



California Health Care Foundation

Recovery Within Reach: Medication-Assisted Treatment of Opioid Addiction Comes to Primary Care

Barbara Masters & Mary Rainwater

March 2016

Overcoming Challenges



Lack of
Physician
Training



Stigma of
Addiction



Bias
Against
MAT



Policy &
Regulatory
Issues



Financing



Model Programs and Approaches

1. Managing Inductions

Separate clinic

- San Francisco Health Network Office-Based Buprenorphine Induction Clinic

Integration into primary care clinic

- HealthRIGHT360

"Every single patient takes the medication home."

--Dr. Ako Jacintho

Other settings

- Group visits
- Emergency departments

Model Programs and Approaches

2. Distributing Work

Nurse-Run Clinic

- Boston Medical Center
- SF Health Network

"Physicians have been more than willing to take this on with the support of the nurse care managers in these settings ."

--Colleen LaBelle

Pharmacist-

Physician Collaborative

- Columbia Maryland
- TRUST clinic, Oakland California

Model Programs and Approaches

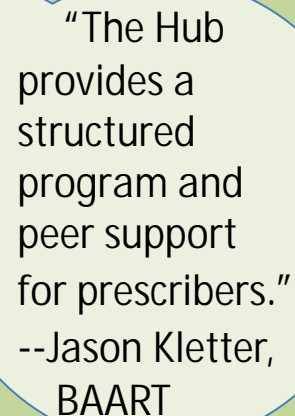
3. Expanding Primary Care Provider Skill Sets

Tele-Mentoring

- Project ECHO
 - New Mexico
 - Connecticut

Hub-and-Spoke Model

- Vermont



"The Hub provides a structured program and peer support for prescribers."
--Jason Kletter, BAART

Clinician Consultation

- Warm Line
- Providers' Clinical Support System-MAT program

Ten Elements of Success

- 1 A Champion
- 2 Staffing for Administrative Activities
- 3 Team-Based Approach
- 4 Connection to Behavioral Health Services
- 5 Mentoring Support for Physicians

Ten Elements of Success

6

Two Waivered Doctors Per Practice

7

Assessing Patient Readiness

8

An Induction Approach That Fits

9

Pharmacists Willing to Partner

10

Sustainable Financing

New Federal Developments

Proposed rule change to increase the cap on the number of patients waived physicians can treat

- 100 patients → 200 patients

Finalizing a rule to strengthen access to mental health and substance use services for people enrolled in Medicaid

- Will require parity in benefits

President's budget request includes \$1.1 Billion in new funding for people with opioid use disorder

- Released \$94 million to 271 community health centers (\$12.5 million for 36 CHCs in California) to expand MAT
- SAMHSA releasing \$11 million to help up to 11 states expand MAT services

Guidance from CMS and CDC regarding best practices for primary care clinicians

- SAMHSA distributing 10,000 pocket guides for clinicians that include information on MAT