



California Health Care Foundation

HEALTH CARE THAT WORKS FOR ALL CALIFORNIANS

California's Response to the Opioid Epidemic

Kelly Pfeifer, MD

kpfeifer@chcf.org

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CHCF Briefing

52 weeks, 52 faces

Obituaries narrate lives lost to the opioid epidemic



An estimated 50,000 people died from an opioid overdose in the US in 2016



Where is the line that splits California's population in half?



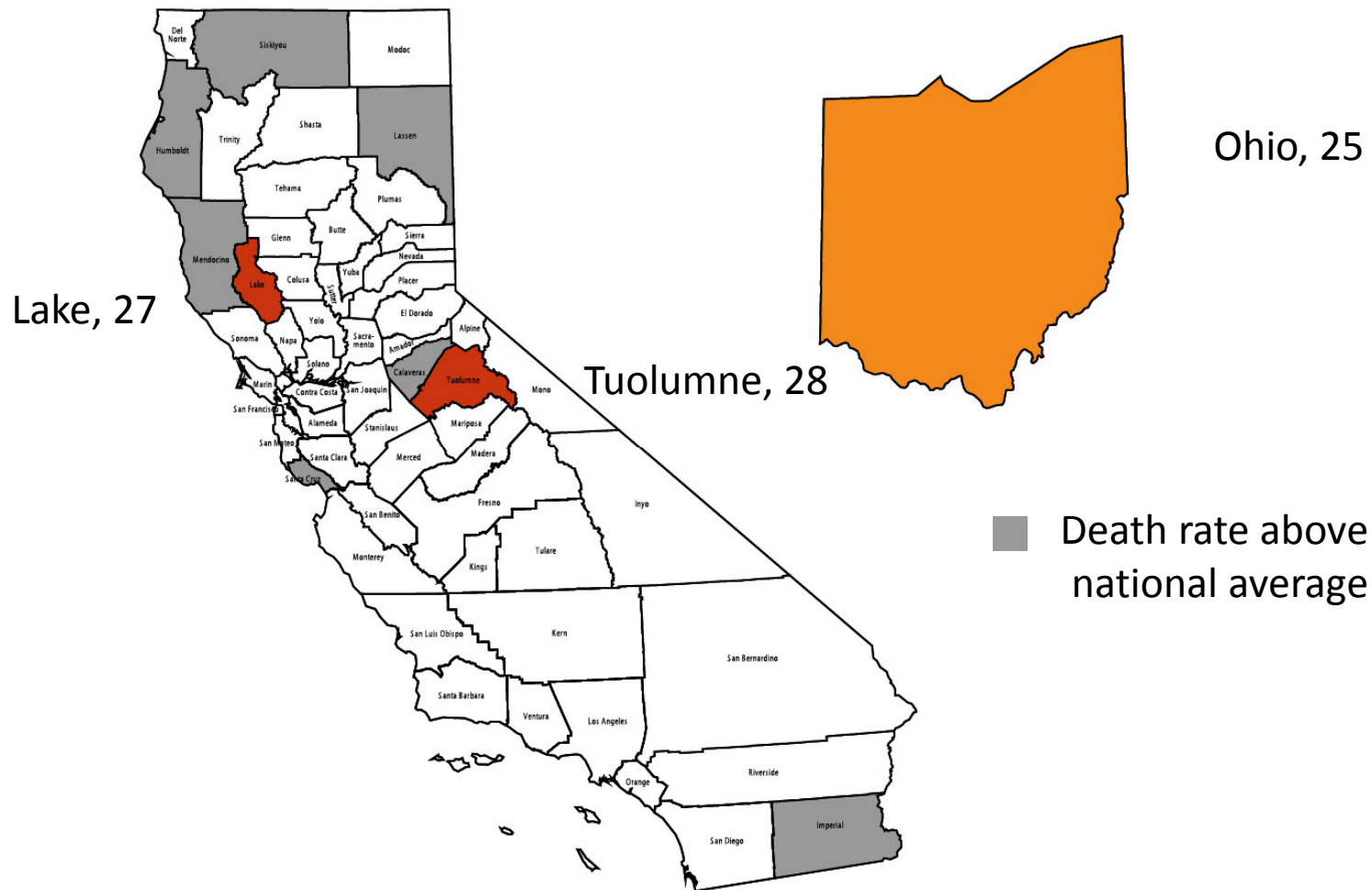
Source: USC PERE/CSII

California Health Care Foundation

www.chcf.org

Parts of California are harder hit than Ohio

2015 opioid overdose death rates per 100,000 (age adjusted)



Source: California Opioid Overdose Surveillance Dashboard:

