION	EXAMPLES
Routine care, signs, and symptoms	preventive care, allergies, flu symptoms
Circulatory system	hypertension, heart failure, heart attack
Musculoskeletal	back problems, arthritis
Respiratory	COPD, pneumonia, asthma, influenza
Endocrine system	diabetes, high cholesterol, thyroid disorders
Nervous system	cataract, migraines, epilepsy, chronic nerve pain
Neoplasms	cancers, tumors
Injury and poisoning	trauma
Genitourinary	kidney and reproductive system diseases
Digestive	gastrointestinal disorders
Mental illness	depression, dementia, substance abuse
Infectious diseases	septicemia, HIV, hepatitis
Pregnancy	deliveries, contraceptives
Skin	infections, ulcers, acne, sunburn

### **Appendix D:** Health Spending, by Medical Condition, United States, 2013 to 2014 and 10-Year Look Back

		SPENDING (IN BILLIONS)		D	ISTRIBUTIO	N	GROWTH/DECLINE*			
TYPE OF CONDITION	2004	2013	2014	2004	2013	2014	2004-2014	2013	2014	
All Conditions	\$1,248.6	\$1,934.9	\$2,047.0	100%	100%	100%	5.1%	2.6%	5.8%	
Routine care, signs, and symptoms	142.9	252.4	266.4	11%	13%	13%	6.4%	5.7%	5.5%	
Circulatory	198.8	234.7	245.3	16%	12%	12%	2.1%	-0.1%	4.5%	
Musculoskeletal	119.9	190.8	201.8	10%	10%	10%	5.3%	4.0%	5.8%	
Respiratory	113.2	161.5	162.5	9%	8%	8%	3.7%	2.7%	0.6%	
Endocrine system	87.0	141.9	157.5	7%	7%	8%	6.1%	3.9%	11.0%	
Nervous system	79.8	136.0	146.4	6%	7%	7%	6.3%	3.7%	7.7%	
Neoplasms	84.1	126.4	137.4	7%	7%	7%	5.0%	1.6%	8.7%	
Injury and poisoning	82.9	118.7	124.6	7%	6%	6%	4.2%	0.1%	5.0%	
Genitourinary	75.7	114.1	120.9	6%	6%	6%	4.8%	4.2%	6.0%	
Digestive	76.2	114.5	120.8	6%	6%	6%	4.7%	5.9%	5.5%	
Other	45.5	90.2	80.7	4%	5%	4%	5.9%	-8.7%	-10.4%	
Mental illness	55.0	89.5	101.5	4%	5%	5%	6.3%	2.2%	13.4%	
Infectious diseases	29.9	71.4	85.4	2%	4%	4%	11.1%	4.2%	19.6%	
Pregnancy	30.4	47.5	47.4	2%	2%	2%	4.6%	6.2%	-0.2%	
Skin	27.5	45.4	48.5	2%	2%	2%	5.8%	6.0%	6.8%	

Notes: Spending classified by medical condition accounted for 84% of the \$2.45 trillion in 2014 health spending under the health care satellite accounts (which consist of medical services by disease and provider, plus medical products and appliances). Medical condition spending does not include spending on dental services, nursing homes, or medical products and equipment. Ten-year growth percentages are average annual. See Appendix C for medical condition detail. An Excel version of this table is available at www.chcf.org.

Source: Blended Account, 2000 – 2014, Bureau of Economic Analysis, www.bea.gov.

<sup>\*</sup>Growth rate for 2004–2014 is average annual; 2013 and 2014 are the growth/decline over previous year.