



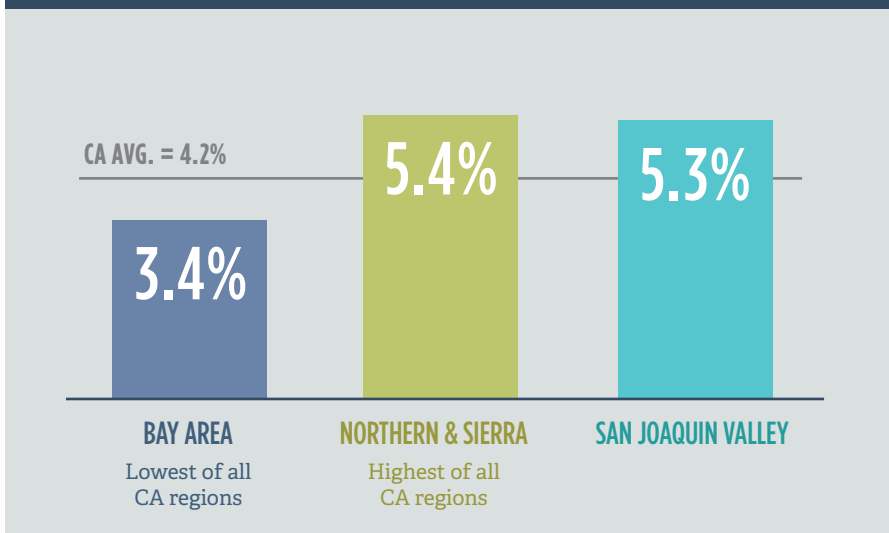
# MENTAL HEALTH IN CALIFORNIA

THOSE IN AREAS WITH THE GREATEST NEED OFTEN HAVE THE LEAST ACCESS TO PROVIDERS

Mental health disorders are among the most common health conditions faced by Californians. In 2014, **15% of adults suffered from a mental illness**. The picture of mental health in California differs region to region.

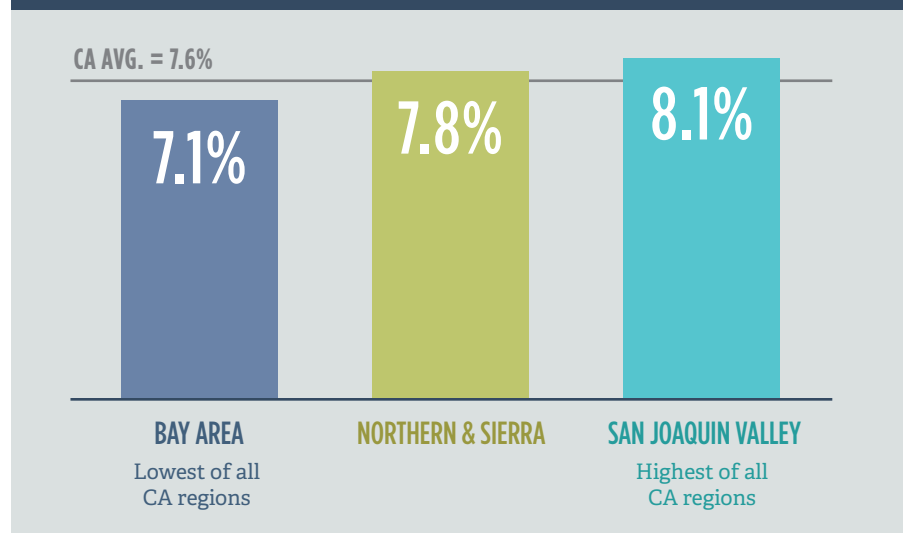
## PREVALENCE OF SERIOUS MENTAL ILLNESS (ADULTS)

(2014) Serious mental illness is a categorization for adults 18 and older who currently have, or at any time during the past year have had, a diagnosable mental, behavioral, or emotional disorder resulting in functional impairment that interferes with or limits major life activities.