<https://cdph.ca.gov/opioiddashboard>

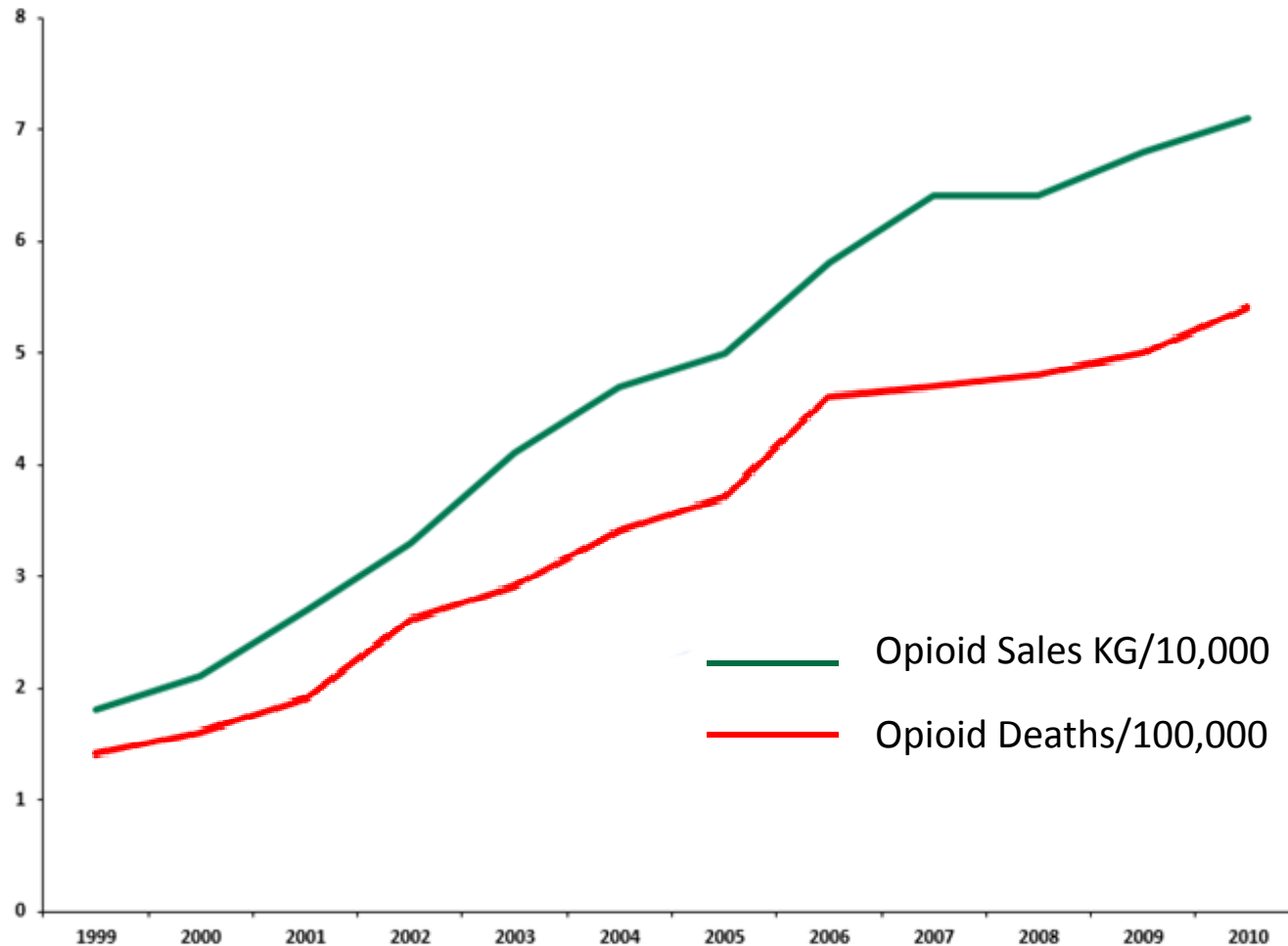
Kaiser Family Foundation

California Health Care Foundation

www.crhcf.org

How did we get here?

Rates of opioid sales, and overdose deaths, 1999-2010



Source: Centers for Disease Control. MMWR 2011

Addiction is a brain disease: living in a tempest



A serene sunset scene over a calm lake. A wooden dock extends from the foreground into the water, with two small boats moored at its end. The sky is a mix of orange, yellow, and blue, with the sun low on the horizon. The water is still, reflecting the colors of the sky and the dock. The overall mood is peaceful and contemplative.

Medication calms the brain and allows true recovery

- Methadone
- Buprenorphine
- Naltrexone

What now?

