CURES
makes you a
better clinician

https://cures.doj.ca.gov

Roneet Lev, MD FACEP

CURES Improves clinical skills

- When to check CURES?

- Dashboard Goals

- Interpreting CURES

- Documenting CURES finding

- Talking to Patients - Saying "no" nicely

When to check CURES

- **1. Before writing prescription for controlled medication**
  - Like checking for allergies
- **2. To obtain additional patient history**
  - Examples:
    - Patient with DKA who couldn't get insulin, but could get his oxycodone??
    - Patient with abdominal pain who has been to another hospital – find 5 hospitals…
    - Patient went to another hospital and received some prescriptions, but doesn't remember what they were

Dashboard Goals

- **Emergency Physician Goal** – clear dashboard
- **> 100 MED** –Naloxone Rx
- **6,6,6 combination** = Doctor Shopping
- **> 50 Methadone** – Give Naloxone Rx
- **> 90 day opioid** – Needs compact and coordinated care
  - 78% of deaths
- **Opioid + Benzodiazepines** - Avoid or Wean
  - 50% Rx in deaths
  - 20% Cause of death

Interpreting CURES

Date Filled	Drug Name	Qty	Pharmacy	Dr. Name	Refills
2015-11-14	Alprazolam	30	CVS	NP	2
2015-11-9	Alprazolam	60	CVS	NP	1
2015-10-28	Alprazolam	30	CVS	Dr. K	0
2015-9-20	Hydrocodone	24	CVS	ED Doc	24
2015-6-01	Carisoprodol	30	CVS	Dr. F	0
2015-6-01	Buprenorphine	60	Kaiser	Dr. M	0

- 12 Month report
- Holy Trinity Alert
- Benzodiazepine/ Opioid Alert
- Multiple Rx in 1 month with different providers
- Total Number Providers
- Name Pharmacies
- Buprenorphine

Documentation

1. Printing PAR
- Print PAR, place patient sticker, and add to medical record
- EHR Location for PAR (example – Medications)

2. Your Medical Notes
- Dictate CURES results after medications: "CURES negative", "CURES was 5 pages with 20 providers," "CURES showed regular opioids by single physician," "CURES showed last Rx for hydrocodone #60 on 1/1/16"

3. System Down
- When CURES unavailable, Dictate "CURES system down… locked out of account…etc." (this is protective for you as a provider)

4. On Rx Pad
- "CURES negative"

Talking to Patients - I

- Can I have a pain prescription?
  - Yes, let me check and see what the best option is

- Benzodiazepine + Opioid
  - I see you have a medication interaction. You need to discuss this with your physician and in the meantime, please do not take them at the same time
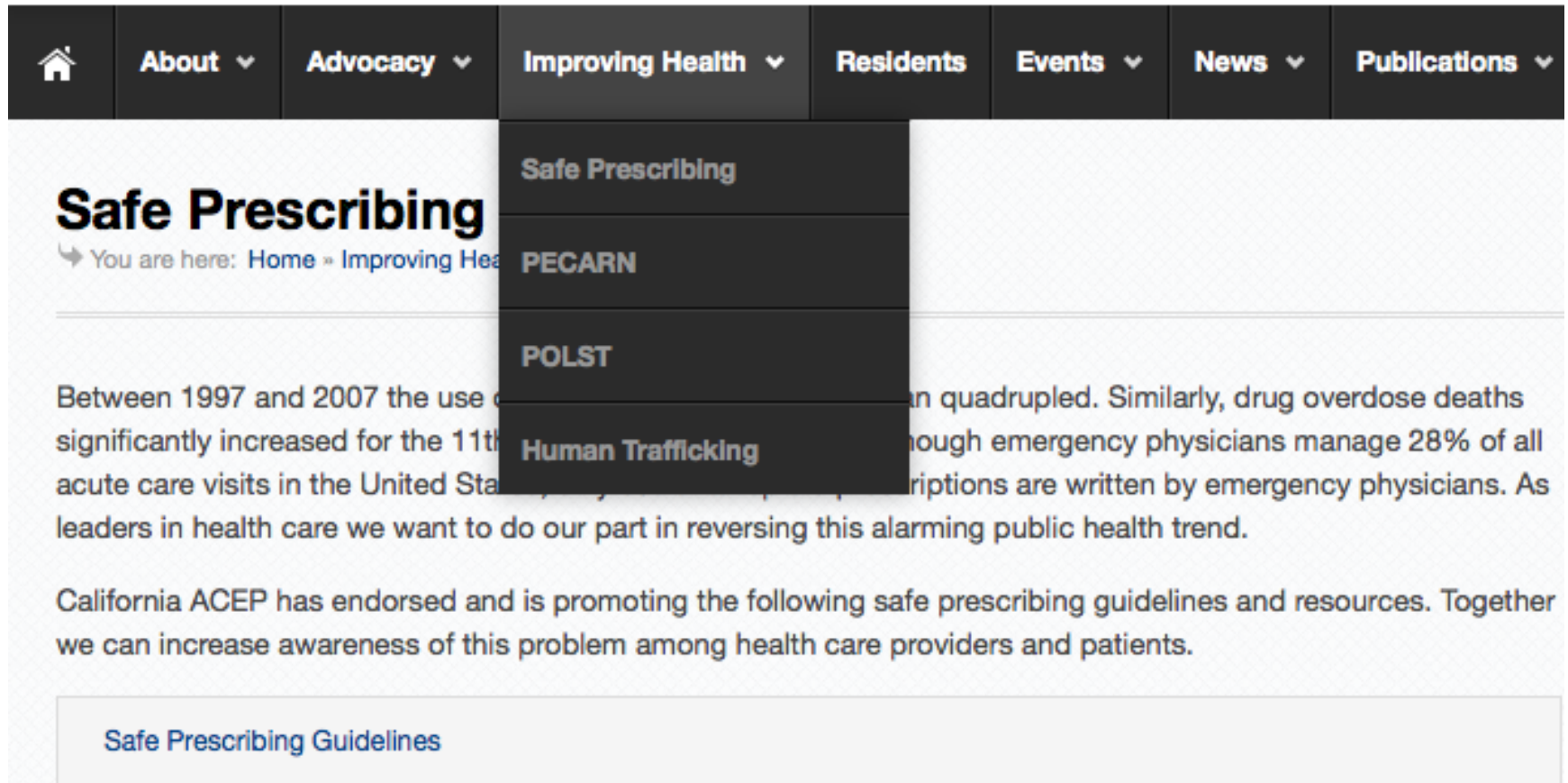
Talking to Patients - II

