

Rx

HEALTH PLAN Rx FOR THE OPIOID EPIDEMIC

PATIENT NAME Health Plans

D.O.B. 2016

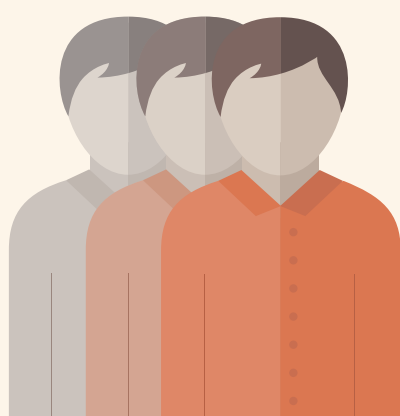
As the US struggles to turn the tide on a deadly epidemic of opioid overuse, health plans have a key role to play. Health plans can influence the behavior of providers and patients, prevent overprescribing, ensure appropriate treatment is available — and save lives.

A FOUR-PART PRESCRIPTION TO TREAT THE EPIDEMIC:



Promote Judicious Prescribing Practices

- Align formularies and authorization policies
- Promote provider education and training
- Offer providers tools and resources, including comparative data
- Pay for performance



Focus on Improved Member Outcomes

- Educate members
- Offer tailored case management services
- Provide real-time information exchange for better care coordination
- Cover nonopioid pain treatments and behavioral health
- Remove barriers to buprenorphine for addiction and pain



Identify Overuse, Misuse, and Fraud

- Institute patient review and coordination programs
- Identify outlier prescribers, pharmacies, and members
- Promote prescription drug monitoring programs [CURES in California]



Support Safe Communities

- Participate in opioid safety coalitions
- Promote and distribute naloxone

Read about the successful strategies of California health plans in the report *Changing Course: The Role of Health Plans in Curbing the Opioid Epidemic*, www.chcf.org/opioids.

M.D. SIGNATURE

OF REFILLS

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