California is engaged in coordinated efforts



Opioid prescribing



Access to medication-assisted treatment



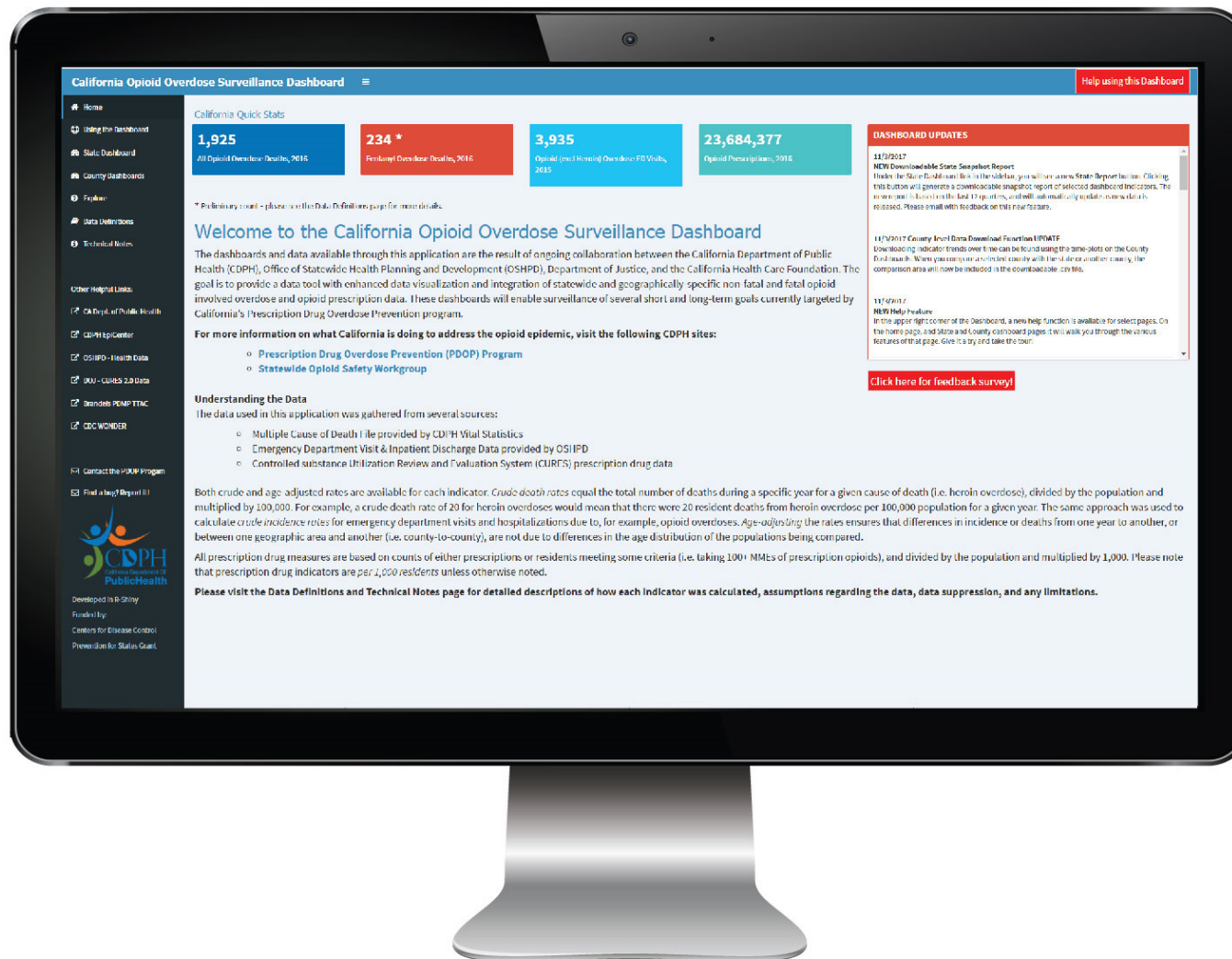
Naloxone availability

California is starting to see improvements

From 2014-2016:

- 17% drop in opioids prescribed
- 14% increase in buprenorphine prescriptions
- Number of deaths stable