- Doctor Shopper
  - For your safety your medications need to be coordinated by one doctor and one pharmacist. I can address your pain today, but I won't be able to write a prescription
- Nothing works for me
  - Tell me how you have taking your medication
- High Morphine Equivalent
  - Give prescription naloxone
  - Concern you have 2 problems: headache and prescription. Less medication = better function

Talking to Patients - III

- I can't get to my doctor

  - Review CURES. Realize that pain specialist have patients wait 2 weeks to gather data and records. You can too.

- Can I have cough medicine?

  - Yes, I can give you an inhaler that will help get things out of your lung. A cough medicine keeps things inside.

- Stolen Rx

  - Did you file a police report?

California ACEP Safe Prescribing Tool Kit – CaliforniaACEP.org

How to Say "No" Nicely is found under
–Communicating the Guidelines – How to Communicate Safe Prescribing Guidelines to Patients

SanDiegoSafePrescribing.org

San Diego County Medical Society

CMA

"Physicians United for a Healthy San Diego"

California Medical Association

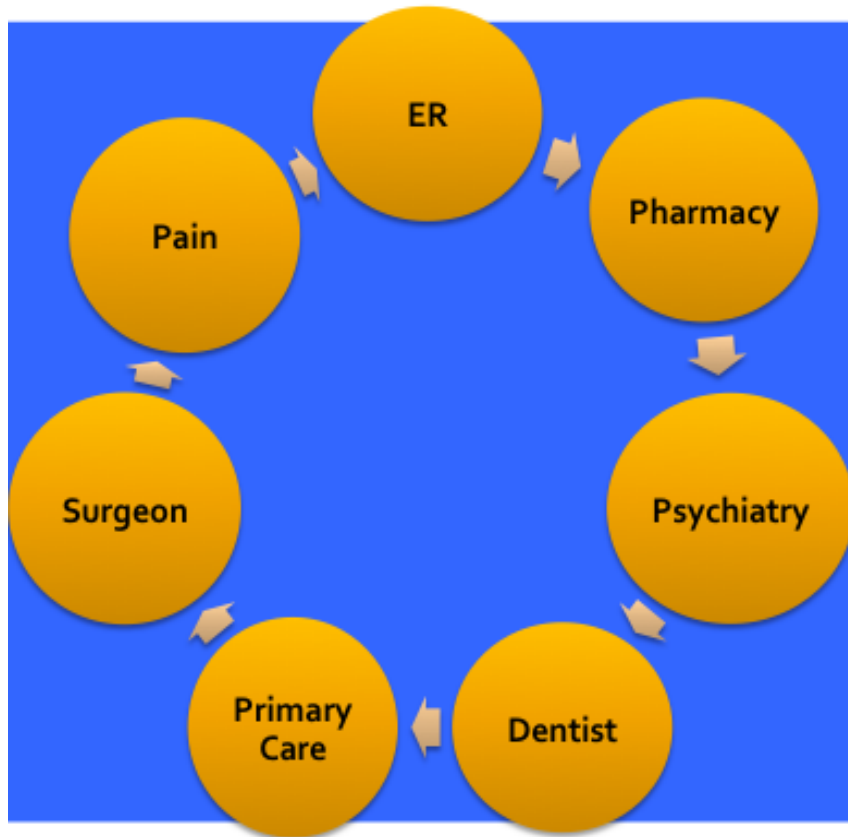**PHYSICIAN QUICKLINKS**   **MEET OUR PHYSICIANS**   **MEMBERSHIP FAQS**   **PARTNER ORGANIZATIONS**

San Diego Safe Prescribing:

- Introduction
- Provider Guidelines for Anyone Who Prescribes Controlled Substances
- What You Need to Know About CURES
- Patient Medication Agreement
- Safe Pain Medication Prescribing in Emergency Departments
- Safe Pain Medication Prescribing in Urgent Cares
- Safe Prescribing Guideline Participants
- Educational Materials for Practitioners
- Educational Opportunities for Practitioners
- Patient and Community Resources
- Relevant Reports & Articles
- Prescription Drug Abuse Medical Task Force Newsletters
- Naloxone

How to Say "No" Nicely is found under
–Educational Materials for Practitioners
- How to Talk to Your Patients About Safe Prescribing

One Vision for Safe Prescribing

ER → Pharmacy → Psychiatry → Dentist → Primary Care → Surgeon → Pain → (ER)

- One Provider, One Pharmacist
- Use CURES
- Medication Agreement
- No Opioid + Benzodiazepines
- Honor ED Guidelines