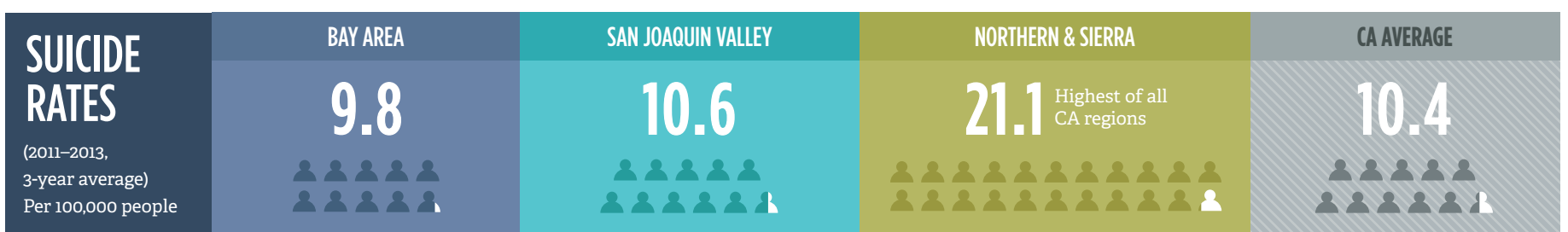
## PREVALENCE OF SERIOUS EMOTIONAL DISTURBANCE (CHILDREN)

(2014) Serious emotional disturbance is a categorization for children 17 and under who currently have, or at any time during the past year have had, a mental, behavioral, or emotional disorder resulting in functional impairment that substantially limits functioning in family, school, or community activities.



## SUICIDE RATES

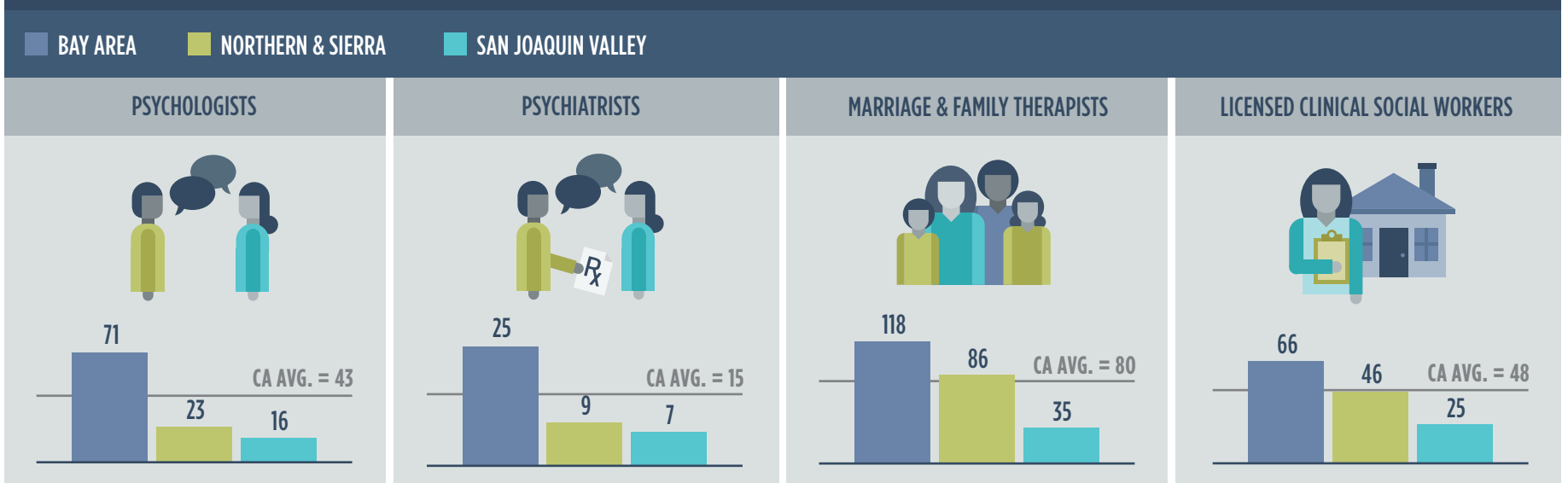
(2011–2013, 3-year average)  
Per 100,000 people



The regions with the greatest demonstrated need have the fewest providers.

## LICENSED MENTAL HEALTH PROFESSIONALS

(2016) Per 100,000 people



For more information and sources, see *Mental Health in California: For Too Many, Care Not There* at [www.chcf.org/mentalhealth](http://www.chcf.org/mentalhealth) and *California's Current and Future Behavioral Health Workforce* at <https://healthforce.ucsf.edu/BHWorkforce>.