www.cdph.ca.gov/opioiddashboard



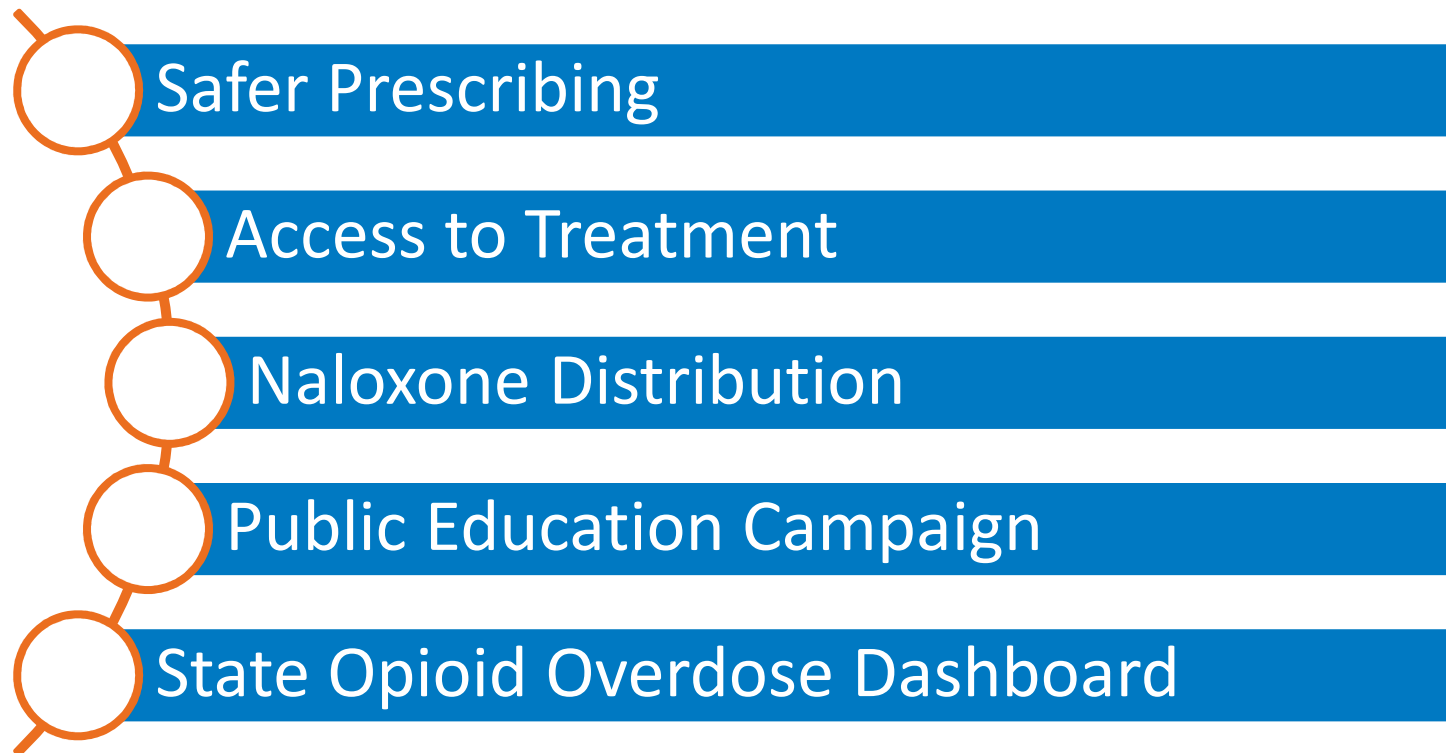


Coordinated Efforts Statewide



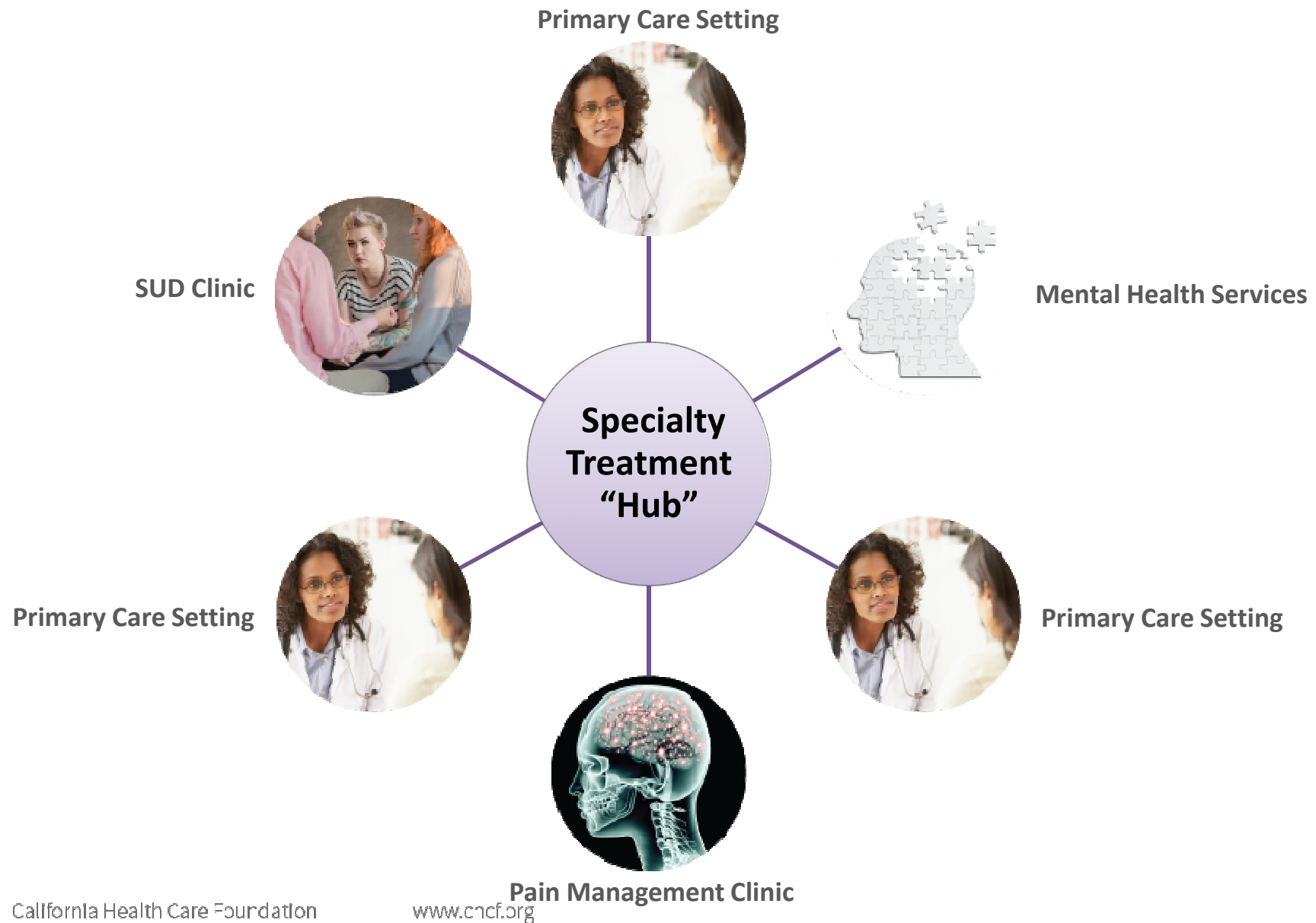
Statewide Opioid Safety Workgroup

Building a comprehensive approach to:





Hub-and-Spoke System



Drug Medi-Cal Organized Delivery System





