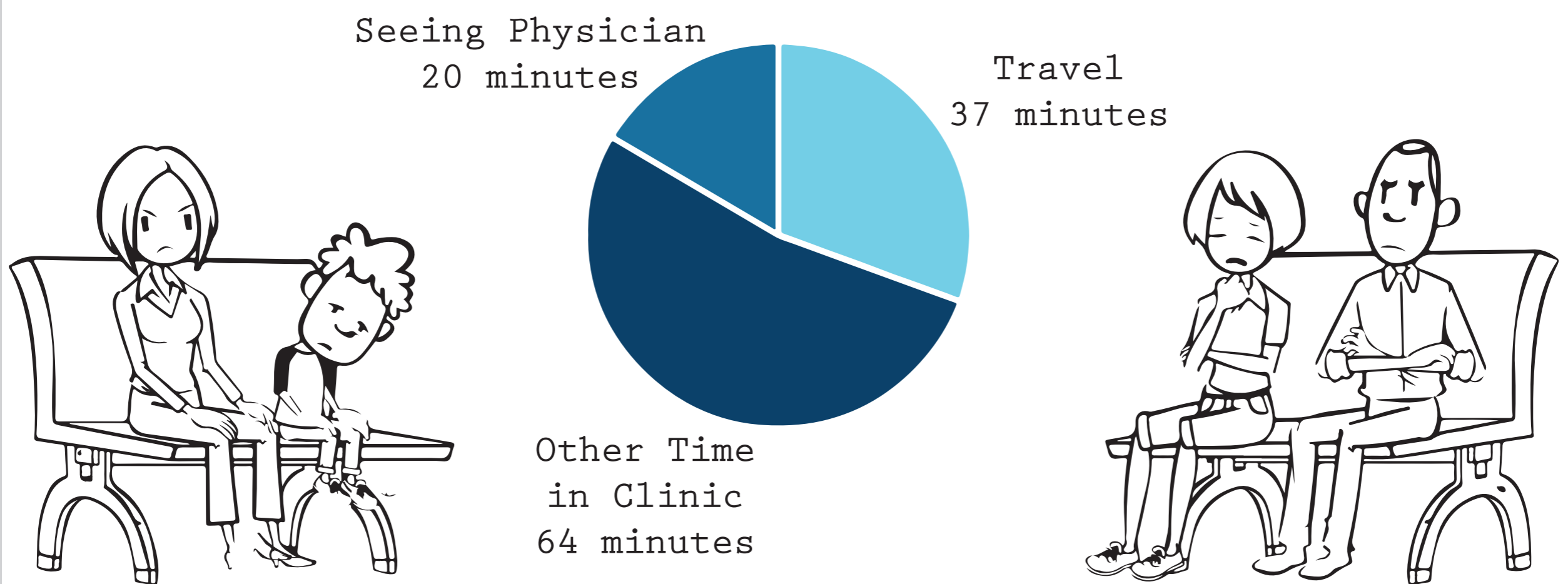


Hurry Up and Wait!

Americans spend on average 121 minutes to see a doctor for 20 minutes.

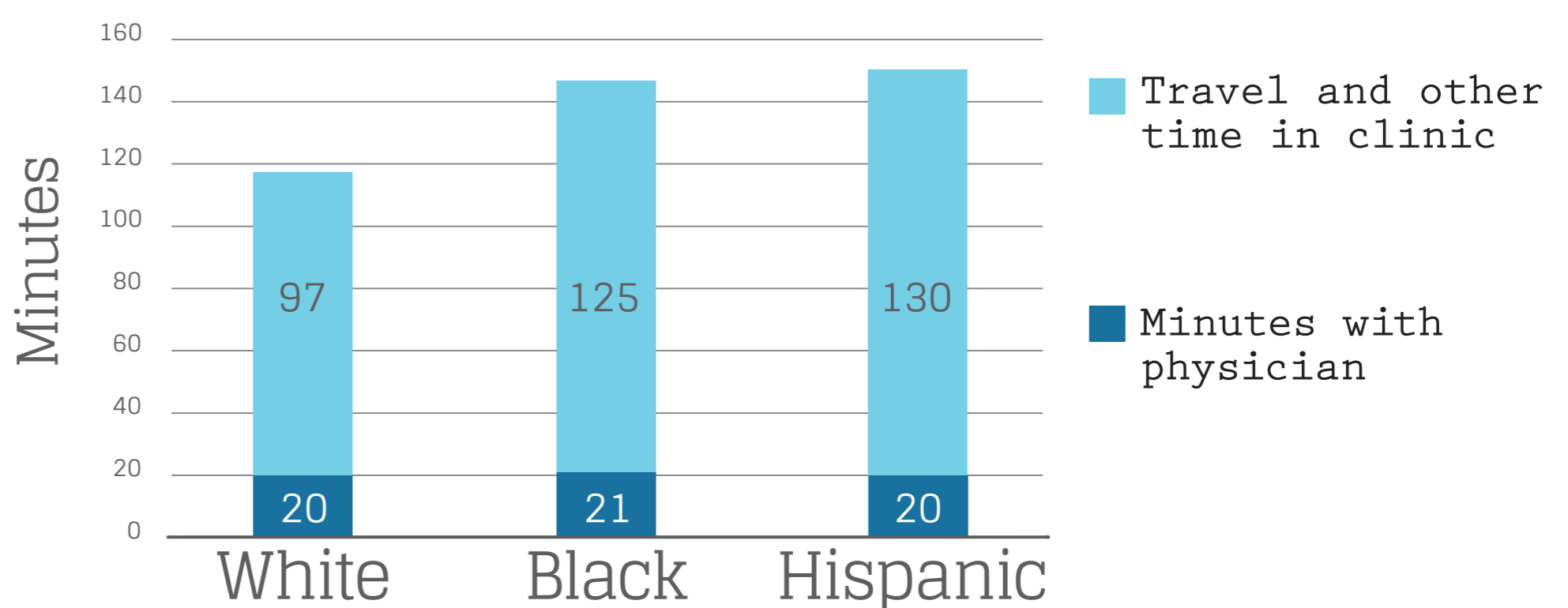


On average, Americans lose \$43 worth of time when they see the doctor — in addition to their average out-of-pocket medical expenses (\$32).*



*Lost wage figure based on wage and opportunity cost calculations.

Blacks and Hispanics spend 25% more time than Whites when getting care, but see the doctor for the same amount of time.



See video: <https://youtu.be/70t-LpNEWJY>

"Opportunity Costs of Ambulatory Medical Care in the United States," Kristin Ray and colleagues, *American Journal of Managed Care*, 2015.

"Disparities in Time Spent Seeking Medical Care in the United States," Kristin Ray and colleagues, *JAMA Internal Medicine*, 2015.