CURES 2.0

Controlled Substance Utilization Review and Evaluation System



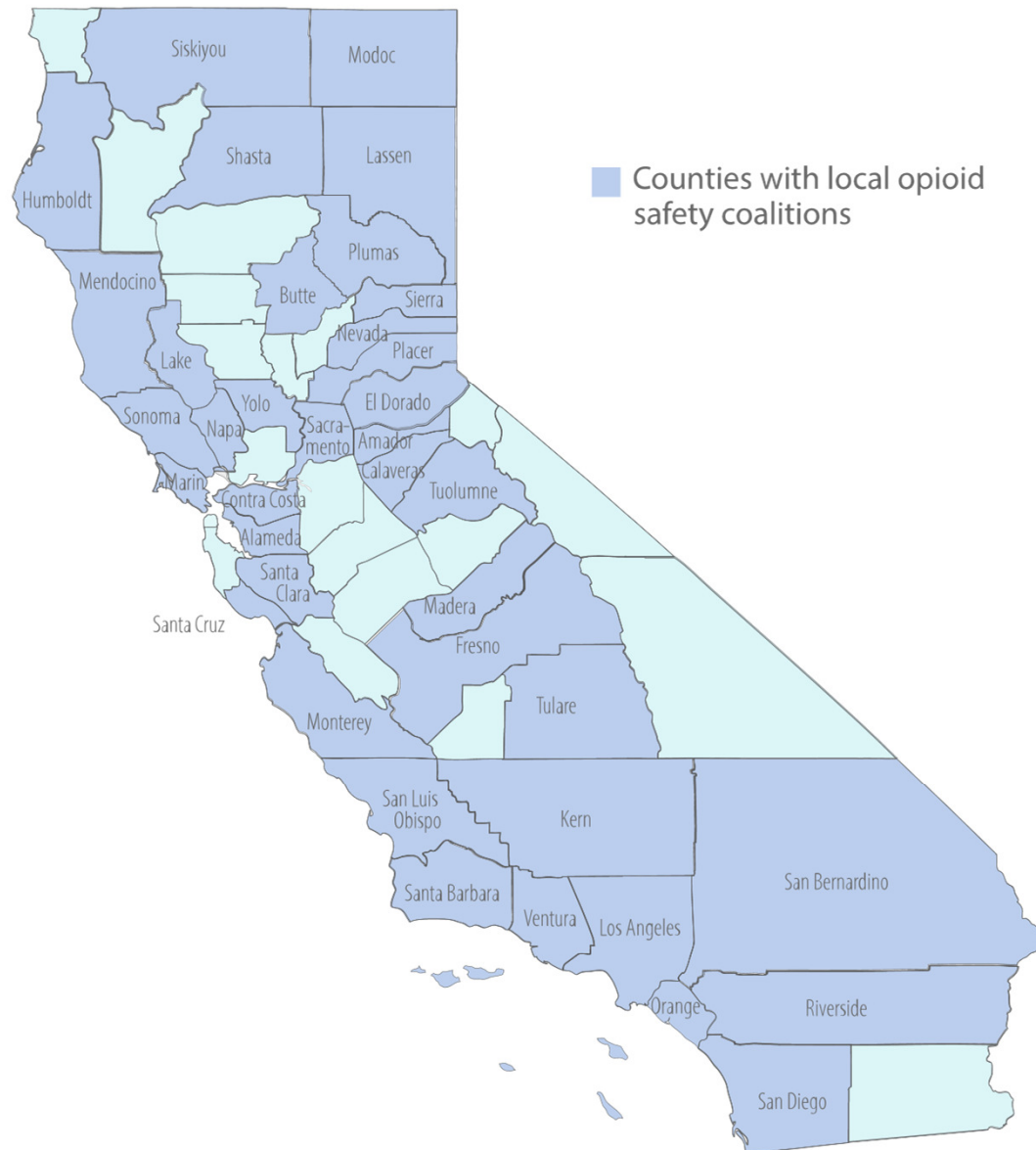
Smart Care California

Public-private partnership of major California health purchasers, plans and providers covering 40% of California lives

Current areas of focus:

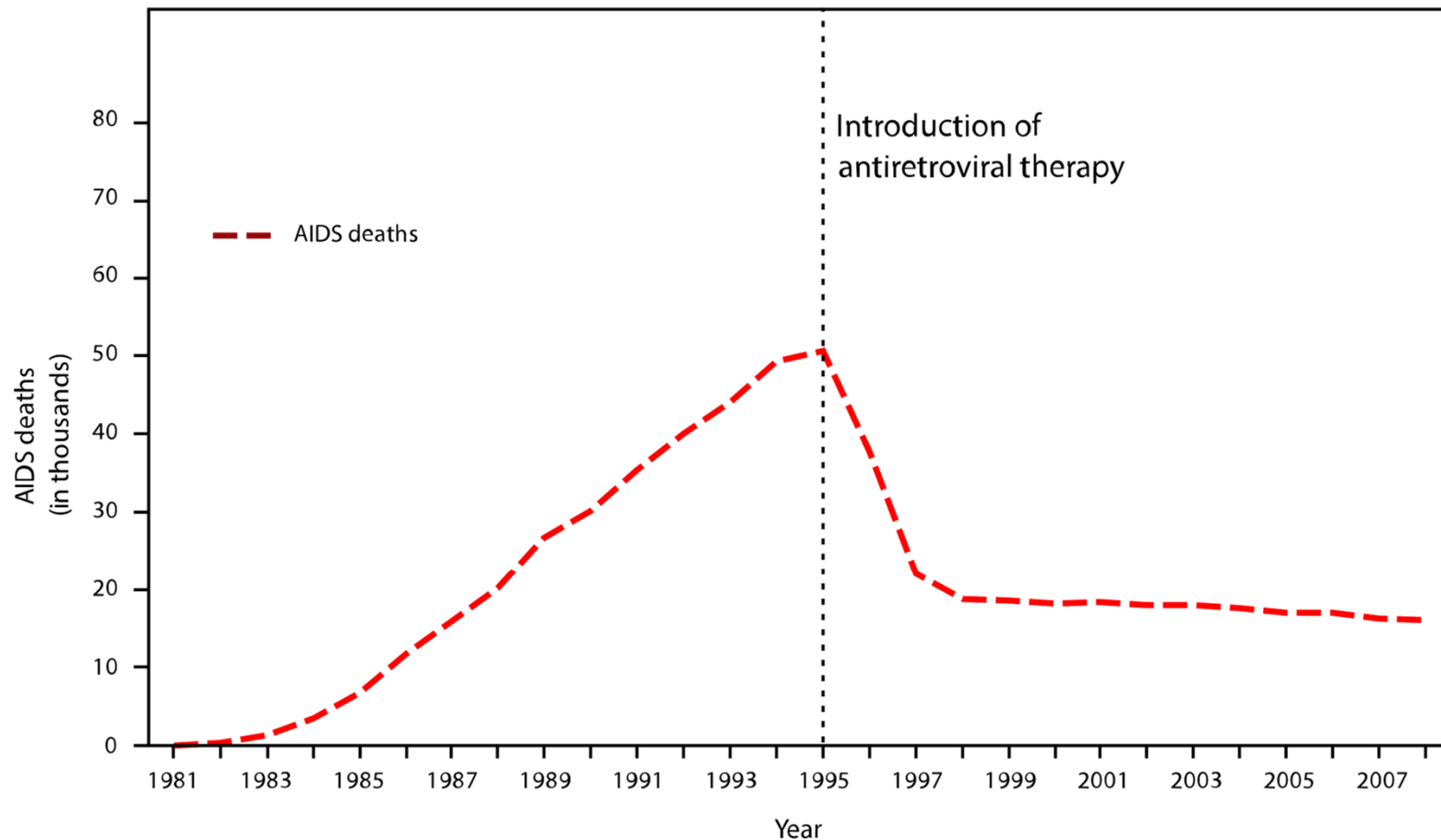
- Opioid Safety
- C-Sections
- Low back pain

California Opioid Safety Network



What can we learn from another epidemic?

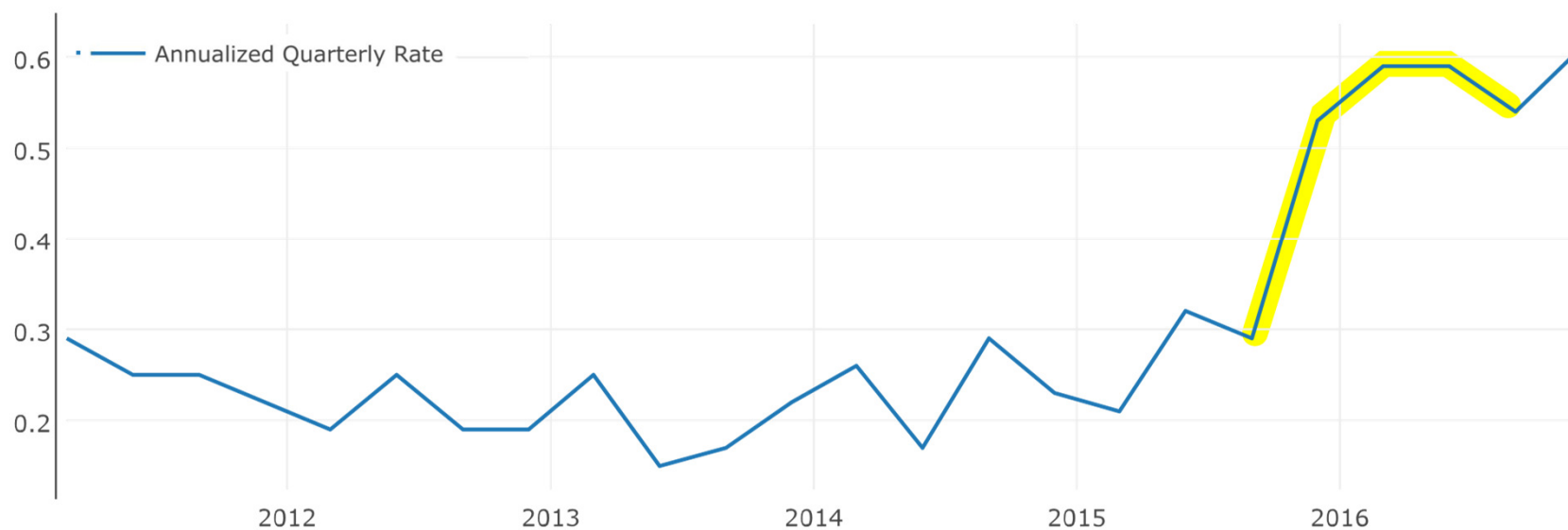
US AIDS deaths, 1981-2007



Source: Centers for Disease Control, National Center for HIV/AIDS, Viral Hepatitis, STD, and TB Prevention

California Death Rates, Fentanyl

Fentanyl Overdose (Preliminary) Deaths : Age-Adjusted Rate per 100k Residents



Source: California Opioid Overdose Surveillance Dashboard: <https://cdph.ca.gov/opioiddashboard>

Summary

Hard problems need systems solutions.

PREVENT: Fewer prescriptions, lower doses, shorter durations

MANAGE: Identify patients at risk, taper to safer treatments

TREAT: Streamline access to medication-assisted treatment

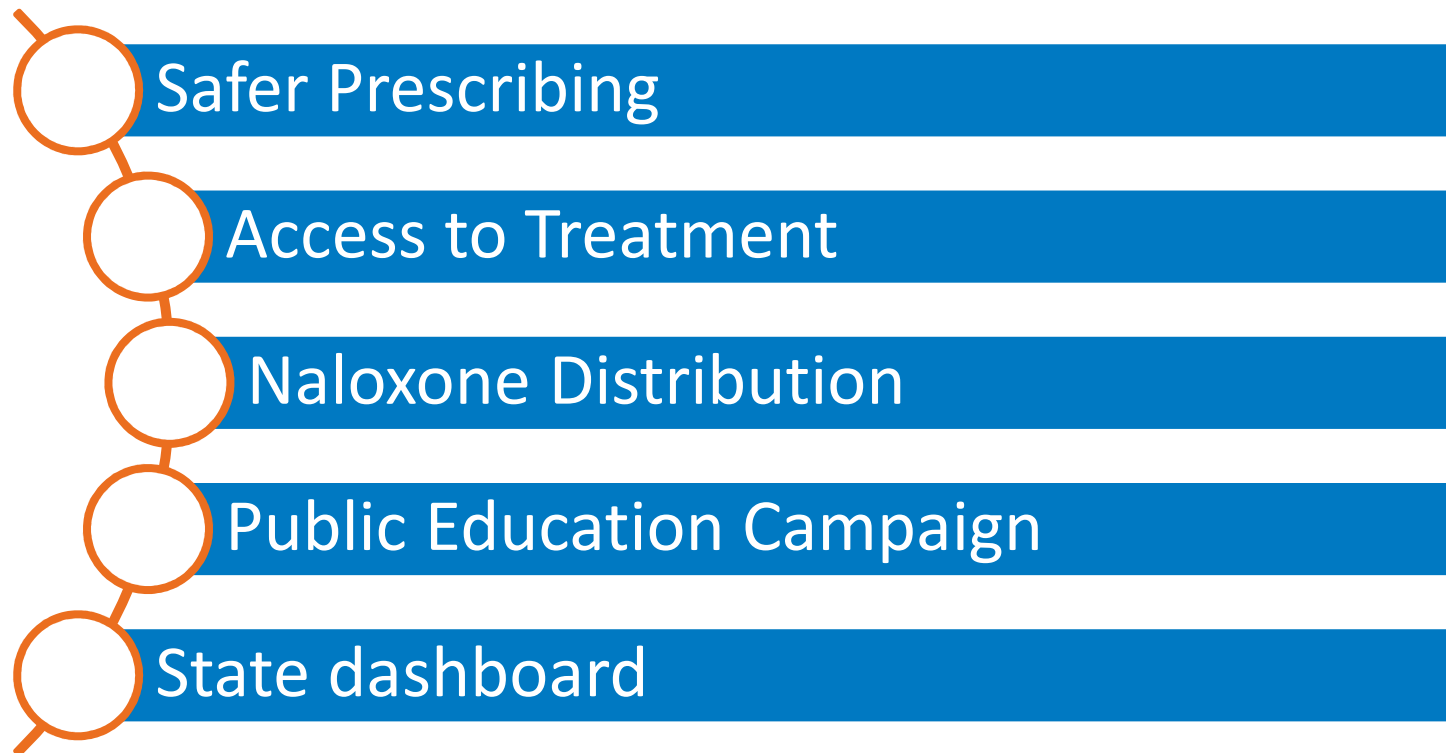
STOP: Stop the deaths – streamline access to naloxone



Panel Discussion

Statewide Opioid Safety Workgroup

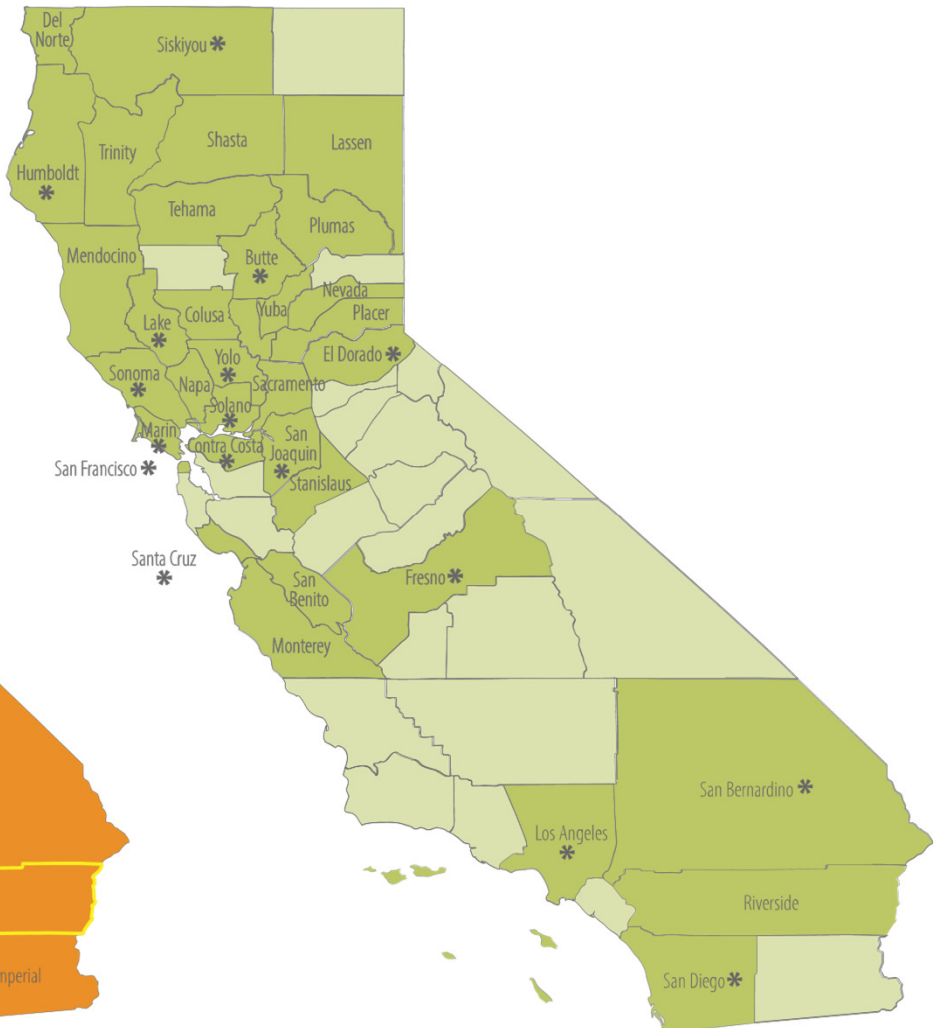
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Audience Q&A



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